WELCOME

To the World of Medical Acupuncture in Munich

The ICMART-iSAMS 2018 will be an extraordinary and unique event which will bring together the most renowned researchers, health professionals, educators as well as medical students, stakeholders and clinical providers of acupuncture, TCM and related techniques from all over the world.

Excellent keynote lectures, high quality scientific Symposia, interactive sessions, video demonstrations, workshops, panel discussions, free oral and poster presentations from sunrise to dawn will ensure your clinical and scientific update on the highest level.

Over and above, it is time to show the power of acupuncture to the world!

Acupuncture, TCM and related techniques need worldwide recognition in health systems, acceptance by policy makers and integration into best clinical practice in order to advance patient care all around the globe. This congress aims to assemble and disseminate the scientific rationale and the mindset necessary to reach this goal.

We invite you to be part of this exciting process, to support and to shape the future of the integration and implementation of acupuncture and TCM in the medical society.

The wonderful town of Munich will be the perfect place to cultivate and enjoy friendship, to exchange clinical experience, to facilitate the scientific debate and to form networks in a particularly friendly and warm atmosphere.

Welcome to Munich, the metropolis with heart.

Sincerely, your hosts and co-chairs

Dominik Irnich  Pan Dong Ryu  Hedi Luxenburger  Konstantina Theodoratou
Munich, Germany  Seoul, Korea  Aachen, Germany  Athens, Greece
Co-Chair LMU  Co-Chair iSAMS  Co-Chair DÄG  Co-Chair ICMART
Dear Participants,

The German Medical Acupuncture Association DÄGfA, founded 1951 in Munich, is proud to welcome you all and to take responsibility of the ICMART-iSAMS 2018 World Congress on Medical Acupuncture.

DÄGfA is a non-profit organization which aims to foster the cultivation and promotion of medical acupuncture and TCM in science, medical education and clinical practice as well as its application to promote maintenance of public health care. It is our deepest understanding that acupuncture can be seen as a model of bridging invaluable medical experience and modern science.

It can offer a synthesis between a holistic, empathic and patient-centered approach and the safe and physiologically grounded treatment of symptoms and diseases.

In that regard, we hope sincerely that this congress will be a milestone to underscore the importance of acupuncture and methods of TCM in the promotion of health and prevention of diseases.

We wish all participants an exciting congress, enriching discussions, new ideas and experiences and in particular lots of enjoyable moments and success.

PD Dr. med. Dominik Irnich, President DÄGfA
Gabriela Huemer, MD, Vice President DÄGfA

German Medical Acupuncture Association
Deutsche Ärztegesellschaft für Akupunktur e.V. - DÄGfA
Würtmtalstr. 54 · 81375 Munich · Germany

Dear Colleagues,

It is our great pleasure to welcome conference attendees to the ICMART-iSAMS 2018 Congress to be held in Munich, Germany, September 7-9, 2018.

The goal of the conference is to assemble top scientists and students from all around the world in different research areas of acupuncture and herbal therapy, who will present their latest findings in clinical and experimental researches.

Through this event, we hope that complementary and conventional medicine practitioners can have a good chance to work together to open a new medical paradigm leading the 21st century to overcome incurable diseases.

We warmly welcome all attendees to Germany the first weekend of September 2018.

O.M.D. PhD Byung-So Ahn, President KPI
In-Jung Kang, President MAPI

Korean Pharmacopuncture Institute (KPI)
Medical Association of Pharmacopuncture Institute (MAPI)
4F, AKOM B/D, 91, Heojun-ro, Gangseo-gu, Seoul 07525 South Korea
www.pharmacopuncture.co.kr/main_eng/main.html · isams.kpi@gmail.com

Dear Colleagues,

Dear Ladies and Gentlemen,

on behalf of the Department of Anaesthesiology, University Hospital, LMU Munich I would like to welcome you warmly to the ICMART-iSAMS Congress 2018 hosted by ICMART, iSAMS, DÄGfA and LMU Munich in our hometown Munich.

Acupuncture has proven to be effective in certain conditions, but there is still need to take a deeper scientific look into mechanisms and clinical effectiveness.

This international congress will provide an excellent stage to present latest research results and to exchange experiences for researchers, health professionals, educators, medical students, stakeholders and clinical providers of Medical Acupuncture, TCM and related techniques from all over the world aiming to foster health of our patients.

I wish all of you an exciting congress and a pleasant stay in Munich.

Prof. Dr. Bernhard Zwißler
Director Department of Anaesthesiology
LMU Munich

Department of Anaesthesiology
Hospital of the Ludwig-Maximilians-University (LMU) Munich
Pettenkoferstr. 8a · 80336 Munich

It is my privilege to welcome you to the ICMART-iSMAS congress 2018.
It is in fact the 33rd ICMART World Congress on Medical Acupuncture. An impressive cast of speakers has been assembled to cover a range of diverse topics.

Peruse the program and you will find there is something for everyone, whether you are an expert, an accomplished practitioner or a neophyte acupuncturist at the beginning of your career.

Cutting edge research will be presented to further your understanding of acupuncture. Clinicians will benefit from the practice orientated sessions. Munich is the home of Oktoberfest and BMW, both are iconic and add to the attraction of the city.

Look forward to meeting you at the Congress

Dr. Chin Chan
General Secretary ICMART

International Council of Medical Acupuncture and Related Techniques – ICMART
Secretary@icmart.org · GeneralSecretary@icmart.org · info@icmart.org
Greetings

EUROCAM

is very pleased to see that this congress is apparently intending to blend the holistic approach of traditional medicine of the East with the more research-based approach of the West.

In China you can see that cross-fertilisation and this congress is a showcase of a similar development in the West, which is illustrated by the presentations „Acupuncture without borders” and „Can TCM be global?”

We wish that all participants will be inspired by this approach.

Ton Nicolai, MD FFHom(Hon)
Eurocam spokesperson

Dear participants of the ICMART XXIII. World Congress on Medical Acupuncture,

on behalf of the DGfAN, I would like to welcome you to the ICMART-ISAMS Congress 2018 in Munich.

This congress is mainly organized by the DÄG, with whom we are linked in the ICMART board and in friendship. It is an honor for us to actively support this event as a cooperation partner and to welcome the world of acupuncture and the „Related Techniques” in Munich. I wish you and us a wonderful congress and a fruitful exchange of knowledge!

May many old friends meet here again and many new friendships arise!

Yours
Dr. Siddhartha Popat, MD MA
President of the DGfAN

Dear friends, dear colleagues of acupuncture and Chinese medicine,

on behalf of the International Society for Chinese Medicine (SMS) we are also pleased to welcome you at the ICMART-ISAMS Congress 2018 in Munich!

We congratulate PD Dominik Irnich and his team to the exciting program that offers high-ranking speakers and lectures for both, the clinically active physician and the scientist.

Especially so because for the first time a panel and workshops are offered about Chinese herbal therapy.

Best regards
Dr. med. Rainer Nögel, President of the SMS and
Dr. Josef Hummelsberger, Vice-president of the SMS

The European CAMDOC Alliance, which is an umbrella organisation of CAM related doctors associations, is looking forward to welcome many doctors at the ICMART-ISAMS congress 2018.

These congresses are always an excellent opportunity to exchange with international colleagues and learn about the latest scientific research on acupuncture and related techniques.

Dr. Susanne Schunder-Tatzber, Chairperson ECPM & Member of CAMDOC

Dear congress participants,

this year’s congress with numerous lectures on auriculo-medicine is bringing the characteristics of this micro-system attention to the experts.

The options of pain relief and pain management in a quick and simple manner will be explained as well as innovative techniques used to detect therapeutic impediments and further on the use of implantat needles will be shown.

We hope you’ll enjoy the lectures and have a lively exchange with the experts.

Dr. Bernd Ramme, MD, President of the DAA e. V.
Greetings

Dear Ladies and Gentlemen,
The Icmart Congress 2017 in Mexico City was a very special scientific event. Due to the outstanding congress program of ICMART-iSAMS Congress 2018 in Munich we do expect it to be a unique event and a highlight of 2018. For those medical experts who like to intensify their knowledge, we highly recommend to participate in the congress in the heart of Munich.

Board of the German Acupuncture Society
Dr. med. Gabriel Stux
Dr. med. Jürgen Wismach

I congratulate the organizers
for planning such a large international congress with scientists from many countries and many cultures. As a related technique, Neural Therapy is also involved in the event with several contributions.

I wish all participants much success concerning the state of knowledge in medicine and many beautiful human encounters during the congress.

Remaining with best regards
Dr. Wolfgang Ortner, MD
President of IFMANT

Dear Friends and Colleagues,
It is my pleasure to participate in this great event that brings together acupuncturists from all over the world.
ICMART congresses are an excellent platform to share and exchange knowledge and experiences that enrich research and teaching of acupuncture, contributing to its better dissemination, recognition and strengthening, thus, promoting its integration into health systems worldwide and the consequent benefit to mankind.

It is an honor for the Latin American Federation of Medical Acupuncture Societies (FILASMA) to be part of this important scientific event and to contribute with a grain of sand to its success.

We thank and congratulate the organizers of ICMART-iSAMS Congress 2018 for the effort made, confident that all its objectives will be fulfilled.

Francisco Lozano MD, PhD, President of FILASMA

Dear participants of the international ICMART-iSAMS Congress 2018,
We are very happy that the Medical Society for Qigong Yangsheng e.V. has got the chance to participate in shaping the international ICMART-iSAMS 2018 in Munich.

Within the Related Techniques, also Qigong exercises are related to acupuncture – Qigong exercises, often named the „active part of Chinese Medicine“, are targeting self-healing energies, which exist to varying degrees in every human being.

We are sure that there will be an intense exchange on synergistic effects of the different therapeutical modalities within the field of Chinese Medicine and we hope that the congress will be a tremendous success.

Dr. Elisabeth Friedrichs
Board member of Medizinische Gesellschaft für Qigong Yangsheng e.V.

The International Society for Japanese Kampo Medicine (ISJKM)
is honoured to act as partner for the ICMART-iSAMS Congress 2018 on Medical Acupuncture and congratulates the organizing team to this splendid event in Munich.

Japanese Kampo Medicine is the Japanese variance of East Asian Herbal Therapy and is continuously spreading in Western countries. Our society aims to deepen the understanding of Kampo Medicine worldwide and to promote international scientific cooperation.

We wish you a successful conference and an inspiring exchange of ideas.

Dr. Heidrun Reissenweber-Hewel, MD, PhD
President of the International Society for Japanese Kampo Medicine (ISJKM)

NADA is looking forward to the 33th world congress on Medical Acupuncture in Munich. Acupuncture is using the extensive ability of the organism to regulate itself.

NADA is aiming to share this medicine with as many people as possible, who are suffering in this world. Needles can become „tools for hope“ for body and soul, without borders.

NADA is hoping for us all and for you from ICMART iSAMS 2018, that acupuncture is taking a matter of course and a serious position within medicine worldwide.

Thank you for organizing this congress.

Ralph Raben, President of NADA Deutsche Sektion e.V.
Congress Presidents

Dominik Irnich (Co-Chair LMU)
Pan Dong Ryu (Co-Chair iSAMS)
Hedi Luxenburger (Co-Chair DÄGfA)
Konstantina Theodoratou (Co-Chair ICMART)

In memoriam John Longhurst ✝

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Ho Seub Song (South Korea)
Konstantina Theodoratou (Greece)
Claudia Witt (Switzerland)
Christa Zumfelde-Hüneburg (Germany)

Poster Commission / Chairs

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Jürgen Bachmann (Germany)
Winfried Banzer (chair) (Germany)
Petra Bäumler (Germany)
David Carr (USA)
Tomas Davíd (Uruguay)
Kyeong Han Kim (South Korea)
Myeong Song Lee (South Korea)
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Siddartha Popat (Germany)
Raymund Pothmann (Germany)
Lia Diaz Rojas (Mexico)
Patrick Sautreuil (France)
Marcia Yamamura (Brazil)
Junsang Yu (South Korea)

ICMART Award Jury

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Tomas Davíd (Uruguay)
Dominik Irnich (Germany)
Chun Lee Oei-Tan (The Netherlands)
Hedi Luxenburger (Germany)
Konstantina Theodoratou (Greece)

Media partner

Springer Medizin
Springer Medizin Verlag GmbH
Tiergartenstr. 17
69121 Heidelberg - Germany
Phone: +49 62 21 487 - 89 55Fax: +49 62 21 487 - 689 55
verena.stratmann@springer.com
www.springermedizin.de
**Hotel Information**

**Check-in:** 16:00  
**Check-out:** 12:00

**Smoking:**  
Non-Smoking  
This property is 100% non-smoking. A fee of up to 150 EUR will be assessed for smoking in a non-smoking room. Please ask the Front Desk for locations of designated outdoor smoking areas.

**Parking:**  
Self parking: 28.00 (per day)  
Valet: 28.00 (Valet available)

**Pets:**  
Service animals allowed: Yes  
Pets allowed: Yes  
Deposit: 40.00 € (Non-Refundable)

**DIRECTIONS**

**By train:**  
From Munich Central Station (Hauptbahnhof), take tram line 16 in the direction of Effnerplatz/St. Emmeram and get off at Tivolistrasse. The journey takes approximately 19 minutes (12 stops). From here follow the signs to Hilton Munich Park, which will be a three-minute walk.

From Munich East Station (Ostbahnhof), take bus No. 54 in the direction of Münchener Freiheit. Alight at Am Tucherpark, which is directly in front of the hotel’s ballroom entrance. The journey takes approximately 21 minutes.

**By car from the Airport Franz Josef Strauss:**  
All major highways lead to the “Mittlere Ring” road. In the north-eastern part of the ring road take exit „Tucherpark“. Follow the street app. 200 meters and turn right at the first traffic lights.

Distance from Hotel: 35 km.  
Drive Time: 30 min.

**By public transport from the Airport Franz Josef Strauss:**  
To reach the hotel by public transport from the airport, follow green signs to the S-Bahn suburban railway and take train S 8 towards Munich. Exit at Munich East Station (Ostbahnhof) after approximately 30 minutes. Take bus No. 54 in the direction of Münchener Freiheit and exit at station Tucherpark. The journey takes 21 minutes and the bus stops directly in front of the hotel’s ballroom entrance.

**Hotel at the Hilton Munich Park**

Am Tucherpark 7  
80538 Munich  
Tel: +49 89 3 84 50  
Fax: +49 89 3 84 52 588

**Congress at the Hilton Munich Park**

**Reception at the Residenz München**

Thursday, Sep 6, 2018, 19:30 - 21:30

19:30 Welcome Cocktail  
19:45 Bavarian Ministry of Research  
20:00 The University of Munich and its Department of Anaesthesiology  
Prof. Dr. P. Conzen, LMU  
20:15 Traditional Korean Medicine  
iSAMS  
20:30 Medical Acupuncture as a Tool of Lifestyle Medicine  
Dr. K. Theodoratou, ICMART  
20:45 Pain: The Search for Relief  
DÄGIF

**Get Together at Hilton Munich Park**

Friday, Sep 7, 2018  
19:00 - 23:00  
Am Tucherpark 7  
80538 Munich

**Gala Dinner at the Nockherberg, Historic Brewery**

Saturday, Sep 8, 2018  
19:00

Join us in celebrating a successful ICMART-iSAMS 2018 at the congress Gala Dinner. Enjoy Bavarian culture live at one of the oldest breweries of Munich, the PAULANER at Nockherberg. Be enchanted by its traditional yet modern flair and experience Bavarian tradition with Dirndl, Lederhosen, beer and its well-known hospitality.

- Shuttle buses from the congress venue (main entrance of Hilton Munich Park) to the Nockherberg will depart at 18:30  
- Shuttle buses from the Nockherberg back to the congress hotel are available between 22:00 and 01:00
ICMART Science Award in Acupuncture and Related Techniques 2018
This is the main award of ICMART, which will be presented at each ICMART-congress. It recognizes an outstanding scientific contribution in the field of acupuncture, TCM and related techniques. Submission requires innovative and excellent scientific projects either in basic research or in clinical research published in a peer reviewed journal. The ICMART Science Award is valued at 1.000 Euro. In addition, ICMART will cover travel costs of up to 500 Euro and the congress fee for one author.

ICMART Science Award Winner Lecture at ICMART-iSAMS 2018 Symposium 20 – The Best Way to Do Research on Saturday, September 8, 2018, 15:20

Submission for ICMART Science Award 2019 Australia
The ICMART Science Award 2019 will be presented at the upcoming ICMART congress in Australia, Gold Coast. Submission deadline is the 1st of August, 2019. Please submit the required documents to science@icmart.org.

ICMART-3B Young Scientists Travel Award 2018 (4 awards)
The Young Scientists Travel Award is supposed to encourage young researchers of promise on whom the progress in the field of acupuncture, TCM and related techniques depends. It recognizes four science projects addressing any topic related to acupuncture, TCM or related techniques – whether it is etiology, pathophysiology, diagnosis or therapy of symptoms or diseases. All submitted abstracts compete for a limited number of 4 Travel Grants.

Each of the four Young Scientists Travel Awards is valued at 500 Euro in order to cover travel costs to the ICMART-congress. In addition, the awardees have free congress admission. Physicians, scientists, medical students and other healthcare providers currently in residency or fellowship programs or no more than three years after obtaining their final degree are eligible for application.

Winner at ICMART-iSAMS 2018
• S. Blum, Austria: Skin Temperature of Neonates Undergoing Laser Acupuncture at Large Intestine 4 Using Thermography. Friday, September 7th, 2018 14:20 in Symposium 11
• G. Schultz, Germany: Auricular Acupuncture vs. Progressive Muscle Relaxation and vs. no Intervention for Exam Anxiety in Medical Students- A Randomized Controlled Trial. Saturday, September 8th, 2018 11:55 in Symposium 13

ICMART Poster Awards
8 Poster Awards 2018 offered at ICMART-iSAMS 2018
2 DÄGfa Poster Awards 2018 sponsored by the German Medical Acupuncture Association
2 KPI Poster Awards 2018 sponsored by the Korean Pharmacopuncture Institute
2 MAPI Poster Awards 2018 sponsored by the Medical Association of Pharmacopuncture Institute
1 IFMANT Poster Award 2018 sponsored by the International Federation of Medical Associations for Neural Therapy
1 SAMAG Poster Award 2018 sponsored by the Scientific Association of Medical Acupuncture in Greece
Each of the eight poster awards is valued at 250 Euro.

Poster awards will be presented at the closing ceremony of the ICMART-iSAMS 2018. Sunday, September 9th, 2018

Awardees must be present at this ceremony. In case of absence the respective award will not be attributed.

General Information on ICMART awards and submission at the ICMART homepage: www.icmart.org and at science@icmart.org

Demonstration and Practice Room
Use the Demonstration and Practice Room to show your most successful techniques or try new ones. In this room you will find benches, acupuncture material and safety equipment. Sabine Schierl and Klaus Trinczek, cooperative heads of the Education Centre of the German Medical Acupuncture Association (DÄGfa), and their team will be ready to provide assistance.

The Demonstration and Practice Room will be open from 8:00 to 19:00 on Friday and Saturday (Sep. 7-8, 2018) and from 8:00 to 16:00 on Sunday (Sep 9, 2018).
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
<th>Speaker(s)</th>
<th>Title/Details</th>
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<tr>
<td>09:00</td>
<td><strong>Students Day</strong></td>
<td>Ballroom C</td>
<td>Hua, Drebinger, Irnich, Fleschutz, Koutoulaki, Streifler</td>
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<td></td>
<td>W1 09:00 - 13:00</td>
<td>Ballroom B</td>
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<td>The Art of Triggerpoint Acupuncture</td>
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<td>Imich, Behrens, Colling</td>
<td>LIQUIDAKUPUNKTUR – schnell gegen Schmerzen</td>
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<td>W6 14:00 - 18:30</td>
<td>Ballroom A</td>
<td>Van Gogh</td>
<td>Microsystems – from Head to Toe</td>
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<td>Gleditsch, Behrens, H.P. Ogal, Riehl, Arnstadt</td>
<td>Chinesische Phytotherapie bei chronisch-entzündlichen Darmerkrankungen (CED)</td>
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<td>W7 14:00 - 18:30</td>
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<td>W8 14:00 - 18:30</td>
<td>Ballroom A</td>
<td>Van Gogh</td>
<td>Qigong Exercises from the „Frolics of the 5 Animals“ by Jiao Guoru</td>
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<td>Friedrichs</td>
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<td>19:00</td>
<td>Reception (19:30 - 21:30)</td>
<td>Munich Residenz</td>
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<td>07:30</td>
<td>B1 07:30 - 08:45</td>
<td>Cezanne: Treating Disorders of the Locomotor System and Raynaud’s Syndrome</td>
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<td>Van Gogh: History and Application Fields of Acupuncture and TCM Revisited</td>
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<td>09:00</td>
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<td>Van Gogh: Regulation and Standards of Education in Medical Acupuncture</td>
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<td>09:00</td>
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<td>Ballroom B: The Importance of Acupuncture, TCM and CAM in the Multimodal</td>
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<td>09:00</td>
<td>S3 09:00 - 10:30</td>
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<td>S4 09:00 - 10:30</td>
<td>Room: Cezanne: Acupuncture in Psychiatry – Evidence and Innovations</td>
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<td>S5 09:00 - 10:30</td>
<td>Room: Van Gogh: Korean Medicine and Pharmacupuncture</td>
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<td>S6 09:00 - 10:30</td>
<td>Room: Picasso/Dalí: Nonspecific and Specific Effects of Qigong in the Treatment</td>
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<td>S7 10:30 - 11:00</td>
<td>Room: Coffee Break 10:30 - 11:00</td>
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<td>11:00</td>
<td>Opening Ceremony</td>
<td>Room: Ballroom A/B/C</td>
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<tr>
<td>12:30</td>
<td>PO1 12:30 - 13:00</td>
<td>Room: Acupuncture and Herbal Medicine – Indications Beyond Pain</td>
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<tr>
<td>12:30</td>
<td>PO2 12:30 - 13:00</td>
<td>Room: Safety Aspects in</td>
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<tr>
<td>13:00</td>
<td>Lunch Buffet</td>
<td>Room: 13:00 - 14:00</td>
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<tr>
<td>14:00</td>
<td>S8 14:00 - 15:45</td>
<td>Room: Ballroom C: Highly Sensitive Patients: Can Science Teach Us to Treat Them</td>
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<tr>
<td>14:00</td>
<td>S9 14:00 - 15:45</td>
<td>Room: Ballroom C: New Studies and Experiences in Musculoskeletal Disorders</td>
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<tr>
<td>15:45</td>
<td>Coffee Break</td>
<td>Room: 15:45 - 16:15</td>
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<tr>
<td>16:15</td>
<td>P1 Plenary 1</td>
<td>Room: Ballroom A/B/C: Acupuncture and Related Techniques in the Face of the Opioid Crisis</td>
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<tr>
<td>17:15</td>
<td>P2 Plenary 2</td>
<td>Room: Ballroom A/B/C: Can Acupuncture Influence Consciousness?</td>
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<tr>
<td>18:00</td>
<td>ICMART General Assembly</td>
<td>Room: Ballroom A/B/C: ICMART General Assembly</td>
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<tr>
<td>19:00</td>
<td>Get-Together</td>
<td>Room: 19:00 - 23:00</td>
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</tbody>
</table>

**Program at a glance**

- **Friday, September 7, 2018**
- **Location:** Ballroom A/B/C

**Sessions:**
- **S1 09:00 - 10:30** Room: Ballroom A
- **S2 09:00 - 10:30** Room: Ballroom B
- **S3 09:00 - 10:30** Room: Qigong
- **S4 09:00 - 10:30** Room: Cezanne
- **S5 09:00 - 10:30** Room: Van Gogh
- **S6 09:00 - 10:30** Room: Picasso/Dalí

**Speakers:**
- **Liertzer, Popat, Reljanovic, Enev, Behrens, Alp**
- **Ots, Bäumler, Fiala, Stübinger, Luzina-Chju, Fiorini**
- **Mietzner**
- **Watanabe, Chan, Theodoratou, Elenkova, Genschow, Trincekz, Burgoon, Chan**
- **Audette, Dobas, Kohl, Hau, Imich**
- **Banzer, Pehler, Bahr, Ayati, Langhorst, Reineringer**
- **M. Ogal, Stockert, Pothmann, Blum, Zwinczewska, Amarell, Siedentopp**
- **Luxenburger, Ryu, K.H. Kim, Yu, Song**
- **Friedrichs, Bijak, Hildenbrand, Winkler**

**Topics:**
- Regulation and Standards of Education in Medical Acupuncture
- The Importance of Acupuncture, TCM and CAM in the Multimodal Treatment of Chronic Pain
- Diversity of Acupuncture-Related Techniques – Laser Acupuncture
- Acupuncture in Psychiatry – Evidence and Innovations
- Korean Medicine and Pharmacupuncture
- Nonspecific and Specific Effects of Qigong in the Treatment of Symptoms and Disorders?
- Acupuncture and Related Techniques in the Face of the Opioid Crisis
- Acupuncture Influence Consciousness?
- Acupuncture and Herbal Medicine – Indications Beyond Pain
- Safety Aspects in Acupuncture Practice
- Acupuncture in Neonates, Pregnancy Care and Labor
- Allergy - Experience, Evidence and New Horizons
- Acupuncture in International Health Strategies
- Highly Sensitive Patients: Can Science Teach Us to Treat Them with Acupuncture?
- New Studies and Experiences in Musculoskeletal Disorders
- Acupuncture and TCM for Optimizing Pediatric Care
- Acupuncture and Related Techniques in the Face of the Opioid Crisis
- Can Acupuncture Influence Consciousness?
Saturday, September 8, 2018

**Program at a glance**

<table>
<thead>
<tr>
<th>Time</th>
<th>Area</th>
<th>Session</th>
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<tbody>
<tr>
<td>07:30</td>
<td>B3</td>
<td>Cezanne: Anaesthesia – Acupuncture and Related Techniques in the Perioperative Care Setting</td>
</tr>
<tr>
<td>07:30</td>
<td>B4</td>
<td>Van Gogh: Measuring the Physiological Response to Acupuncture</td>
</tr>
<tr>
<td>07:30</td>
<td>B5</td>
<td>to be announced: Breakfast Together with the Editors-in-Chief of JAMS, EUJIM, AIM and DZA</td>
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<tr>
<td>07:30</td>
<td>P3</td>
<td>Plenary 3: Can TCM Be Global? <em>Unschuld</em></td>
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<tr>
<td>07:30</td>
<td>P4</td>
<td>Plenary 4: Acupuncture, Evidence and Clinical Practice Guidelines – Is There Synergy? <em>Robinson</em></td>
</tr>
<tr>
<td>07:30</td>
<td>S13</td>
<td>Ballroom A: Excellence in Ear Acupuncture – Innovations and Open Questions <em>Bahr, Otz, Volb, Shelev, Schulz, W. Stör</em></td>
</tr>
<tr>
<td>07:30</td>
<td>S14</td>
<td>Ballroom B: Acupuncture in Anaesthesiology – Implementation and New Horizons <em>Zwölfer, Chapman, Usichenko, Imich, Xing, Torres Rosas</em></td>
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<tr>
<td>07:30</td>
<td>S15</td>
<td>Ballroom C: Innovations and Reports – A Trip Around the World <em>Genschow, Chan, Dawid, Hor, H.J. Lee, Luxenburger, Stockert, Tehani, Theodoratou</em></td>
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<td>Ballroom A: Diabetes as an Inflammatory Disease: Evidences in Treatment and Management with TCM <em>Lozano, Schaible, Panhofer, Diaz-Rojas, Yamamura, Carr</em></td>
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<td>Ballroom A: Hot Topic: Randomized Controlled Trials in Polyneuropathy, Perimorphis Syndrome, Fibromyalgia and Asthma Bronchiale <em>M.S. Lee, Audette, J. Stör, Cabiağlu, Elsheikh, Nazlıkul</em></td>
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<td>S18</td>
<td>Ballroom A: Chinese Herbal Medicine – Efficacy and Safety <em>Oei-Tan, Hummelsberger, Wiebrecht, Lao, Truong Tan Trung</em></td>
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<td>07:30</td>
<td>PO4</td>
<td>Rumford: Acupuncture as a Component of Integrative Healthcare <em>Schäible, Lao, J. Zhang, Minguell Martin</em></td>
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<td>07:30</td>
<td>PO6</td>
<td>Rumford: Distinct Acupuncture Stimulation Techniques – Influence of Expectation <em>Schaible, Lao, Carr, M.S. Lee</em></td>
</tr>
<tr>
<td>07:30</td>
<td>PO7</td>
<td>Acupuncture in Neuropathic Pain <em>Schaible, Lao, Carr, M.S. Lee</em></td>
</tr>
<tr>
<td>07:30</td>
<td>Q2</td>
<td>Terrace: QiGong <em>Mietzner</em></td>
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<td>Q3</td>
<td>Ballroom A: Qigong <em>Mietzner</em></td>
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<td>07:30</td>
<td>Q4</td>
<td>Picasso/Dalí: Meditation <em>Mietzner</em></td>
</tr>
<tr>
<td>09:00</td>
<td>S19</td>
<td>Ballroom A: Bringing the Autonomic Nervous System into Balance <em>Schaible, Lao, J. Zhang, Minguell Martin</em></td>
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<td>09:00</td>
<td>S20</td>
<td>Ballroom B: The Best Way to Do Research <em>Witt, Napadow, Carr, M.S. Lee</em></td>
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<tr>
<td>09:00</td>
<td>S21</td>
<td>Ballroom C: Overcoming Obstacles and Pitfalls in Acupuncture <em>Lozano, Hummelsberger, Strittmatter, Burgoo, Chalbún, Dawid, Osztovics</em></td>
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<tr>
<td>09:00</td>
<td>P5/6/7</td>
<td>Plenary P5/6/7: „George Lewith Memory Lecture“ <em>Brinkhaus, Witt, Linde</em></td>
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<td>Ballroom A: Strengthening the Middle: Japanese Kampo Medicine in Gastroenterology <em>Reissenweber-Hewel, Watanabe, Cameron</em></td>
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<tr>
<td>09:00</td>
<td>S24</td>
<td>Ballroom A: Acupuncture Can Improve Neuropathic Pain <em>Ayati, Reith, Pollmann, Sauterui, Chan, S. Lee, Poini</em></td>
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<td>Coffee Break 10:30 - 11:00</td>
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<td>P5/6/7</td>
<td>Plenary: „George Lewith Memory Lecture“ <em>Brinkhaus, Witt, Linde</em></td>
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<tr>
<td>19:00</td>
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<td>Gala Dinner 19:00 Nockherberg</td>
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**Sunday, September 9, 2018**

<table>
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<th>Time</th>
<th>Session</th>
<th>Location</th>
<th>Title</th>
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<tbody>
<tr>
<td>07:30</td>
<td>B6</td>
<td>Terrace</td>
<td>Cezanne High Level of Experience – New and Old Opportunities of Acupuncture Behrens, Cuignet, Reith, Fildan, Günter, Nepp</td>
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<td>B7</td>
<td>Ballroom A</td>
<td>Van Gogh Traditional Chinese and Korean Medicine Meets Modern Science Nazlikul, Song, Yoo, Yu, Özerkan, Muraközy, Kara</td>
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<td></td>
<td>Q3</td>
<td>Ballroom A</td>
<td>Qi.png Qigong Mietzner</td>
</tr>
<tr>
<td>07:30</td>
<td>P8/9/10</td>
<td>Ballroom A/B/C</td>
<td>Traces of Acupuncture in the Brain Napadow, Harris, Beissner</td>
</tr>
<tr>
<td>09:00</td>
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<tr>
<td>11:00</td>
<td>S25</td>
<td>Ballroom A</td>
<td>Integration and Modulation of Acupuncture for Better Health Care Chan, Theodoratou, H.J. Lee, Otis, Siedentopp, Behrens, Testayye</td>
</tr>
<tr>
<td></td>
<td>S26</td>
<td>Ballroom B</td>
<td>Digging Deep in the Tradition of Acupuncture and TCM Rothmann, Dawid, Unschuld, Engelhardt, Hammes</td>
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<td>S27</td>
<td>Ballroom C</td>
<td>Acupuncture Without Borders – How to Improve Health after Disasters Raben, Luxenburger, Werner, Pimentel-Paredes, Takayama, Friedrichs, Henyy</td>
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<tr>
<td>12:30</td>
<td>PO7</td>
<td>Rumford</td>
<td>Advances in Diagnosis a. Treatment of Musculoskeletal Disorders</td>
</tr>
<tr>
<td></td>
<td>PO8</td>
<td>Rumford</td>
<td>Applications of Acupuncture</td>
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<tr>
<td>13:00</td>
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<tr>
<td>15:00</td>
<td>MW1</td>
<td>Ballroom A</td>
<td>Neural Therapy for Acupuncture Non-Responders – Headache Conference Wander</td>
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<tr>
<td></td>
<td>MW2</td>
<td>Ballroom B</td>
<td>Microsystems and Beyond – The Trauma-Dissolving Approach Gleditsch</td>
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<tr>
<td></td>
<td>MW3</td>
<td>Ballroom C</td>
<td>Auricular Causative Diagnosis: Approach for The Treatment of Acute and Chronic Locomotor Conditions Volf</td>
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<td>16:30</td>
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<td></td>
<td>Fingerfood and Music 16:30 - 17:30</td>
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</table>
Thursday, September 6, 2018 · 09:00 – 18:00
Students Day

The Students Day aims to foster exchange of students, who are active or interested in acupuncture, TCM and related technics. Impulse lectures, experiences and interactive workshops will serve as basis of discussion which aims to implement complementary methods and holistic thinking into students’ activity. The main questions will be “How to enforce acupuncture at my university?”, “How to build up interest groups?” and “How can I be successful in promoting teaching and research in my clinic as a young doctor?”. An important part will be interactive workshops to share important content-related and methodological experiences and to learn together.

Organized by Kevin Hua and Daniel Drebinger, medical students and tutors at the German Medical Acupuncture Association (DÄGA)

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00</td>
<td>Welcome</td>
<td>Kevin Hua, Germany</td>
</tr>
<tr>
<td>09:05</td>
<td>Overcoming Barriers in Promoting, Teaching and Research in Acupuncture at the University, as a Student, as a Young Resident and as a Professor – Report from 30 Years of Experience</td>
<td>Dominik Irnich, Germany Co-Chair ICMART-iSAMS 2018</td>
</tr>
<tr>
<td>09:30</td>
<td>Plenum Discussion: Clinical Education in Acupuncture</td>
<td>Plenum</td>
</tr>
<tr>
<td>10:00</td>
<td>Lecture 1: Impressions of the Course „Pain and Acupuncture“ at the University of Erlangen-Nuremberg</td>
<td>Kathrin Fleschutz, Germany</td>
</tr>
<tr>
<td>10:30</td>
<td>Lecture 2: Perception of Acupuncture in Greece and Sweden</td>
<td>Emmanouela Koutoulaki, Greece</td>
</tr>
<tr>
<td>11:00</td>
<td>Coffee Break</td>
<td></td>
</tr>
<tr>
<td>11:15</td>
<td>Lecture 3: Acupuncture for Postoperative Pain after Abdominal Surgery for Gynecological Diseases: Lessons Learnt from conduction of a RCT</td>
<td>Wing Lok Lam, Hong Kong</td>
</tr>
<tr>
<td>11:45</td>
<td>Workshop 1: Qi-Gong, Acupressure</td>
<td>Daniel Drebinger, Germany</td>
</tr>
<tr>
<td>12:00</td>
<td>Lunch Break</td>
<td></td>
</tr>
<tr>
<td>12:30</td>
<td>Lecture 4: Insomnia and Chronobiology in Traditional Chinese Medicine</td>
<td>Antje Streifler, Germany</td>
</tr>
<tr>
<td>13:00</td>
<td>Lunch Break</td>
<td></td>
</tr>
<tr>
<td>14:00</td>
<td>Workshop 2: How to Solve Pain Problems</td>
<td>Daniel Drebinger, Germany</td>
</tr>
<tr>
<td>15:15</td>
<td>Lecture 4: Case Report</td>
<td>Tutors of DÄGA</td>
</tr>
<tr>
<td>15:45</td>
<td>Coffee Break</td>
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<td>16:00</td>
<td>Qi-Gong</td>
<td>Daniel Drebinger, Germany</td>
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<tr>
<td>16:30</td>
<td>Closing Discussion</td>
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<tr>
<td>17:00</td>
<td>Social Program</td>
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The Art of Triggerpoint Acupuncture
Workshop of the German Medical Acupuncture Association (DÄGA)
N. Behrens, C. Colling, D. Irnich

It is a successful and recognized form of therapy for myofascial pain and limited mobility. The causes and pathophysiology of trigger point formation, the diagnostic procedure, anatomical functional relationships, parallels to classical acupuncture and psychosomatic aspects are discussed. The associated needle technique of dry needling is practiced. The therapy of the most important trigger points is demonstrated with examination techniques and muscle stretches.

We will also cover the subject “The Art of Trigger Point Acupuncture”. This includes optimizing patient-doctors relationship, reading the language of each muscle or muscle group, mastering different technics of dry needling, and understanding muscle, fascia and respective posture as an individual expression of an individual human being. This goes far beyond simple triggerpoint acupuncture.

LIQUIDAKUPUNKTUR – schnell gegen Schmerzen
Workshop of the German Academy for Acupuncture (DAA)
B. Ramme


Im Workshop wird das konkrete Vorgehen in Patientendemonstrationen gezeigt und häufige Punktlokalisationen werden vermittelt.

Healing with Spiritual Acupuncture
Workshop of the German Acupuncture Society (DGA)
G. Stux

This workshop draws on more than 40 years of experience in acupuncture and Chinese Medicine and 30 years of experience in working with different modalities of Energy Healing. The main intention of this spiritual healing practice is to bring soul and body together and deeply connect the soul with the heart space. Additionally, awareness is directed to the flow of energy, focusing on the light level of the life forces. When the crown chakra has been opened, in the first step light and energy can flow from the soul, the eighth chakra into the heart space and through the whole body. As the chakras progress from the highest levels to the lowest, they govern increasingly spiritual functions. The lightfull awareness exemplifies the spiritual application of the different healing modalities. Of these healing modalities, different ways of using Qigong and meditation are the most essential.

Nü Zi w – Qigong for Women
A. Mietzner

In this workshop Anna Mietzner is going to introduce some parts of Nü Zi Qigong – Women’s Qigong. It belongs to the system of the Nei Yang Gong – Internal Cultivation Qigong, which is nowadays represented by Liu Ya Fei. She received the genuine tradition of Nei Yang Gong through instruction from her father, Liu Gui Zhen, who laid the foundation stone for medical Qigong in modern China. The exercises are structured in harmony with the particular physiological characteristics of women, and they possess an especially high practical value both in the prevention and curing of women’s diseases as well as for the general care and maintenance of good health.

Quick Response Acupuncture in Common Acute Conditions: Effective Tools for Your Clinic and Acute Care Facilities
Workshop of FILASMA (Iberic-Latin American Federation of Medical Acupuncture Societies)
F. Lozano, R.A. Díaz Rojas, G. Chaibún, M.L. Yamamura

During the Workshop we will explain and have active demonstration of different acupuncture techniques suitable to be used in specific and frequent clinical conditions. Using minimum acupuncture points and other techniques, we can provide our patients an immediate relief, offering them a therapeutically effective option. Some of the conditions to analyse include different types of pain, nausea, herpes zoster, dermatitis, flu, and more.
Room: Workshop 6
Ballroom B 14:00 - 18:30

W6 Microsystems – From Head to Toe
Workshop of the German Medical Acupuncture Society (DÄGfA)
J. Gleditsch, N. Behrens, H.P. Ogal, G. Riehl, N. Arnstadt
14:00 - 16:00

MAPS (Micro-Aku-Point-System), Very Point Technique®
J. Gleditsch, Germany
N. Behrens, Germany

Yamamoto New Scalp Acupuncture (YNSA)
H. P. Ogal, Germany

Somatotop „Arm“
G. Riehl, Germany

Chinese Scalp Acupuncture
N. Arnstadt, Germany

16:30 - 17:30 Hands On
MAPS, Very Point Technique – Yamamoto New Scalp Acupuncture (YNSA)
H. P. Ogal, Germany

17:30 - 18:30 Hands On
Somatotop „Arm“ – Chinese Scalp Acupuncture
N. Arnstadt, Germany

Content:
MAPS therapy and body acupuncture are by no means in competition with each other, but complement each other in an optimal way, especially in pain therapy and disorders of the musculoskeletal system. MAPS (Micro-Aku-Point-Systems) have been mainly discovered and elaborated in the recent decades in the West. They have a short history in comparison to TCM. Only the Chinese SCALP-Acupuncture was developed since the 1950’s in China combining a specific needling technique with the reflex somatotopic system of the scalp. It has shown to be effective for both: acute and chronic neurological conditions and pain problems and often shows immediate results.

You will get a hands on introduction in our workshop with Dr. med. Nike Arnstadt.

For the MAPS, the breakthrough came with the decoding of a cartography on the auricle by the Lyon physician Paul Nogier in the early 1950s. In the 70s and 80s further MAPS were broken down and spread rapidly. This led to oral acupuncture, which has its particularly effective therapy points inside the upper and lower wisdom teeth, i.e. in the retromolecular region. We owe the systematization and further research of MAPS, especially oral acupuncture, to Dr. med. Jochen Gleditsch (Honorary President of DÄGfA, ENT and dentist). Together with Dr. med. Nicolas Behrens ( lecturer at DÄGfA, private clinic in Munich) they will introduce MAPS.

The Yamamoto New Scalp Acupuncture (YNSA) was founded in the sixties by Dr. Toshikatsu Yamamoto (Ph.D.). During the treatment of patients suffering from pain and paralysis he discovered painful points on the skull showing somatoform assignments of the entire body. He systematized this new reflex therapeutic acupuncture form and refined it further in the last 40 years. YNSA is a fast an efficient treatment of pain syndromes, functional disorders of the internal organs and neurological disorders. His assistant and longtime companion Dr. med. Hans P. Ogal ( lecturer at DÄGfA, specialist for anaesthesiology and pain therapy, Integrative Medicine Inner Switzerland AG, Switzerland) will present this system and new highlights in the workshop.

Over the past 10 years, Dr. med. Gerhard Riehl ( lecturer at the DÄGfA, specialist for general medicine, based in his own practice in Wilnsdorf) has discovered a very successful micro-system on the upper and lower arm that has proven itself especially in the therapy of pain and functional disorders of the movement system. It can be used quickly even at the sitting patient, only the arm must be accessible. A simple "pyonex" needle-tape at the arm often is sufficient to take off pain. It is of advantage to use several MAPS in one therapy session to combine the specific effects of each technique. One of the MAPS usually show the clearest point activation and thus the most effective therapy opportunity, very often to be seen in the same session. However, analog points of other systems usually supplement and improve the therapeutic effect. We are looking forward to a 4-hour MAPS trip together.

Education in Medical Acupuncture in English
Deutsche Ärztegesellschaft für Akupunktur e.V.

We will offer certified education in Medical Acupuncture (200 hrs) according to the DÄGfA standards and recognized by the German Medical Chamber at Frankfurt and/ or Amsterdam (cooperation SWERF/WAVAN) by 2019.

Further information at the congress or at www.daegfa.de by November 2018.
Room: Van Gogh  Workshop 7
14:00 - 18:30

W7  Chinesische Phytotherapie bei chronisch-entzündlichen Darmerkrankungen (CED)

Workshop of the International Society for Chinese Medicine (SMS)
Workshop in German, no translation
S. Brommer

CED sind häufig, ihre Therapie mit westlicher Medizin ist limitiert und oft mit Nebenwirkungen verbunden, die Beschwerden sind häufig chronisch rezidivierend.

Aufgrund langjähriger klinischer Erfahrungen mit der Chinesischen Medizin (CM) und den traditionellen chinesischen Arzneimitteln können diese als Ergänzung zur konventionellen Therapie oder als alternative Behandlung erfolgreich mit eingesetzt werden. In diesem Workshop sollen die Prinzipien der Chinesischen Arzneimittellehre und für die CED ein konkretes Therapiebeispiel vorgestellt werden.

Room: Ballroom A  Workshop 8
14:00 - 18:30

W8  Qigong Exercises from the „Frolics of the 5 Animals“ by Jiao Guorui

Workshop of the Medizinische Gesellschaft of Qigong Yangsheng e.V.
E. Friedrichs

The “Frolics of the 5 Animals” describe one of the earliest recorded Chinese exercise systems, with its application in therapy dating back, according to tradition, to the famous physician and scholar Hua Tuo (2nd c CE) and with roots probably reaching to the legendary origins of Chinese culture.

In the shape given to the Animal Frolics by Jiao Guorui (1923-1997) grace, strength and character of bear, crane, tiger, deer and monkey come to life. The aspect of simplicity (自 然 zìnán) and unity of form, gesture and facial expression are especially emphasized in the “Frolics of the 5 Animals.”

An assignment of the five animals to the five phases (五行 wŭxíng) of Chinese medicine characterizes the shape of the animal frolics and underlines the close relationship to emotions, feelings and inborn capabilities. By “borrowing” the power and originality of these 5 animals, we as modern people can reach back to the natural forces within us and simultaneously connect to the forces of nature. And the slow, harmonious movements of these exercises offer the opportunity to find inner peace, relaxation and strength, in order to promote a balance of stress and relaxation, of yin and yang – as a compensation for all the diverse outside requirements to be met. Developed by Jiao Guorui, different exercise modes for the “Frolics of the 5 Animals” allow for the individual constitution of the practitioner in a special way.

Room: Picasso/Dalí  Workshop 9
14:00 - 18:30

W9  Introduction to Neural Therapy

Workshop of DGfAN and IFMANT
P. Piehler, H. Liertzer, S. Popat

The workshop aims to promote neural therapy as a complete system for diagnosis and therapy. Reflective symptoms in case of disturbed internal organs can be investigated by palpation of the different tissue layers. Neurophysiological explanations for three possible pathways resulting in such reflective signs of the internal organs as well as segmental treatment of internal diseases with local anaesthetics will be presented.

The workshop will also focus on the importance of the interference field, on therapy strategies, demonstration of techniques and clinical examples. The systemic therapy with procaine and the importance of the neural therapy in the global anti-inflammatory concept will be discussed.

Participants will be provided with skills which can immediately be applied in daily clinical practice.

Room: Cezanne  Workshop 10
14:00 - 18:30

W10  How to Treat Children With „Integrative“ Acupuncture – Having Fun and Rapid Success

M. Ogal

Treating children with acupuncture is mostly rewarded by a rapid success - much quicker than treating adults. One of the most important factors is the creation of a „children’s comfort zone“, a „Fit“-situation in which the child feels confident. In this workshop I will offer you a variety of different skills to enhance the child’s comfort during the treatment. These skills are related to medical hypnosis, pediatric comfort care, phytotherapy and especially different acupuncture techniques. We definitively will have fun together!

At the historical site of Munich Residenz  19:30 – 21:30

Reception

We are honored to welcome you to the congress with a festive Reception at the Royal Residence of Munich on Thursday evening, September 6, 7:30 - 21:30. Toast with us to an inspiring congress at this magnificent palace. The early night might tempt you to end the day with a stroll through the adjacent gardens, extending into town.
Room: Breakfast Symposium
Cezanne 07:30 - 8:45

B1  Treating Disorders of the Locomotor System and Raynaud`s Syndrome – Beyond Standards
Chairs: H. Liertzer, Austria
       S. Popat, Germany

This breakfast session contains encouraging clinical examples of how very particular acupuncture and related techniques are successfully used to treat painful complaints of the locomotor system. We dare a look at parasite frequencies, at fractals and at body mind experiences of extraordinary vessels in the treatment of the locomotor system. In addition, one case report about the relief of Raynaud’s syndrome after acupuncture will be presented.

07:30  Get Your Breakfast

07:45  Treatment of Back Pain by Using the Fundamental Nogier Frequencies and Parasite Frequencies
       K. Reljanovic ´, Croatia

08:00  Fractals Nature of Acupuncture Channels and the Vacuum Treatment Massage as a Method for Increase of Effectiveness of Acupuncture
       E. Enev, Bulgaria

08:15  Extraordinary Vessels (EoV) – Experience Their Function
       N. Behrens, Germany

08:30  Application of Acupuncture in Raynaud`s Syndrome
       H. Alp, Turkey

Room: Qigong
Terrace (sunshine)/ Ballroom A (rain)
07:30 - 8:30

Q1  Qigong in the Morning
A. Mietzner

Why don’t you start your day by mobilizing your body and calming your mind? For that purpose I would be very glad to practice some Qigong exercises together with you. The movements are all part of the training system Nei Yang Gong – Internal Cultivating Qi-gong, and especially good for maintaining or regaining physical health and bringing along inner joy and calmness.
**Room:** Symposium 1  
**Ballroom A**  
**09:00 - 10:30**

**S1  Regulation and Standards of Education in Medical Acupuncture**  
Chairs: K. Theodoratou, Greece  
C. Chan, Australia

Premium quality education on Medical Acupuncture should be one that provides all students with the capability to implement safe and effective treatments. Medical Acupuncture derives from traditional theories and has become an integral part of modern science. Therefore, by nature, it is an integrative discipline. We shall make every effort to ensure the premium quality of education.

09:00  **Traditional Medicine Chapter in WHO ICD-11**  
K. Watanabe, Japan

09:20  **Definition Medical Acupuncture**  
C. Chan, Australia

09:35  **UEMS: The Standardization of the Medical Specialties and Modalities**  
K. Theodoratou, Greece

09:50  **How to Certify Your Education by ICMART?**  
S. Elenkova, Bulgaria

10:00  **Presentation of Training Programs and Discussion**  
C. Chan, Australian Medical Acupuncture College, AMAC  
F. Genschow, Brazilian Medical College of Acupuncture, CMBA  
K. Trinczek, German Medical Acupuncture Association, DÄGA  
T. Burgoon, American Academy of Medical Acupuncture, AAMA

Acupuncture training programs have similarities and differences worldwide. Some programs are officially recognized and accredited by the government, others by national medical associations and others by acupuncture medical associations. A short overview of the education standards in the US, Brazil, Australia and Germany will be followed by a discussion.
S2  The Importance of Acupuncture, TCM and CAM in the Multimodal Treatment of Chronic Pain – Three Model Projects

Chairs:  J. Audette, USA  
G. Dobos, Germany

Chronic pain affects between 30% and 50% of the world’s population. The WHO global burden of disease study clearly shows an increasing prevalence of pain conditions despite advances in modern medicine. Additionally, the International Association for the Study of Pain reports that there is still inadequate access to treatment of acute pain in large parts of the world, which again contributes to the high prevalence of chronic pain. At the same time, in the treatment of chronic pain the effectiveness of analgesic is not proven with regard to long term use.

In contrast, Acupuncture as well as selected methods of TCM and Complementary Medicine (CAM) achieved a high level of evidence in acute and chronic pain conditions and are consequently more and more recommended in national and international guidelines.

Gold standard in the treatment of chronic pain is the interdisciplinary multimodal pain therapy (IMPT) which is based on a bio-psycho-social understanding of pain. It comprises at least psychological and physiotherapeutic interventions and is often provided as a group program. It is, thus, a logical conclusion that Acupuncture, TCM and CAM methods can add value to IMPT due to their proven analgesic effects (e.g. Acupuncture), their capacity to improve physical fitness (e.g. Qigong, TaiChi, Yoga), their positive effects on the vegetative state, well-being and emotional disorders (e.g. body mind, meditation) and their ability to strengthen self-efficacy (e.g. acupressure, naturopathic compresses, packs and poultices).

This session will provide you with insights into 20 years of experience in implementation of Acupuncture, TCM and CAM into conventional interdisciplinary multimodal pain therapy of highest quality standard and its effectiveness. With regard to acute pain, a new door will be opened.

09:00  Introduction: The Need for CAM in Pain Treatment  
J. Audette, USA

09:15  Complementary and Integrative Pain Medicine – “The Essen Model”  
W. Kohl, Germany

09:40  Integrated Chinese and Western Medical Therapies for the Treatment of Acute Low Back Pain in a Public Hospital in Hong Kong  
V. Hau, Hong Kong

10:05  The Munich Outpatient Program in Complementary and Alternative Medicine (MOCAM) for Chronic Pain – Concept and Long-Term Follow-Up  
D. Irnich, Germany
Room: Symposium 4  
Cezanne 09:00 - 10:30

**S4** Acupuncture in Psychiatry – Evidence and Innovations  
Chairs: R. Musil, Germany  
M. Martin, France

Psychiatry is one of the areas within acupuncture research with the highest knowledge gain in the last decade. In this symposium you will first be provided with an overview about the evidence for the effectiveness and limits for acupuncture in psychiatric diseases. Subsequently it continues with a presentation of an innovative approach of how acupuncture can be used to treat psychological trauma. Finally results of two recent trials on acupuncture for smoking cessation and the treatment of depression and anxiety in family caregivers will encourage you, irrespective of your medical discipline, to integrate acupuncture for these indications in your daily clinical practice.

09:00  **Introduction to the Evidence of Acupuncture in Psychiatry**  
R. Musil, Germany

09:10 **Acupuncture in Psychiatry – Time For a Change?**  
R. Musil, Germany

09:30  **Psychological Trauma Therapy with 3-Steps Acupuncture-Based Exposition – A Novel Treatment Protocol**  
J. Schottdorf, Germany

09:50  **Auricular Acupuncture for Smoking Cessation**  
H. Zwinczewska, Poland

10:10  **Addictions, Neuroscience and Acupuncture**  
S. Bidon

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Room: Symposium 5  
Van Gogh 09:00 - 10:30

**S5** Korean Medicine and Pharmacopuncture  
Chairs: P. Ryu, South Korea  
H. Luxenburger, Germany

Pharmacopuncture is a form of therapy derived from the combination of herbal medicine and acupuncture therapy. Medical fluids containing various substances are injected in order to stimulate a specific part of the human body. Medical fluids are produced by extracting, refining, diluting, blending or converging pure herbs. These are applied at acupuncture points by injection into the skin, muscle, joint, intra-cavity, zang-fu, intravenous etc. Further forms of application include spreading on and burying under the skin.

09:00  **Current Status of Pharmacopuncture and Patients’ Satisfaction in Korea**  
K.H. Kim, South Korea

09:30  **Scientific Mechanism of Bee Venom Pharmacopuncture**  
J.S. Yu, South Korea

10:00  **Co-Culture with NK-92MI Cells Enhanced the Anti-Cancer Effect of Bee Venom on NSCLC Cells by Inactivation of NF- B**  
H.S. Song, South Korea

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Room: Symposium 6  
Dalí/Picasso 09:00 - 10:30

**S6** Nonspecific and Specific Effects of Qigong in the Treatment of Symptoms and Disorders?  
Symposium in collaboration with the Medical Association for Qigong Yangsheng, Bonn, Germany (Medizinische Gesellschaft für Qigong Yangsheng e.V.)

Chairs: E. Friedrichs, Germany  
M. Bijak, Austria

There is increasing evidence for the effectiveness of Qigong in the treatment of different disorders and symptoms. However, there are challenges with regard to its implementation into daily practice and the understanding of its specific effects. Listeners will be updated on the evidence of Qigong and will get useful experience based advices.

09:00  **Qigong Yangsheng – Examples of “Therapeutic Dialogues” with the Vital Force (Qì)**  
G. Hildenbrand, Germany

09:30  **“Regulating the Breath, Calming the Mind/Spirit” – Long-Term Experiences in Acupuncture and Qigong as a Family doctor in Germany**  
E. Friedrichs, Germany

10:10  **Healing by Qi – Sustainable Self-Regulation**  
C. Winkler, France
Opening Ceremony

11:00  Introduction

11:10  Opening Notes and Presentation of Congress Program

K. Theodoratou, ICMART
H. Luxenburger, DAGfA
P. Ryu, iSAMS
D. Imich, LMU

11:20  The Role of Acupuncture in the WHO Strategy of C&TM

Zhang Qi, WHO Coordinator in C&TM

11:30  The Role of Acupuncture in CAM in Europe

T. Nicolai, Spokesman EUROCAM

11:40  From Tradition to Enlightenment – Some Ideas about Science and Humanities

W. Stöhr, Past-president DAGfA

11:50  Opening Lecture

12:20  ICMART Award

12:25  Honorary Members ICMART

PO1  Acupuncture and Herbal Medicine - Indications Beyond Pain

Chairs: W. Banzer, Germany
F. Lozano, Mexico

PO1.1 Acupuncture Improves Symptoms in Patients with Mild to Moderate Atopic Dermatitis: a Randomized, Sham-Controlled Preliminary Trial

K. Kim (South Korea)

PO1.2 The Effects of Acupuncture in Patients with Phantosmia

S. Seurig (Germany)

PO1.3 The Efficacy and Safety of 12-week Hanslim in Obese Patients: Study Protocol for a Multicenter, Randomized, Placebo-controlled Phase IIb Trial

(South Korea)

PO1.4 Perioperative Case Series of the Department of Anesthesiology at the University Hospital of Oral and Maxillofacial Surgery, LMU Munich

T. Reiter, A. Reither (Germany)

PO1.5 Demographic Data of Patients Who Apply to GETAT Center

H. Alp (Turkey)

PO2  Safety Aspects in Acupuncture Practice

Chairs: P. Bäumler, Germany
T. Dawid, Uruguay

PO2.1 A Study on the Accuracy and Safety of Ultrasound Guided Acupuncture Treatment for ‘Shoulder Pain Point (BP-LE6)’ – RCT, Pilot Study Protocol

J.U. Kim, J. Kim, T.H. Yook, B.Y. Song, Y.M. Choi (South Korea)

PO2.2 Evaluation of Bleeding-Related Adverse Events Following Acupuncture Treatment in Patients on Anticoagulant or Antiplatelet Drugs

S. Lee, M. Lee, E. Kim, Y.E. Choo, J. Kang (South Korea)

PO2.3 Determining Safe Needling Depth to Cervical Artery Based on Anthropometric Measurements – Focusing on Acupuncture Point ST21

S. Park, H. Chu, G. Kang, J. Kim, S. Lee (South Korea)
Room: Guided Poster Session
Rumford 12:30 - 13:00

PO3 Acupuncture in Neonates, Pregnancy Care and Labor
Chairs: L. Diaz-Rojas, Mexico
D. Carr, USA

PO3.1 Ear Acupuncture Points in Term and Late-Preterm Neonates: A Blinded, Controlled, Observational Trial
C. Flucher, J. Stadler, N. Tritschler, B. Urlesberger, W. Raith (Austria)

PO3.2 Management of Pregnancy with Cervical Shortening: Effectiveness of Zhaohai (KI 6) – A Case Report
E. Martinez Garcia (Spain)

PO3.3 Laser Acupuncture for Pain Prevention in Neonates: A Study Protocol for an Observer-Blinded, Randomised, Clinical Controlled Trial
J. Stadler, A. Avian, K. Posch, B. Urlesberger, W. Raith (Austria)

PO3.4 Acupuncture for Pain Control after Cesarean Section – A Randomised, Placebo-Controlled Investigation
B. Henkel, T. Hesse, C. Klausenitz, K. Hahnenkamp, A. Mustea, T. Usichenko (Germany)

Room: Sondervortrag
Picasso/Dali 13:15 – 13:45

V1 Akupunktur und Recht
A. Eberz

Der Vortrag thematisiert wichtige Fragestellungen, insbesondere zu den Themen Aufklärung, Einwilligung, Haftung und GOÄ.

Herr Rechtsanwalt Dr. Eberz, Mainz, ist bundesweit ausschließlich auf Arzteseite tätig. Seit vielen Jahren beschäftigt er sich auch mit akupunkturspezifischen Rechtsfragen.

Room: Symposium 7
Ballroom A 14:00 - 15:45

S7 Acupuncture in International Health Strategies
Chairs: H. Luxenburger, Germany
K. Theodoratou, Greece

How can health care be improved around the world by making acupuncture and related techniques integral parts of health strategies?

Learn about experiences and ideas of leading political representatives and decision makers promoting acupuncture and TCM at the EU level, in the US, in South American Nations and within the WHO.

This unique session is composed of short introductions on chances and challenges of the use of acupuncture in high and low resource health care settings followed by an open panel discussion.

Join this vital platform of debate and contribute to framing the future role of acupuncture in global health care.

On the panel will be among others:
Dr. Konstantina Theodoratou, President ICMART, Greece
Dr. Zhang Qi, Coordinator Complementary and Traditional Medicine, WHO, Switzerland
Dr. Thomas Burgoon, American Academy of Medical Acupuncture, USA
Ton Nicolai, Spokesman EUROCAM, Belgium
Dr. Francisco Lozano, President FILASMA, Ibero Latin American Medical Acupuncture Association, Mexico
Hedi Luxenburger, ICMART EU Chapter, DÄGIA board, Germany
PD Dr. Dominik Irnich, President DÄGIA, Germany
Dr. Chin Chan, ICMART General Secretary, Australia
Dr. Moon-seok Choi, Vice President, The Association of Korean Medicine
Dr. Byung Soo Ahn, President, Korean Pharmacopuncture Institute, South Korea
S8 Highly Sensitive Patients: Can Science Teach Us to Treat Them with Acupuncture?

Chairs: R.D. Treede, Germany
R. Harris, USA

Any physician knows these pain patients: They are highly sensitive to any sensory stimulus. Is it recommendable to treat them with acupuncture? And if yes, which form of stimulation optimizes treatment success? In this session these questions will be approached from a scientific point of view. First, Joseph Audette from the Harvard Medical School will provide an overview on how acupuncture provides an effective method of addressing both myofascial pain as well as down regulating pain facilitation in the central nervous system. Following, Jiang-Ti Kong from the Stanford University will illustrate the relationship between the pressure pain threshold and other clinical outcomes in pain patients. She also will share her latest research results on the predictive value of different modalities of sensory perception for clinical effects of electroacupuncture in low back pain patients. Then Olivier Cuignet, president of the Belgian Association for Medical Acupuncture will present insights gained about superiority of electro-acupuncture over manual acupuncture in the treatment of myofascial low back pain as well as on the predictive value of the pressure pain thresholds for treatment success. Finally, an overview about the research on sensory thresholds as indicators and predictors for the analgesic effect of acupuncture conducted at the Multidisciplinary Pain Center, Department of Anaesthesiology, Hospital of the Ludwig Maximilians Universität, Munich will be provided by Petra Bäumler.

This symposium will be chaired by Richard Harris, Director for Neuroimaging at the Chronic Pain and Fatigue Research Center, University Michigan and Rolf-Detlef Treede, past-president of the International Association for the Study of Pain (IASP).

14:00 Introduction into Central Hypersensitivity
R.D. Treede, Germany

14:15 Myofascial Pain and Central Sensitization: An Evidence Based, Acupuncture Approach to Treatment
J. Audette, USA

14:40 Exploring the Roles of Quantitative Sensory Testing: Biomarker of Chronic Pain and Predictor of Clinical Response to Acupuncture
J.T. Kong, USA

15:05 The Effects of Electroacupuncture of Myofascial Trigger Points on the Pain and the Sensory Thresholds in Chronic Low Back Pain
O. Cuignet, Belgium

15:25 Sensory Thresholds as Indicators and Predictors for the Clinical Effectiveness of Acupuncture
P. Bäumler, Germany

S9 New Studies and Experiences in Musculoskeletal Disorders (Musculoskeletal I)

Chairs: J. Bachmann, Germany
U. Mazzanti, Italy

Musculoskeletal disorders are a major cause of global burden of disease. There is convincing evidence for acupuncture in the treatment of low back pain, shoulder pain and osteo-arthritis from latest systematic meta-analyses. However, in order to optimize treatment and to integrate acupuncture into health strategies we still need more insight. In this symposium lecturers will share latest research results and experience-based knowledge to improve the outcome in the management of musculoskeletal disorders.

14:00 Comparison of the Cost-Utilities Analysis of Electroacupuncture and Nonsteroidal Antiinflammatory Drugs in the Treatment of Chronic Low Back Pain
M.H. Ayati, Iran

14:20 Craniofacial Disorders: Muscular Diagnostics and Acupuncture – a Retrospective Analysis of 887 Treatments
I. Simma, Austria

14:40 Ultrasonographic Evaluation of Acupuncture Effect on Common Extensor Tendon Thickness in Patients with Lateral Epicondylitis
F.G. Ural, Turkey

15:00 The Treatment of Calcanea Spurs and Achillodynia Using the Descending Muscle Chain Starting at Gb 30
S. Popat, Germany

H. Lierter, Austria
### S10  Allergy

**Chairs:** B. Brinkhaus, Germany  
A. Meyer, Switzerland

The World Allergy Organization (WAO) reports that approximately one of five people suffers from some form of allergic disease such as allergic rhinitis (AR), asthma, conjunctivitis, eczema, food allergies, drug allergies and other severe allergic reactions. Incidences of allergic diseases have been substantially rising around the world in both developed and developing countries. Allergy, as a severe and frequent health problem, has become a great concern of both governments and individuals. Allergy has been called “the twenty-first century disease.” There is an urgent need for effective and affordable treatments. Among the different allergic diseases allergic rhinitis is estimated to affect between 10-30% of the total population on a global basis. In the last decade various randomized controlled trials have been conducted to explore whether patients with allergic rhinitis benefit from acupuncture. There are promising results. However, systematic reviews of the evidence on the specific effects of acupuncture are still inconclusive.

There are few research institutions which focus continuously and systematically on the clinical effects of acupuncture in allergic rhinitis. Two of them, the Institute for Social Medicine, Epidemiology and Health Economics, Charité Universitätsmedizin Berlin, and the Department of Otorhinolaryngology, Allergology, Carl Gustav Carus Faculty of Medicine, Technical University Dresden will present their study results and will put them in context with their clinical experience. Then we will take a deeper look into the TCM pathomechanisms of allergic diathesis based on experience and careful observation. Finally, an outline of the constitutional approach with Tibetan Medicine for the treatment of allergies will be presented.

At the end of this symposium you will be updated scientifically at first hand and will have experienced new horizons from outstanding experts as the title of this symposium promises.

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<tr>
<td>14:00</td>
<td>Acupuncture in Allergic Rhinitis – From Experience to Evidence</td>
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<td>B. Brinkhaus, Germany</td>
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<tr>
<td>14:20</td>
<td>Acupuncture in Allergic Rhinitis (AR) - RCTs and Experience of the University of Dresden</td>
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<td>B. Hauswald, Germany</td>
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<td>14:40</td>
<td>Efficacy of Acupuncture for Non-Allergic-Rhinitis (NAR) – A Randomized Controlled Trial</td>
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<td>D. Kretschmann, Germany</td>
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<td>15:00</td>
<td>TCM Pathomechanisms of Allergic Diathesis as a Foundation for Implementing a Successful Herbal Therapy</td>
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<td>J. Mörper, Germany</td>
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<td>15:25</td>
<td>Allergies - A Constitutional Approach with Tibetan Medicine</td>
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<td>S. Marić, Germany</td>
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### S11  Acupuncture and TCM for Optimizing Pediatric Care

**Chairs:** M. Ogal, Switzerland  
K. Stockert, Austria

Application of acupuncture in pediatric care is still far from being a main stay. In this symposium experienced pediatricians will present innovative approaches of how to integrate acupuncture in pain treatment, ophthalmology and primary care. They will share observational data suggesting that acupuncture is effective, safe and feasible in children with headache and eye complaints. In addition, a study awarded with the ICMART 3B Young Scientist Travel Award will provide you with some late-breaking insights on pediatric laser acupuncture.

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<th>Time</th>
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<tr>
<td>14:00</td>
<td>Softlaser Scalp-Acupuncture According to Yamamoto for Treating Muscular Dysfunction of the Upper Cervical Movement in School Children with Headache</td>
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<td>R. Pothmann, Germany</td>
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</table>
| 14:20  | Skin Temperature of Neonates Undergoing Laser Acupuncture at Large Intestine 4 Using Thermography  
        | ICMART-3B Young Scientists Travel Award 2018                                              |
|        | S. Blum, Austria                                                                            |
| 14:40  | The Influence of Anti-Stress Acupuncture on Eye Complaints in Young Adults                   |
|        | W. Zwinczewska, Poland                                                                      |
| 15:00  | Integration of Acupuncture into a Primary Care Children Hospital for Inpatients and Outpatients |
|        | C. Amarell, Germany                                                                         |
| 15:20  | Thyroid Diseases - Importance of Nutrition and Chinese Dietetics                             |
|        | U. Siedentopp, Germany                                                                      |
| 15:40  | Discussion                                                                                 |
We still aim to better understand what happens during acupuncture to improve the outcome. This counts for morphological aspects as well as for objectifying acupuncture effects by different methods and technologies. In this symposium latest developments and hypotheses are presented by international experts using a wide range of measurement techniques. Their observations may lead to a more comprehensive understanding of acupuncture and stimulate further research to strengthen the underlying hypotheses.

14:00  Anemia-Induced Erythropoiesis in Organ Surface Primo Vascular System in Rats  
P. Ryu, South Korea

14:15  Ultrasound Duplex Sonography Control of the Effectiveness of Acupuncture in the Complex Treatment of Patients with Cerebrovascular Pathology  
M. Chizhykova, Ukraine

14:30  Enhanced Therapeutic Treatment of Colorectal Cancer Using Nanoporous Acupuncture Needles  
S. In, South Korea

14:45  Acupuncture Meridians as Evidenced by Infrared Thermoimaging: A Pilot Study  
A. Santana, Brazil

15:00  Therapeutic Effects of Fermented Flax Seed Oil on NC/Nga Mice with Atopic Dermatitis-like Skin Lesions  
S. Hong, South Korea

15:15  Acupuncture for Stimulation High Growth of Body  
K. Saputra, Indonesia

15:30  Acupuncture at HT 7 Inhibits Reinforcing Effects of Meth-Amphetamine  
B.H. Lee, South Korea

Acupuncture and related methods offer effective ways of dealing with chronic pain. They deliver sustainable strategies of interventional as well as long-time therapies, reducing the need of opioid drug treatment. In the talk the evidence and clinical experience of acupuncture and related methods, such as Neural Therapy, Tuina, Guasha, Taiji, and Qigong, as major components of the Complementary and Integrative Pain Medicine (CIPAM), are introduced.

14:00  Acupuncture and Related Technics in the Face of the Opioid Crises  
G. Dobos, Germany  
chaired by S. Popat, Germany

Somatic awareness and well-being are aspects of consciousness, which are constantly changing. Consciousness is the product of deep background processing that draws upon autonomic nervous system (blood flow, organ function), hypothalamus-pituitary-adrenergic-cortical axis and the immune system, which produces cytokines. Dysregulation in these systems can cause or exaggerate existing sensory discomforts or sickness. Acupuncture can alter and sometimes help re-regulate unconscious deep background processes with consequent alterations in conscious somatic awareness.
Competence and Experience in Acupuncture and Chinese Medicine since 1951

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- Non-profit, industry-free and independent
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- Diploma in Qigong, Chinese Herbal Medicine, Japanese Kampo Medicine, Japanese Acupuncture, Chinese Dietetics, Tibetan Medicine
- Symposia on special subjects
- More than 30 senior faculty members
- Deutsche Zeitschrift für Akupunktur – DZA (German Medical Acupuncture Journal), circulation of 15,000
- Science Center for member support, library, funding of research projects (> EUR 700,000 since 1997)
- National and international cooperations: ICMART, ECPM, EUROCAM, CAMDOC Alliance, Acupuncture societies, TCM and Complementary Medicine, medical institutions, health insurances, stakeholder, etc.
- Free Info-hotline under +49 / 89 / 710 05 11 (daily between 8 a.m. and 8 p.m.)
- Physician portal for patients, www.daegfa.de, (> 500 searches per day)
- Initiatives in quality and safety: support of > 70 quality circles in Germany, support of CTCA - Center for Therapy Safety in Chinese Medicine

For further information see www.daegfa.de

Würmtalstraße 54 · 81375 Munich · Germany · Phone +49 / 89 / 710 05 11
Room: Breakfast Symposium  
Cezanne 07:30 - 08:45

B3 Anaesthesia – Acupuncture and Related Techniques in the Perioperative Care Setting
Chairs: U. Kreimeier, Germany  
T. Usichenko, Germany

In the 1980s miraculous stories about performing operations under acupuncture came from China and spread around the world. However, it soon became obvious that acupuncture is not able to substitute modern anesthetic procedures. Since then acupuncture has been banned from the operating room with few exceptions. However, in the last decade acupuncture has been rediscovered because studies showed convincing evidence for the prevention of post-operative nausea and vomiting. From this date an anesthetists restarted to gain experience in additional indications in the perioperative settings. In this clinical breakfast experts will present case reports as a basis for discussion about possibilities and limits of acupuncture in anaesthesia. In addition you will discuss the implementation of anti-emetic acupuncture in a children hospital which was established in all children older than 1 year receiving surgery.

07:30 Get Your Breakfast
07:45 Facilitation of Fibertopic Intubation in Difficult Airway Under Auriculotherapy and Acupuncture of Ren24  
T. Reiter, Germany
08:00 Surgical Analgesia During Dental Extractions  
G. Chaibún, Uruguay
08:15 Management of Acute Postoperative Agitation with Auriculotherapy  
A. Reither, Germany
08:30 Implementing a Standard Protocol for Acustimulation of Pericardium 6 to Prevent Postoperative Nausea and Vomiting in a Primary Care Children Hospital  
C. Amarell, Germany

Room: Breakfast Symposium  
Van Gogh 07:30 - 08:45

B4 Measuring the Physiological Response to Acupuncture
Chairs: J.S. Yu, South Korea  
F. Saha, Germany

How does acupuncture work? This session provides you with answers to this question that cannot yet be found in classical text books. Presenters will explain the importance of neuro-physiological effects of acupuncture for your daily clinical practice, the physiological basis of moxibustion, how acupuncture effects can be visualized by thermoimaging and why combining neural and ozone therapy makes sense from a physiological point of view.

07:30 Get Your Breakfast
07:45 The Phenomenon of Neuroplasticity and Neurophysiological Aspects of Acupuncture in the Clinical Practice  
O. Kovalenko, Ukraine
08:00 Follow-Up of Acupuncture Treatments with the Aid of Infrared Thermoimaging: A Pilot Study  
A.C. Santana, Brazil
08:15 The Psychophysical and Psychophysiological Responses to Heat Stimulation of Electric Moxibustion  
B. Kang, South Korea
08:30 The Combination of Neural and Ozone Therapy – An Overview  
N. Stamer, Germany

Room: Editors Breakfast  
to be announced 07:30 - 08:30

B5 Breakfast Together With the Editors-in-Chief of JAMS, EUJIM, AIM and DZA

How can journals of acupuncture and integrative medicine influence the direction of research? Which topics should be focused on in the near future: basic research, efficacy, comparative effectiveness research, health services research, public standing?

Have a breakfast with:  
Pan Dong Ryu, South Korea: Journal of Acupuncture and Meridian Studies (JAMS)  
David Carr, USA: Acupuncture in Medicine (AIM)  
Nicola Robinson, UK: European Journal of Integrative Medicine (EUJIM)  
Thomas Ots, Germany: German Journal of Acupuncture and Related Techniques (DZA)

Room: Qigong  
Terrace (sunshine)/ Ballroom A (rain) 07:30 - 8:30

Q2 Qigong in the Morning
A. Mietzner

Why don’t you start your day by mobilizing your body and calming your mind? For that purpose I would be very glad to practice some Qigong exercises together with you. The movements are all part of the training system Nei Yang Gong – Internal Cultivating Qigong, and especially good for maintaining or regaining physical health and bringing along inner joy and calmness.

Room: Meditation  
Picasso/Dali 07:30 - 08:30

M2 Meditation

Meditation has proven to be one of the most effective ways to foster health and well-being and to achieve a mentally clear and emotionally calm state. Exercising this morning will
help you to follow the lectures during the day more intensively, to reduce stress if you have
to give a talk or convince your discussion partner in a relaxed fashion.

P3  Can TCM Be Global?
P. U. Unschuld
chairied by W. Stör, Germany

In a way, TCM is global. It is practiced in many countries on all continents.
But this is not sufficient to truly make TCM a global medicine, comparable to the global
presence of so-called Western medicine.
The community of Western medicine is a global community. All members of this community
have access to the same resources and the same knowledge, past and present, and they
share one identical terminology. All members, regardless of their cultural and geographical
background, are legitimized to contribute to the progress of Western medicine.
This is not the case for the world-wide community of TCM practitioners. No standardized
internationally acknowledge terminology has been agreed upon. Chinese TCM practitio-
ners rarely, if ever, acknowledge findings from non-Chinese researchers and practitioners.
Access to historical sources is limited to those capable of reading classical Chinese. Trans-
lations of classical sources into Western languages by Chinese writers are philologically
inadequate and often disguise the true nature of classical Chinese medicine. The motives
why people are interested in TCM differ greatly. There are those who seek an alternative to
Western medicine, and there are others who declare TCM to be part of modern bio-medi-
cine. Hence, the global reality of TCM is one of diverse pockets of different qualities and
different understanding. It is to be hoped that ICMART-iSAMS 2018 in Munich in Septem-
ber 2018 will provide stimuli to move forward toward a genuine globalization of TCM.

P4  Acupuncture, Evidence and Clinical Practice Guidelines –
Is There Synergy?
N. Robinson, UK

Evidence based medicine relies on published research to identify effective treatment ap-
proaches. Therefore, systematic reviews and meta-analyses examining the relative effecti-
veness of an intervention are used to identify and grade the priorities for specific interven-
tions which provide evidence based recommendations to clinicians in the form of clinical
practice guidelines (CPGs). CPGs are developed worldwide, by different organizations,
with different stakeholders and with access to different health care resources. However,
guideline development groups come to very different conclusions, presumably using the
same evidence base? Acupuncture research on effectiveness and safety has increased ex-
ponentially, particularly over the last twenty years. If research evidence indicates that acu-
puncture should be offered as a treatment option and when other effective interventions for
are limited for a specific condition, it follows that it should be considered, particularly given
it is a low cost intervention. However, various problems appear to be operating which affect
patient choice and acupuncture may be ignored or discouraged as a treatment option.
The evidence cited in CPGs may not be the most recent or most appropriate as identified
in a recent scoping of stroke and acupuncture CPGs. The updating cycle of CPGs is often
slow, guideline development groups rarely include an acupuncture expert and may exert
biased opinions in their interpretation of the evidence (such as in the case of non specific
low back pain and sciatica in and osteoarthritis the UK). There has also been an emphasis
on efficacy rather than clinical effectiveness focusing on comparisons of acupuncture with
placebo rather than routine care. Recent evidence suggests that there may be far more
positive recommendations about acupuncture in CPGs than previously thought and medi-
cal, research and acupuncture communities are largely unaware.
Ear acupuncture and auriculomedicine are well established, but development and innovation can still be observed. First of all, it will be shown how constitutional weakness can be strengthened by needle implantation in a comparable way to homeopathic constitutional treatment. Then another innovative approach will explored. Auricular Causative Diagnosis (ACD) aims to determine the inner causes underlying the development of pathologic conditions in order to treat the real root and not only the symptom. It is based on visualization and analysis of the pathologic visual marks at Auricular Points (APs). The ear is innervated by three different parts of the nervous system: parasympathetic fibers, sympathetic fibers and afferents from the peripheral nervous system. Is this the reason why vegetative dysfunctions are such a promising target for ear stimulation? It seems so if we follow a long term observation in patients suffering from migraine including intolerability of light, discoordination and disorientation. This counts also for anxiety as you can learn from a well-designed three armed RCT winning the ICMART Young Scientists Travel Award 2018.

11:00 Homoeopathic Treatment for Sceptics: Needle Implantation Instead of Globuli to Strengthen Constitutional Weakness
   F. Bahr, Germany

11:20 Auricular Causative Diagnosis - Finding the Root of the Disease
   N. Volf, France

11:40 To Check the Results of the Treatment with Auriculotherapy of the Migraines Headache
   K. Shelev, Switzerland

12:00 Auricular Acupuncture vs. Progressive Muscle Relaxation and vs. no Intervention for Exam Anxiety in Medical Students – A Randomized Controlled Trial
   G. Schultz, Germany

12:15 Very Point® Needling: A Unique Acupuncture Technique to Identify Individual Points Opening Access to Body and Emotions - Introduction and Video presentation
   W. Stör, Germany
Room: Symposium 15
Ballroom C 11:00 - 13:00

**S15 Innovations and Reports - A Trip Around the World**

This symposium contains a trip around the world of medical acupuncture. Leading officers from all continents will inform you about latest developments in the use of acupuncture.

Chairs: K. Theodoratou, Greece
F. Genschow, Brazil

11:00 **The International Council of Medical Acupuncture and Related Techniques (ICMART): Brief History, Its Evolution and Current Status**
C. Chan, Australia

11:15 **Acupuncture in Latinamerica**
T. Dawid, Uruguay

11:30 **The Development of Medical Acupuncture in China**
T. Hor, China

11:45 **Review on Korean Medicine Clinic at Polyclinic During PyeongChang 2018 Olympic Winter Games**
H.J. Lee, South Korea

12:00 **Legal and Juridical Aspects of Acupuncture Practice in Brazil**
F. Genschow, Brazil

12:15 **Germany, Acupuncture Arrived Within the National Health System**
H. Luxenburger, Germany

12:30 **Acupuncture in Vienna: Data from the Outpatient Clinic of the Austrian Acupuncture Society on the Occasion of Its 60th Anniversary**
K. Stockert, Austria

12:45 **The first Cooperative Sino-German Postgraduate Master Program in TCM at a Medical University in Germany**
B. Tehrani, Germany

Room: Symposium 16
Cezanne 11:00 - 12:30

**S16 Diabetes as an Inflammatory Disease: Evidence and Research in the Management with TCM**

Symposium in Collaboration with the Iberic-Latin American Federation of Medical Acupuncture Societies (FILASMA)

Chairs: F. Lozano, Mexico
H.G. Schaible, Germany

11:00 **Introduction**
F. Lozano, Mexico

11:10 **Influencing Citokines in Diabetes by Laser Acupuncture**
R. Díaz Rojas, Mexico

11:30 **Diabetes Approach With Distinct, Curious and Main Meridians. Nasal and Sternum Bone Acupuncture Techniques (Yamamura’s Acupuncture System)**
M. Yamamura, Brazil

11:50 **Acupuncture and Insulin Sensitivity**
D. Carr, USA

12:10 **BARBQTCM: BARiatric Basic Questionnaire for TCM: Interest in Complementary Medicine of 2331 Overweight Patients from Germany, Switzerland & Austria**
P. Panhofer, Austria
Room: Symposium 17
Van Gogh 11:00 - 13:00

S17 Hot Topic: Randomized Controlled Trials in Polyneuropathy, Piriformis Syndrome, Fibromyalgia and Asthma Bronchiale
Chairs: M.S. Lee, Korea
J. Audette, USA

The gold standard of all clinical studies is still the randomized controlled trial (RCT), since it has the potential to minimize selection bias and to control for setting effects. If well designed, they provide a proof of principle that a given intervention bears benefits and protects us from overestimating treatment effects. Efficacy measures estimated from RCTs are the basis for evidence based decision making and, therefore, also for the recommendation of acupuncture in clinical guidelines. Thus, RCTs on acupuncture and related techniques are much more than an issue of the academic ivory towers; they are the most important political tool to foster implementation of acupuncture in health care and to support reimbursement by sickness funds. In this session you will learn about the results of four most recent RCTs on the efficacy of acupuncture in the treatment of chemotherapy induced polyneuropathy in breast cancer patients, fibromyalgia and asthma bronchiale as well on the efficacy of neural therapy in piriformis syndrome. The benefits that acupuncture and neural therapy can achieve in these indications are still underestimated in public awareness. These studies close important research gaps and are one step more towards an integration of acupuncture and related techniques in health care.

11:00 Acupuncture in Peripheral Neuropathy After Chemotherapy with Taxan – Results of a Randomised Controlled Trial
J. Stör, Germany

11:20 Quantitative Data for Transcutaneous Electrical Nerve Stimulation and Acupuncture Effectiveness in Treatment of Fibromyalgia Syndrome
M.T. Cabioğlu, Turkey

11:40 Effect of Laser Acupuncture on Exhaled Inflammatory Bio-markers in Chronic Bronchial Asthma
M. Elsheikh, Egypt
ICMART-3B Young Scientists Travel Award 2018

12:00 Evaluation of Neural Therapy Effect in Patients with Piriformis Syndrome
H. Nazlıkul, Turkey

12:20 Discussion

Room: Symposium 18
Picasso/Dalí 11:00 - 12:30

S18 Chinese Herbal Medicine – Efficacy and Safety
Symposium Organized in Collaboration with the International Society for Chinese Medicine (SMS)
Chairs: C.L. Oei-Tan, The Netherlands
J. Hummelsberger, Germany

Chinese herbal medicine is well accepted in China, but in Western countries it does not yet have the importance its merits. There are multiple reasons such as unclear scientific evidence reflected by a lack of rigorous trials for many indications, unsolved safety issues and unsatisfactory availability.

In order to meet these challenges multiple efforts are undertaken. The idea that weighting of risks and benefits of Chinese herbal medicine needs highly trained specialists has reasonably been realized by installing the Center for Pharmacovigilance of German Speaking Countries (CTCA). A report about 15 years of experience at the CTCA will be given by Axel Wiebrecht who serves as director of the CTCA. Josef Hummelsberger, board member of the SMS will address the issue of quality and availability of Chinese herbs by presenting lessons learned during cultivation of Chinese herbs in Germany for 20 years.

Efforts to evaluate the efficacy of Chinese herbal medicine in randomized, controlled trials frequently lead to surprisingly negative results. What can we learn from these negative studies? By using two RCTs in Chinese medicines as examples, Lixing Lao will discuss the challenges in CAT research and possible strategies for future clinical trials.

11:00 Cultivation of Chinese Herbs in Germany Since 20 Years – A Project Overview
J. Hummelsberger, Germany

11:30 Risks and Safety of CAT – 10 Years of German Safety Center (CTCA)
A. Wiebrecht, Germany

12:00 Challenges of Chinese Medicine Clinical Trials: How to Interpret the Data From „Negative“ RCTs?
Lixing Lao, Hong Kong

12:30 An Acupuncture Database and an Online Directory for Practice and Research
H.Y. Truong Tan Trung
**Guided Poster Session 4**

**Room:** Rumford 12:30 - 13:00

**PO4** Acupuncture as a Component of Integrative Healthcare
Chairs: M. Bijak, Austria  
R. Pothmann, Germany

**PO4.2** The Munich Outpatient Program in Complementary and Alternative Medicine (MOCAM) for Chronic Pain - A Long-Term Follow-Up
A. Häusler, P. Bäumler, D. Irnich (Germany)

**PO4.3** Acupuncture as Part of a Multidimensional Regulative Approach in Depression
E. Katardjieva (Germany)

**PO4.4** A Comparative Study with Regard to the Attitudes and Knowledge of People
E. Koutoulaki, A. Polyzoi, C. Artemis, I. Kiourtzidou, C. Kazazis (Greece)

**PO4.5** Acupuncture and Massage Therapies for Disaster Victims
S. Takayama, M. Masataka, S. Kaneko, T. Ishii (Japan)

**PO4.6** Refugees Welcome – NADA Acupuncture with Refugees and for Everyone in Germany
E. Friedrichs, U. Alban (Germany)

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**Guided Poster Session 5**

**Room:** Rumford 12:30 - 13:00

**PO5** Discovering the Efficacy of Acupuncture in Neuropathic Pain
Chairs: H. Nazlikul, Turkey  
J. Bachmann, Germany

**PO5.1** Scalp Electroacupuncture (SEA) Attenuates Pain Intensity and Improves Functional Activity in Patients with Complex Regional Pain Syndrome (CRPS)
M. Ogata, H. Tetsuji, K. Takashi (Japan)

**PO5.2** Application of Acupuncture in Neuropathic Pain
H. Alp (Turkey)

**PO5.3** Acupuncture for Acute Herpes Zoster – Secondary Outcomes of a Randomized Controlled Non-inferiority Trial
C. Stratmann, P. Bäumler, K. Kramer, F. Fleckenstein, D. Irnich (Germany)

**PO5.4** Neuromodulation in Pain Therapy of Mononeuropathies – Why not by Acupuncture?
U. Kock, S. Sator-Katzenschlager (Austria)

**PO5.5** Acupuncture and Neural Therapy for Trigeminal Neuralgia and Tension Type Headache
F. Ural, H. Nazlikul (Turkey)

**PO5.6** Sensory-Testing ‘on Site’: Integrating Very Point Technique (VPT) from Acupuncture into Diagnosing and Handling Neuropathic Phenomena
U. Kock, S. Sator-Katzenschlager (Austria)
Room:  Guided Poster Session 6
Rumford  12:30 - 13:00

PO6  Distinct Acupuncture Stimulation Techniques and Influence of Expectation
Chairs:  J.S. Yu, South Korea
        H. Liertzer, Austria

PO6.1  Clinical Effect of Subcutaneous Floating Needling and Cupping–Bleeding on the Painful Syndrome (Bi Tong Zheng)
Y. Hou, F. Xu (Canada)

PO6.2  Therapeutic Effect of Cutaneous Needling and Cupping–Bleeding the Acupuncture Points on the Numbness and Pain of Blood Stagnation
Y. Hou, F. Xu (Canada)

PO6.3  The Role of Context Effects in Acupuncture Practice: A Qualitative Study Based on Semi-structured Interviews with Acupuncturists in Private Practice in Three Different Locations
S. Theiss, F. Moir (UK)

PO6.4  Expectations of Physiological Response Can Change the Somatosensory Experience of Acupuncture Stimulation
H. Song, H.S. Song, Y. Chae (South Korea)

PO6.5  The 5 Layers of BIAO of Chinese Medicine and Their Correspondences in the Scientific Understanding of Modern Acupuncture
R. Wagner (Germany)

PO6.6  Alternative Approach Using OPC (Objective Performance Criteria) Instead of Control Group in Clinical Trials: The French Experience in Obstetrics
J. Stephan, T.N. Brignol (France)

Room:  to be announced  13:00 - 14:00

Editorial Board Meeting German Medical Acupuncture Journal (DZA)

Room:  to be announced  13:00 - 14:00

Meeting DÄGfA Qualitätszirkel

Room:  Symposium 19
Ballroom A  14:00 - 15:45

S19  Bringing the Autonomic Nervous System in Balance
Chairs:  H.G. Schaible, Germany
        L. Lao, Hong Kong

This outstanding symposium starts with a lecture of Prof. Dr. Hans-Georg Schaible, Institute of Physiology, FSU Jena, Germany, who is one of the most renown neurophysiologist sand has substantially contributed to the current knowledge of mechanisms underlying inflammatory and chronic pain. He will talk about the autonomic nervous system and interactions with sensory and immune functions. After this update on the physiology and pathophysiology Prof. Jianbin Zhang approaches the question whether acupuncture may have a clinically relevant influence on the autonomic nervous system. Prof. Jianbin Zhang, Nanjing University of Chinese Medicine, PR China, has published key papers on the effect of acupuncture and moxibistion on the autonomic nervous system. You will be provided with an overview of the current state of evidence for the effectiveness of acupuncture in both gastrointestinal as well as sleeping problems and how the underlying mechanisms are interrelated.

Insomnia is a great challenge to the physical and mental health of individuals. Prof. Lixing Lao, Director of the School of Chinese Medicine, The University of Hong Kong and Adjunct Professor of Family Medicine and the Director of Traditional Chinese Medicine Research Program in the Center for Integrative Medicine, University of Maryland, Baltimore (UMB), USA will present current data on the effect of acupuncture in patients suffering from primary insomnia. Last but not least we want to start thinking outside the box. Francesc Minguell-Martín, President of the Veterinary Acupuncturists of Mediterranea (V.A.M) and Board Member of ICMART show us that some digestive disorders in small animals can be treated with TCM methods. As there are evident parallels with human diseases, and success rates in small animals are elevated, why not to treat human using the same therapeutic approach?

This symposium opens a fascinating perspective on how acupuncture can improve health and wellbeing.

14:00  The Autonomic Nervous System: Physiology, Evaluation of Functions and Interactions with Sensory and Immune Functions.
H.G. Schaible, Germany

14:30  Acupuncture and Moxibustion for Regulation of Digestion and Sleep: The Current State of Evidence
J. Zhang, China

15:00  Efficacy and Safety of Acupuncture Treatment on Primary Insomnia: A Randomized Controlled Trial
L. Lao, Hong Kong

15:30  Digestive Disorders in Small Animal’s Clinically Related to Human Diseases
F. Minguell-Martín, Spain
Room: Symposium 20
Ballroom B 🇨🇭🇺🇸🇦🇷  
14:00 - 15:45

**S20  The Best Way to Do Research**

Chairs: C. Witt, Switzerland  
V. Napadow, USA

Searching for “acupuncture” in pubmed, the leading database for medical research, results in more than 28,000 references. A search for the term “research methodology” produces more than 120,000 hits. This leaves anyone who is not deeply into research with nothing but helplessness, and many questions remain open.

How to evaluate the quality of studies? How can results be interpreted? What is the reason why results of high quality clinical trials cannot be transferred to routine care? How strong is the influence of the trial design on the outcome? Does clinical experience and simple observation still play a role nowadays?

To answer these questions you need the best knowledge in acupuncture as well as in research methodology and much experience in designing, performing and publishing clinical trials.

Accordingly, the session will be rounded up by an outstanding contribution to high quality research.

We will present to you the study winning the ICMART Science Award 2018!

14:00  **Efficacy and Effectiveness Studies – Where Do We Stand and What is Needed?**  
C. Witt, Switzerland

14:25  **Quasi-Experimental and Observational Studies of Acupuncture: How to Get Published?**  
D. Carr, USA

15:50  **Acupuncture in Sham Device Controlled Trials May Not Be as Effective as Acupuncture in the Real World: A Preliminary Network Meta-Analysis**  
M.S. Lee, South Korea

15:15  **ICMART Science Award 2018**  
Presentation of the awarded research project  
Laudatio by D. Irnich, Germany

Room: Symposium 21
Ballroom C  
14:00 - 15:45

**S21  Overcoming Obstacles and Pitfalls in Acupuncture**

Chairs: F. Lozano, Mexico  
J. Hummelsberger, Germany

Medical acupuncturists are facing obstacles and pitfalls in daily practice. These may diminish acupuncture effects and its reputation in the medical community. Among others Dr. Beate Strittmatter from the German Academy of Acupuncture (DAA) will show the importance of disturbance fields in acupuncture and how to eliminate them. Dr. Thomas Burgoon, past president of the American Academy of Medical Acupuncture (AAMA), will put together a coherent answer to sceptics, who doubt about the effectiveness of acupuncture. Subsequently, Dr. Guillermo Chaibun, current president of the Uruguyan Acupuncture Association, will approach the question whether there are acupuncture points that should be avoided in pregnant women. Then, last but not least, Dr. Tomas Dawid, director at large and Chair of the Latinamerican Chapter of ICMART, will elaborate on the public health consequences of rejecting persons who received acupuncture from blood donation.

14:00  **Importance of Dissolving Disturbance Fields for Overcoming Therapy Resistance**  
B. Strittmatter, Germany

14:20  **How to Explain to Sceptics that Acupuncture Works**  
T. Burgoon, USA

14:40  **Hazardous Acupuncture Points in Pregnancy – True or False? A Review**  
G. Chaibun, Uruguay

15:00  **Acupuncture and Blood Donation**  
T. Dawid, Uruguay

15:20  **TPCI Test Parameter Checked Infiltration of Local Anaesthetics – A Diagnostic Tool in Neural Therapy to Improve the Diagnostic and Therapeutic Outcome**  
J. Osztovics, K. Gold-Szklarski, Austria
Musculoskeletal Disorders II and Migraine

Chairs: N. Behrens, Germany
K.H. Kim, South Korea

As before said musculoskeletal disorders are a major health problem and acupuncture was proven effective as a treatment. The same accounts for migraine for which acupuncture was shown to be as effective as standard drug treatment. However, in some patients clinical relevant improvements are hard to achieve and treatment approaches need to be more complex. Outstanding experts will illustrate their approaches developed over decades of clinical work. This starts with tuina which as one of the pillars in TCM can complement modern manual medicine. The session then continues with a presentation on a particularly systematic form of dry needling, the Gunn Intramuscular Stimulation and takes a look at indications like scoliosis, orbitopathy, mononeuritis and motor neuron disease. Subsequently, the chances arising from an integration of acupuncture, osteopathy and neural therapy in the treatment of knee pain and migraine are outlined. Finally, the potential of jing bie electroacupuncture and chrono acupuncture for the prevention of migraine are illustrated by means of two clinical cases.

14:00 TuNa – Chinese Contributions to Manual Medicine
J. Bachmann, Germany

14:20 Gunn Intramuscular Stimulation (Gunn IMS) – Beyond Neuropathic Pain
T. Ong, Malaysia

14:40 Integration of Acupuncture and Osteopathy in the Treatment of Lateral Knee Pain
U. Mazzanti, Italy

A New Strategy for Migraine Patients: The Combination of Neural Therapy, Acupuncture and Osteopathy
S. Popat, Germany

Prevention of Migraines by Treatment of Jing Bie, Electroacupuncture and Chrono Acupuncture: Synthetic Study About Two Clinical Cases
J.M. Stephan, France

Strengthening the Middle: Japanese Kampo Medicine in Gastroenterology

Symposium in collaboration with the International Society for Japanese Kampo Medicine (ISJKM)

Chairs: H. Reissenweber-Hewel, Germany
K. Watanabe, Japan

Kampo Medicine has its roots in ancient Chinese Medicine, and has developed since. Recent decades saw a revival of Kampo accompanied by its scientific reevaluation and critical examination of its potential in modern integrative health care. Medical doctors in Japan, who are educated in a Western medical system, can use this evidence-based medicine complementary to their daily practice.

For example well-defined evidence-based and controlled prescriptions of the traditional phytotherapy, Kampo Medicine, are used within the modern health system to complement tumor therapy. You will be provided with examples illustrating that Kampo medicine has achieved a high level of scientific evidence. The Kampo prescription Daikenchuto (DKT) has traditionally been used for abdominal pain or abdominal fullness especially if patients were exposed to a cold environment. Today there is convincing evidence that Daikenchuto can support recovery in patients undergoing visceral surgery.

Functional gastrointestinal disorders (FGIDs) like functional dyspepsia (FD) or irritable bowel syndrome (IBS) are among the most preferred target indications for a treatment with herbal Kampo prescriptions.

This symposium will give an overview of the current state of research and will provide pragmatic first-hand information for the practitioner.

14:00 The Role of Kampo in Gastrointestinal Oncology
S. Cameron, Germany

14:30 Japanese Kampo Medicine in the Management of Patients with Functional Gastrointestinal Disorders
H. Reissenweber-Hewel, Germany

15:00 The Japanese Herbal Kampo Formula Daikenchuto Reduces Hospitalization after Colon Cancer Surgery
K. Watanabe, Japan

15:30 Discussion
Room: Symposium 24
Picasso/Dali 14:00 - 15:45

**S24 Acupuncture Can Improve Neuropathic Pain**  
Chairs: H. Ayati, Iran  
M. Reith, Germany

Neuropathic pain is pain that arises as a direct consequence of a lesion or diseases affecting the somatosensory system. Pain with neuropathic characteristics is generally more severe and is associated with worse health in every measured dimension compared to non-neuropathic pain (IASP fact sheets). Standard analgesics are relatively ineffective in neuropathic pain. Recommended approaches show a high rate of side effects or effect sizes are relatively low. Hence, there is a need for complementary approaches. In this symposium experienced acupuncturists report about their observations and exploratory studies which lead to the conclusion that acupuncture seems to be a promising option.

14:00 **Functional Physiology in Acupuncture and Verification Using the Example of Polyneuropathy Treatment**  
A. Pollmann, Germany

14:20 **Amputation Stump Pains and Acupuncture**  
P. Sautreuil, France

14:40 **Application of High Frequency Electro-acupuncture in Treating Post Herpetic Neuralgia**  
C. Chan, Australia

15:00 **Evaluation of the Effectiveness and Safety of Electroacupuncture in Patients with Intractable Neuropathic Pain**  
S. Lee, South Korea

15:20 **Acupuncture for Chemotherapy-Induced Peripheral Neuropathy (CIPN) in Breast Cancer: ACU-CIPN a Pilot Study**  
A. Poini, Italy
**High Level of Experience - Discovering New and Old Opportunities of Acupuncture**

Chairs: N. Behrens, Germany  
O. Cuignet, Belgium

In this clinical breakfast you will be able to meet four specialists for acupuncture and related techniques with an outstanding level of clinical experience. They will present cases which illustrate the still underestimated opportunities of acupuncture and related techniques. First, you will learn about an exciting case in which electroacupuncture assisted the recovery from a serious injury of the sciatic nerve. Subsequently, you may learn about an innovative approach in which acupuncture and collagen injections are combined to restore and reinforce damaged anatomical structures and consequently improve pain and function in patients suffering from musculoskeletal disorders. Then the remarkable effects of neural therapy in combination with ozone in the treatment of synovitis related joint pain will be shown. The session closes with a study from one of the leading experts in the application of acupuncture in eye complaints which objectified the stress reduction after acupuncture in patients suffering from dry eye syndrome.

07:30  **Get Your Breakfast**

07:45  **Acupuncture after Traumatic Lesion of the Sciatic Nerve as a Highly Important Part of Multimodal Pain Management**  
M. Reith, Germany

08:00  **Simultaneous Use of Acupuncture and Collagen Injections in the Treatment of the Musculoskeletal System**  
L. Fildan, Czech Republic

08:15  **Neural Therapy Combined with Ozone in Cases with Shoulder or Knee Pain due to Synovitis**  
U. Günter, Germany

08:30  **Stress Reaction and Acupuncture in Dry Eye Syndrome**  
J. Nepp, Austria

**Qigong in the Morning**

A. Mietzner

Why don’t you start your day by mobilizing your body and calming your mind? For that purpose I would be very glad to practice some Qigong exercises together with you. The movements are all part of the training system Nei Yang Gong – Internal Cultivating Qigong, and especially good for maintaining or regaining physical health and bringing along inner joy and calmness.
In clinical practice we often forget about the basic and epidemiological science to which we owe some of the most groundbreaking advances in medicine. This is even true for traditional Chinese and Korean medicine. Their acceptance and attention in the modern medical society is mainly based on the knowledge gained from studies about its underlying mechanisms and its effectiveness. This symposium aims to update you on some of the latest results of basic research on Ginseng and the relationship between meridians and connective tissue. An encouraging example of the success of a multimodal treatment integrating acupuncture in TCM for treating rheumatic diseases, psychosomatic and pain syndromes will be given. The session closes with an overview on a science-based explanation of why acupuncture can effectively assist to reduce obesity.

07:30  Get Your Breakfast

07:45  Anti-Fatigue Properties of Cultivated Wild Ginseng Pharmacopuncture and Its Active Component Panaxyl
      H. Yoo, South Korea

08:00  Intravenous Pharmacopuncture of Mountain Ginseng
      J.S. Yu, South Korea

08:15  The Relationship of Acupuncture and Meridians to Connective Tissue
      K. Ozerkan, Turkey

08:30  Complex Role of Acupuncture and TCM in the Management of PN(E)I / Psycho-Neuro-(Endocrino)-Immunological Disorders – A Database of a Long Time Study
      H. Muraközy, Germany

08:45  An Alternative Method of Obesity Treatment: Acupuncture
      H. Kara, Turkey

Sunday, September 9, 2018

Functional and chemical brain imaging has fundamentally contributed to understanding mechanisms of acupuncture. Three outstanding researchers in the field will provide an up-to-date overview on how acupuncture impacts neuroplasticity and regulates the autonomic nervous system, and how these insights can help to optimize treatment.

09:00  Rewiring the Primary Somatosensory Cortex in Carpal Tunnel Syndrome With Acupuncture
      V. Napadow, USA

Neuroplasticity, also known as brain plasticity and neural plasticity, is the ability of the brain to change throughout an individual’s life, e.g., brain activity associated with a given function can be transferred to a different location, the proportion of grey matter can change, and synapses may strengthen or weaken over time. Groundbreaking studies will be presented on the example of carpal tunnel syndrome, which show the ability of acupuncture to influence neuroplasticity.

09:30  Self-Acupressure for Pain and Co-Occurring Symptoms in Cancer Survivors: Efficacy and Mechanisms
      R. Harris, USA

Many cancer survivors exhibit so-called sickness behavior, persistent pain, fatigue, mood, sleep, and cognitive disturbance. Emerging data suggest that functional and chemical brain imaging can allow researchers and clinicians to understand what brain factors drive these symptoms and how acupressure treatments can be individually tailored.

10:00  Effects of Acupuncture on the Autonomous Nervous System – Evidence From Brain Imaging
      F. Beissner, Germany

How does a somatosensory signal as a needle stimulus during acupuncture trigger a therapeutic effect? Neuroscience has approached this question during the last decades, and traditional theories were translated to neurophysiological mechanisms. Like to other research methodology, brain imaging has assisted to prove acupuncture’s capacity to balance the autonomic nervous system.
Acupuncture and TCM have an almost unlimited number of areas of application in health care. This is mainly due to the fact that it can be used to treat pain and to balance the autonomous nervous system which is beneficial in almost any disease, disorder or simply impaired wellbeing. Furthermore, the treatment setting of TCM therapies inherently bears the possibility to form a unique patient-therapist relationship which is the basis for a holistic therapeutic approach. This may even include other psychophysical or psychotherapeutic treatment elements. Such a treatment setting however needs to be adapted to the given environment and to the cultural background of both patients and therapists. The speakers in this symposium will provide you with their longstanding clinical experience about how acupuncture and TCM, either alone or in combination with other treatment approaches, can assist lifestyle changes and can even relieve and prevent psychiatric diseases. Finally, a late breaking study on whether acupuncture is beneficial in the post-operative care setting in an Ethiopian hospital will be presented.

11:00 Medical Acupuncture as a Tool of Lifestyle Medicine
K. Theodoratou, Greece

11:25 The Treatment of Panic Disorder with Acupuncture and Cognitive-Behavioral Psychotherapy
T. Ots, Austria

11:50 Depression and Dementia – Integrative Nutrition and Chinese Dietetics
U. Siedentopp, Germany

12:15 Psychotonik Glaser® – A Body Therapy Based on the System of Acupuncture
N. Behrens, Germany

12:40 Acupuncture Versus Patient Education: A Nonrandomized, Open-Label, Controlled, Longitudinal Observational Study
M. Tesfaye, Ethiopia
ICMART-3B Young Scientists Travel Award 2018
Room: Symposium 27
Ballroom C
11:00 - 13:00

**S27  Acupuncture Without Borders – How to Improve Health After Disasters**

Symposium in Collaboration with the National Acupuncture Detoxification Association (NADA)

Chairs: R. Raben, Germany, H. Luxenburger, Germany

Acupuncture is used worldwide to treat trauma through environmental disasters and devastation, low medical resources, war, violence and refugee crises. We want to take a closer look at the various initiatives and their background based on first-hand witnesses.

11:00  **Introduction**  
R. Raben, Germany

11:10  **In Nepal after the Earthquake**  
E. Wenus, USA

11:30  **Acupuncture Training in Disaster Areas Promotes “Helping People, Help Themselves”**  
J. Pimentel-Paredes, the Philippines

11:50  **Acupuncture and Massage Therapies for Disaster Victims**  
S. Takayama, Japan

12:10  **Refugees Welcome – NADA Acupuncture and Qigong with Refugees and Helpers in Germany**  
E. Friedrichs, Germany

12:30  **Acupuncture without Borders**  
W. Henry

12:50  **Discussion**

Room: Symposium 28
Cezanne
11:00 - 12:30

**S28  Acupuncture in Gynecology and Reproduction Medicine**

Chairs: F. Lozano, Mexico  
J. Stör, Germany

Since drug treatments are often contraindicated in mothers-to-be, non-medical treatment approaches are of particular importance during pregnancy, childbirth and reproduction medicine. However, especially during pregnancy particularly well-trained experienced hands are needed in order minimize risks of side effects for both the mother and the child.

Can pregnancy rates be improved by treating the expecting mothers and fathers with acupuncture? Can complications during pregnancy be prevented by acupuncture? These questions are intensively and conversely discussed. Four experienced practitioners will share their reasoned opinions based on clinical observation and their latest research results.

11:00  **Acupuncture Integral Treatment of Women Depending on the Stage of Their Menstrual Cycle**  
F. Lozano, Mexico

11:20  **Prevention of Preeclampsia by Acupuncture**  
A. Pelletier-Lambert, France

11:40  **Effectiveness of Acupuncture on Pregnancy Success Rates for Women Undergoing in Vitro Fertilization: A Randomized Controlled Trial**  
Y. Cayir, Turkey

12:00  **Treating Male Infertility with Acupuncture: From Case Reports to a Clinical Trial**  
M. Martin, France

12:20  **Discussion**
Room: Symposium 29
Van Gogh 11:00 - 12:30

S29  New Insights into Neural Therapy
Symposium in Collaboration with German Society for Acupuncture and Neural Therapy (Deutsche Gesellschaft für Akupunktur und Neuraltherapie e.V., DGfAN)

Chairs: F. Saha, Germany
P. Piehler, Austria

This symposium will present new insights into characteristics, diagnostic and therapeutic effects of neural therapy based on latest studies. Felix Joyonto Saha will present latest data to the inter-rater-reliability of Adler-Langer (neck-reflex) points that are commonly used as a diagnostic tool. Hüseyin Nazlikul will show his recent results on neural therapy in neurogenic detrusor overactivity in multiple sclerosis. Heidemarie Haller will present insights gained from a qualitative study on patient experiences during neural therapy that help to understand how neural therapy works and how treatment can be optimized. Finally, Fatma Gülcin Ural reports about the efficacy of neural therapy in lateral epicondyliitis.

11:00  The Inter-Rater Reliability and Reproducibility of Neck-Reflex-Points (Adler-Langer-Points) as a Diagnostic Instrument in Neural Therapy
F. Saha, Germany

11:20 Efficacy of Peripheral Lidocaine Application (Neural Therapy) in the Treatment of Neurogenic Detrusor Overactivity in Multiple Sclerosis Patients
H. Nazlikul, Turkey

11:40 Emotional Release and Physical Symptom Improvement: A Qualitative Analysis of Therapeutic Mechanisms of Neural Therapy
H. Haller, Germany

12:00 Evaluation of Neural Therapy Effects in Patients with Lateral Epicondyliitis: A Randomized Controlled Trial
F. Ural, Turkey

12:20 Discussion

Room: Symposium 30
Picasso/Dali 11:00 - 12:30

S30  Acupuncture Science: From Mechanism towards Clinical Effectiveness
Projects Funded by the Scientific Chapter of the German Medical Acupuncture Association (DÄGA)

Chairs: W. Banzer, Germany
J. Audette, USA

This symposium is supported by the Scientific Chapter of the German Medical Acupuncture Association (DÄGA).

Since 1997 DÄGA has granted more than 700,000 € to enroll and conduct research projects examining the underlying mechanisms of acupuncture and determining its clinical effectiveness. This session will highlight four of the granted projects which represent the wide range of funding. Hereby, DÄGA funding aimed to widen indications, to meet new challenges and to search for new paths in research projects which are generally not supported by public research funding. We invite you to follow up on the results of these clinical trials, one in neonates and one of the few trials performed in acute herpes zoster. In basic research you will hear results on epigenetics and on sports medicine.

11:00 Introduction und Overview of Granted DÄGA Projects in the Last 20 Years
W. Banzer, Germany

11:10 Laser Acupuncture on LI 4 Compared with Oral Glucose Administration for Pain Prevention in Healthy Term Neonates Undergoing Routine Heel Lance
W. Raith, Austria

11:30 Acupuncture in Acute Herpes Zoster (AcuZoster)
P. Bäumler, Germany

11:50 Acupuncture-Induced Mobilization of Stem Cells with Neurogenic Potential in Patients With Spinal Cord Injuries
S. Moldenhauer, Germany

12:10 Acupuncture on Symptoms and Muscle Function in Delayed-Onset Muscle Soreness
W. Banzer, Germany
PO7 Advances in Diagnosis and Treatment of Musculoskeletal Disorders
Chairs: S. Popat, Germany
H. Ayati, Iran
PO7.1 Development of New Acupotomy Device Based on Acupotomy Clinical Trials
J.H. Kim (South Korea)
PO7.2 Medical Level Scheme with Neural Therapy, Acupuncture, Complementary Medicine to Treat Treatment-Resistant Ankle Pain after Trang
T. Nguyen, T.T. Nguyen, B. Lange, C.R. Pohl, W. Vogelsberger (Germany)
PO7.3 Accuracy of Diagnostic Criteria for Myofascial Trigger Points – A Prospective Cross-sectional Study in Chronic Pain Patients
K. Hupe, P. Bäumler, D. Irnich (Germany)
PO7.4 Diagnosis of Myofascial Pain Syndrome in Chronic Pain Patients in Daily Clinical Practice
H. Pott, P. Bäumler, D. Irnich (Germany)
PO7.5 The Effectiveness and Safety of Electroacupuncture (EA) for Nonspecific Chronic Low Back Pain: A Systematic Review
D.Y. Choi, J.R. Park, N. Dongwoo (South Korea), P. Bäumler, D. Irnich (Germany)
PO7.6 Electroacupuncture in Ankylosing Spondylitis Pain Control: Preliminary Results of a Single-arm Pilot Study
W.L. Lam, W.F. Yeung, C.S. Lau, H. Chen, L. Lau (Hong Kong)

PO8 Applications of Acupuncture in Neurology
Chairs: P. Sautreuil, France
M.S. Lee, South Korea
PO8.1 NADA-Auriculoacupuncture as a Symptomatic Treatment for Agitation in People with Dementia: A Randomized, Controlled, Rater-Blind Pilot Study
C. Colling, V. Holthoff-Detto (Germany)
PO8.2 Acupuncture for Spasticity after Stroke: A Systematic Review and Meta-Analysis
S. Lim (South Korea)
PO8.3 With Acupuncture More Quality of Life for Patients Suffering from Parkinson Disease
D. Zeise-Süss (Germany)

PO8.4 Acupuncture in Chorea Huntington
D. Zeise-Süss (Germany)
PO8.5 Intraoperative, Real-time Monitoring of Cerebral PiO2 during a Cerebral Artery Aneurysm Clipping and Simultaneous Electroacupuncture Stimulation
P. Zogopoulos, G. Tsanis Georgios, N. Papageorgiou, N.E. Chatzidakis,
G. Vretakos, D. Rologis (Greece)
PO8.6 Nerve Entrapment through Myofascial Taut Bands and Trigger Points – A Commonly Underestimated Cause of Neuropathic Pain
D. Irnich (Germany)

PO9 New Trends in Research on Acupuncture and Traditional Herbal Medicine
Chairs: K.H. Kim, South Korea
Yamamura, Brazil
H. Chu, C. Kim, J. Seo, J.K. Kim, Y. Gwangju Moon, K.K. Gwangju Sung, S. Lee
(South Korea)
PO9.2 Validation of the High-Resolution Electrical DermaScan (Hi-REDS) as a Tool for Measuring Electrical Skin Resistance over Acupuncture Points
A. Karvounis, P. Bäumler, D. Irnich (Germany)
PO9.3 Effects of Daegangwhal-Tang Hot Aqueous Extract on Anti-inflammation and Anti-Oxidation in RAW 264.7 Macrophage
J. Lee, C. K. Lee, E. Y. Lee (South Korea)
M. Tsunematsu, M. Imai Motoyuki, K. Imai Kenji (Tokyo)
PO9.5 Analytical Method Validation of KCHO-1(Mecasin) and a Study on Its Chronic Toxicity
M. Yang, M. Yang, S. Lee, S. Kim (South Korea)
PO9.6 Natural Compounds Potentially Suppressible Corona Virus Infection Disease
The workshop will provide opportunity to practice these techniques. All diagnostic procedures and injections will be explained and commented in the conference. The stimulation of this Causative Auricular Point tremendously increases therapeutic success, in other words: the frontal and occipital neural exit points, or the temporomandibular block. Various highly effective injection patterns will be demonstrated, such as: the frontal, lateral, and posterior magical triangle, together with its neurological connections. If no positive effects are achieved, targeted injections within the framework of an expanded segmental therapy can cut off the control centers of the stimuli conduction. These are injections given at sympathetic and parasympathetic ganglia, as well as at accessible arteries. If, however, these local stimuli interruptions should fail, then you should look for and treat any interference fields. Approximately 70 - 90% of all fields of interference are located within the head region; this circumstance explains the high effectiveness of deleting cephalic interference fields with the appropriate injection patterns. Injections given at the following sites: paranasal sinuses, teeth, tonsillar poles, and ears, or lower abdominal organs in men and women. Neural therapy should be combined with manual medicine. In this way you can interrupt stimuli originating in the vertebrae and irradiating into the head. This targeted stimuli reduction controls 70% of all therapeutic refractory cephalgias. All diagnostic procedures and injections will be explained and commented in the conference. The workshop will provide opportunity to practice these techniques.

Sunday, September 9, 2018

Meeting Berufsverband Deutscher Akupunktur-Ärzte

Room: Assembly

to be announced

13:00 - 14:00

C1 – Closing Ceremony and Awards

· Summary of the most important key messages
· Outlook to ICMART 2019, 25-27 October 2019 at the Gold Coast of Australia
· Presentation of the Poster Awards

Room: Master Workshop 1

Ballroom A

15:00 - 16:30

MW1 Neural therapy for Acupuncture Non Responders – Headache Conference
R. Wander, Germany

Whenever acupuncture and analgesics fail to control cephalgias it is worthwhile deleting peripheral over stimulation conditions with neural therapy. Peripheral stimuli are conducted through the spinal, sympathetic, parasympathetic, and vascular systems. The most frequent stimuli originate in the internal organs located within the head. These are: the paranasal sinuses, the teeth within the maxilla or the mandibula, the tonsils, and the ears. The diagnosis of the stimulation sources is based on the pressure points of the neck, the Adler-Langer-pressure points. The neural therapeutic arsenal encompasses segmental therapy, expanded segmental therapy and interference field therapy. Trigeminal stimuli can be switched off via “the crown of thorns”, in other words: the frontal and occipital neural exit points, or the temporomandibular block. Various highly effective injection patterns will be demonstrated, such as: the frontal, lateral, and posterior magical triangle, together with its neurological connections. If no positive effects are thus achieved, targeted injections within the framework of an expanded segmental therapy can cut off the control centers of the stimuli conduction. These are injections given at sympathetic and parasympathetic ganglia, as well as at accessible arteries. If, however, these local stimuli interruptions should fail, then you should look for and treat any interference fields. Approximately 70 - 90% of all fields of interference are located within the head region; this circumstance explains the high effectiveness of deleting cephalic interference fields with the appropriate injections given at the following sites: paranasal sinuses, teeth, tonsillar poles, and ears, or lower abdominal organs in men and women. Neural therapy should be combined with manual medicine. In this way you can interrupt stimuli originating in the vertebrae and irradiating into the head. This targeted stimuli reduction controls 70% of all therapeutic refractory cephalgias. All diagnostic procedures and injections will be explained and commented in the conference. The workshop will provide opportunity to practice these techniques.

MW2 Microsystems and Beyond – The Trauma-Dissolving Approach
J. Gleditsch, Germany

The microsystems of acupuncture (MAPS = Micro-Acu-Point-Systems) are organized and interconnected cybernetically, whilst meridian-acupuncture depends on the body’s energy flow. Treatment of posttraumatic disorders has become an acute need in psychotherapy. Obviously shock-traumata are engrammed not only in the psyche but also somatically in the outer tissues of the organism, i.e. the haptic system. This is the same tissue and network where informative MAPS-acupuncture works. MAPS therapy, therefore, is most suitable for finding and dispersing the somatic site in question where the shock has been bodily fixed and engrammed. Ear-acupuncture as suggested by the NADA-protocol was applied effectively in hundreds of traumatized children following the 9-11-shock in New York. The vertical line of Shu-points is informatively linked with the MAPS-network. Acupuncture experience teaches that all kinds of psychological ballast mainly burdens man’s back. The paravertebral region and the Shu-points are affected in the first place. Another very effective approach for overcoming psychological disorders is treatment of specific hand points, especially of metacarpale V.

Room: Master Workshop 2

Ballroom B

15:00 - 16:30

MW3 Auricular Causative Diagnosis: Approach for the Treatment of Acute and Chronic Locomotor Conditions
N. Volf, France

“A Bad Doctor sees the symptom and relieves it; a Good Doctor finds the inner cause of the pathological condition and treats the illness; The Best Doctor discovers the fragility of the body before the symptom appears and prevents the illness.”

The aim of Auricular Causative Diagnosis (ACD) is to discover the inner cause of the pathological condition. It is based on the visualization and the analysis of the pathologi-cal marks in auricular points. ACD allows the physician not only to precisely identify an existing illness, but more than that, to determine which inner organ is fragile and there-fore, responsible for the development of the symptom. ACD can even anticipate and reveal developing pathological processes before their clinical manifestation and therefore can prevent illnesses. The stimulation of this Causative Auricular Point tremendously increases therapeutic success, leads to immediate relief of the pathological symptom, helps to recover organ functions, and can prevent illnesses.

Room: Master Workshop 3

Cezanne

15:00 - 16:30
This is why many common conditions can and should be treated with the help of ACD. Since different causes can be at the origin of identical symptoms, the discovery of the true inner problem through ACD, helps physicians treat the root of symptom and improves the efficiency of the treatments.
Auch die komplementäre Behandlung akuter Schmerzen wird Thema sein. TCM und CAM sowie die interdisziplinäre, multimodale konventionelle Schmerztherapie erhalten Sie Einblicke in 20 Jahre Erfahrung bei der Implementierung von Akupunktur, systems (z.B. Qigong, TaiChi, Yoga) und steigern die Selbstwirksamkeit der Patienten (z.B. Effekte auf die körperliche Funktionsfähigkeit und die Balance des vegetativen Nerven- te bei der IMST sein. Denn diese Therapieansätze wirken schmerzlindernd, haben positive Akupunktur sowie andere Verfahren der TCM und CAM können wertvolle Therapieelemen- Maßnahmen und wird häufig in Gruppenprogrammen angeboten.


Die Bedeutung der Akupunktur, der TCM und komplementärer Verfahren in der multimodalen Schmerztherapie – Drei Modellprojekte

Vorsitz: J. Audette, USA

G. Dobos, Deutschland


09:00 Einführung: Bedeutung komplementärer Verfahren in der Schmerztherapie
J. Audette, USA

09:15 Komplementäre und integrative Schmerzmedizin – “Das Essen-Model”
W. Kohl, Deutschland

09:40 Integrierte chinesische und westliche Therapien in der Behandlung von akutem Kreuzschmerz in einem öffentlichen Krankenhaus in Hong Kong
V. Hau, Hong Kong

10:05 Das Münchner Naturheilkundliche Schmerzintensivprogramm (MNS) – Konzept und Langzeitergebnisse
D. Imich, Deutschland
Die Opiatkrise führte in den USA zu 40.000 Toten im Jahr 2016, Tendenz deutlich steigend. Dies ist eine besondere Situation, die nicht auf Deutschland zu übertragen ist, aber auch hierzulande sind bedenkenswerte Anstiege beim Gebrauch von starken Opioiden bei chronischen Nicht-Tumorschmerzen beschrieben.


**P1 Rolle der Akupunktur und verwandter Techniken angesichts der Opiat-Krise** 

G. Dobos, Deutschland eingeführt von S. Popat, Germany


**P2 Kann Akupunktur das Bewusstsein beeinflussen?** 

C.R. Chapman, USA eingeführt von H.J. Ebell, Deutschland


S14  Akupunktur in der Anaesthesiologie – Implementierung und neue Wege
Vorsitz: B. Zwißler, Deutschland
R. Chapman, USA


11:00  Einführung
B. Zwißler, Deutschland

11:10  Akupunktur für perioperative Analgesie – Evidenz und Praxis
T. Usichenko, Deutschland

11:30  Implementierung der P6 Akupunktur im perioperativen Setting
D. Irnich, Deutschland

Y. Xing, China

12:10  Akupunktur in einem Sepsismodell – vom peripheren neuronalen Stimulus zur anti-inflammatorischen Wirkung
R. Torres Rosas, Brasilien
**P5/6/7 Die Acupuncture Trialists’ Collaboration: Die weltweit größte Datenbasis zu Akupunktur und Schmerz – Wir präsentieren Ihnen alle Ergebnisse**

**Symposium in Memoriam George Lewith**

**Vorsitz**
B. Brinkhaus, Deutschland
D. Irnich, Deutschland

Der Acupuncture Trialists’ Collaboration (ATC) verdanken wir die bislang solideste Evidenz für die Wirksamkeit der Akupunktur bei der Behandlung chronischer Schmerzen. Hierzu wurden die Ergebnisse großer randomisiert kontrollierter Studien mittels eleganter und robuster statistischer Methodik zusammengefasst. Über 30 hochwertige randomisierte klinische Studien mit weit über 20.000 Patienten (individuelle Daten) bieten die Grundlage für diese Analysen. Damit erreicht die klinische Akupunkturforschung ein Niveau welches selbst in der Erforschung konventioneller medizinischer Verfahren in der Regel nicht erreicht wird. Erfahren Sie mehr über diese bahnbrechenden Ergebnisse, und was sie für die tägliche Akupunkturpraxis bedeuten. Diese Plenarvorträge sind dem Gedenken an George Lewith gewidmet; einem der bedeutendsten Gründungsmitglieder der ATC und Pionier der Akupunkturforschung

**16:15** Einführung und Gedenken an George Lewith
B. Brinkhaus, Deutschland

**16:30** Hauptergebnisse des aktuellen Updates
K. Linde, Deutschland

**17:15** Der Einfluss der Eigenschaften von Patient und Therapeut und Kontrollgruppe
C. Witt, Schweiz

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**P8/9/10 Die Spuren der Akupunktur im Gehirn**

**T. Burgoon, USA**

**Vorsitz**
Y. Chae, Südkorea
T. Burgoon, USA

Bildgebende Techniken haben substantiell zum Verständnis der Akupunktur beigetragen. Drei der bedeutendsten Forscher auf diesem Gebiet werden einen aktuellen Überblick dazu geben, wie Akupunktur Neuroplastizität beeinflusst, das autonome Nervensystem reguliert und wie diese Erkenntnisse dem Praktiker helfen, seine Behandlung zu optimieren.

**09:00** Mit Akupunktur den somatosensorischen Kortex von Patienten mit Carpal-tunnelsyndrom neu verkabeln
V. Napadow, USA

Neuroplastizität bezeichnet die Fähigkeit des Gehirns sich während des gesamten Lebens anzupassen. Zum Beispiel kann die Gehirnaktivität, die einer bestimmten Funktion zugewiesen wird, ihre Lokalisation ändern, der Anteil der grauen Substanz ist variabel, und Synapsen können neu entstehen und verschwinden. In diesem Symposium werden bahnbrechende Ergebnisse präsentiert, die das Potential der Akupunktur bestätigen, an zentraler Ebene tiefgreifende therapeutische Wirkungen zu entfalten.

**09:30** Selbst-Akupressur gegen Schmerz und andere Begleitsymptome bei Krebsüberlebenden
R. Harris, USA

Viele Krebsüberlebende leiden unter Symptomen wie Schmerz, Abgeschlagenheit sowie Gemüts-, Schlaf- und kognitiven Störungen. Neueste Daten funktionaler und chemischer Bildgebung helfen, die zerebralen Vorgänge, die diese Symptome reflektieren, besser zu verstehen und wie Akupressur individuell angepasst werden kann, um diese zu lindern.

**10:00** Wirkung der Akupunktur auf das autonome Nervensystem – Evidenz Gehirnforschung mittels bildgebender Verfahren
F. Beißner, Deutschland

S26  Tiefe Einblicke in die Tradition der Akupunktur und TCM
Vorsitz: R. Pothmann, Deutschland
T. Dawid, Uruguay


Das Ben cao gang mu ist eine Enzyklopädie mit Quellen der vorangegangenen zwei Jahrtausende die Li Shizhen auf seinen Reisen durch China zusammentrug. Er ist eine Sammlung von Wissen und theoretischen Ansätzen, die keinesfalls ausreichend erforscht ist.


11:00  Das Ben Cao Gan Mu
P. U. Unschuld, Deutschland

11:30  Neue Einblicke in die Ursprünge der Akupunktur – Archäologische Funde der Han-Gräber von Laoguan Shan
U. Engelhardt, Deutschland

12:00  Das moderne Verständnis der 13 Dämonenpunkte des Sun Si Mao und deren klinischen Nutzen
M. Hammes, Deutschland
Ahn Byung Soon, O.M.D., Ph.D (South Korea)
Byung Soon Ahn serves as President of the Korean Pharmacopuncture Institute (KPI).

Alp Hayriye, Ass. Prof. Dr. (Turkey)
Hayriye Alp has completed her PhD at Necmettin Erbakan University School of Medicine, Anesthesiology. She is the director of GETAT CENTER and has published more than 5 papers in reputed journals.

Amarell Catharina, Dr. med. (Germany)
Catharina Amarell is a senior physician at the Children Hospitals. M. Mater in Landshut responsible for general pediatrics, emergency ward, pain ambulatory and integrative medicine. She has specialized in acupuncture and traditional Chinese medicine as well as classical naturopathy.

Amstätter Nike, MD (Germany)
Nike Amstätter works in a private practice in Munich. She has been working in Pain Therapy, Physical medicine and Palliative care. She was trained at multiple national and international institutions, for example at the Helms Medical Institute, Berkeley, USA.

Audette Joseph F., Ass. Prof. MA, MD (USA)
Joseph F. Audette, Assistant Professor, Harvard Medical School is board certified in PM&R and Pain and trained at the Tristate School of Traditional Chinese Medicine. For the last 20 years he has worked as an integrative, as well as clinically, integrating Chinese and CAM. He is currently the chief of the Department of Pain Medicine at Alhusl. He is also the course director of an internationally recognized physician training program entitled “Integrated Structural Acupuncture”. His research interests include myofascial pain, Chinese medicine, Japanese acupuncture and chronic pain and he has lectured nationally and internationally on these topics.

Ayati Mohammad Hossein, Ass Prof. Dr. (Iran)
Mohammad Hossein Ayati obtained his medical degree in 2001 at the Mashhad University of Medical Sciences and a PhD in Chinese Medicine from the Beijing University of Medical Sciences. Since 2011, he has been serving as an assistant professor of the School of Traditional Medicine of Tehran University of Medical Sciences which is the first school of traditional medicine in Iran and the largest medical university of the country. He is active in research, teaching and is a tutor for postgraduate students. He is also responsible for international affairs of the Office for Traditional Medicine in the Ministry of Health and Medical Education of Iran.

Bachmann Jürgen, Dr. med. (Germany)
Jürgen Bachmann has practiced acupuncture for four decades and combines both Chinese and Western approaches in arthropedics and traumatology. He is specialized in the integration of acupuncture, manual medicine, tinea and neural therapy into the conventional treatment of the musculoskeletal system. He was taught acupuncture in the 90s in China and has been a member of the faculty staff of DAGA for decades. Already in 1993 he established an ambulatory outpatient care setting rehabilitation, and now focuses on integrative Approaches in pain care. He serves as board member of the professional association of pain specialists (BVSD e.V.).

Bäumler Petra, Dr. rer. biol. hum. MSc MPH (Germany)
Petra Bäumler holds a Master’s degree in Molecular Biotechnology and has been working as a research assistant at the Multidisciplinary Pain Center, City Centre, Department of Anesthesiology at the University Hospital of the Ludwig-Maximilians-University Munich where she also obtained her doctorate degree in 2017. She has won six scientific awards since 2011 (a.o. Excellence in Integrative Medicine Research Award 2016 of ESIM and Johannes Bachko Award 2015 of OGA). She is a member of the Scientific Chapter of the German Acupuncture Association (DAAGA).

Bahr Frank, Prof. mult. h. c. Dr. med. (Germany)
Frank Bahr started his studies on acupuncture in the 1970s and has become one of the leading pioneers in acupuncture, ear acupuncture and laser medicine. For his outstanding achievements he has received multiple professor titles from the Nanjing University in China and the Chinese Academy of Sciences. He is author of numerous acupuncture textbooks and high ranked scientific publications. He has been serving as president of the DAA (German Academy of Acupuncture) and serves as president-elect of the European Academy of Traditional Chinese Medicine (EATCM e.V.).

Banzer Winfried, Prof. Dr. med. phil. (Germany)
Winfried Banzer has written an international textbook on acupuncture as well as manual medicine and acupuncture. He has been a professor of sports medicine at the Johann Wolfgang Goethe University in Frankfurt since 1995 and dean of the Faculty of Psychology and Sport Sciences until 2017. Currently he is head of the scientific committee of the German Medical Association of Acupuncture (DAAGA). Winfried Banzer has over 100 publications in various peer reviewed national and international journals.

Behrens Nicolas, Dr. med. (Germany)
Nicolas Behrens is a specialist in physical medicine and rehabilitation and currently works in a private practice. For more than 30 years he has been DAGA lecturer with a particular focus on pain therapy, locomotor system, trigger points, somato-psychic and holistic approach as well as integrative acupuncture.

Beysens François, Dr. MD (Belgium)
François Beysens studied Chinese and acupuncture in Hong Kong and Taiwan in the 70s. He is founding member of the Belgian Association of Medical Acupuncturists and founding member, general secretary (1983-2010) as well as Honorary President of the International Council of Acupuncture and Related Techniques (ICMART).

Beissner Florian, Prof. Dr. phil. nat. (Germany)
Florian Beissner holds an endowed Professorship for Somatosensory and Autonomic Therapy Research at the Hannover Medical School, Institute for Diagnostic and Interventional Neuroradiology. He is a physiologist by training and has finished his doctorate degree from the Max-Plank-Institute for Biophysics and the Brain Imaging Center Frankfurt and performed a postgraduate study program for TCM at the University of Potsdam. He is a full-time-academic-doctor fellow at the University of Jena and at the Harvard Medical School. He has published more than 30 original research articles and reviews and has been repeatedly awarded for his outstanding work.

Bilong Sylvie, MD (France)
Sylvie Bilong is founder of the French Acupuncture Federation For Research and Medical Care (FAPORMEC) as well as secretary of the French College of Acupuncture (CFA-MTC). She currently also serves as president of the Normandy Society of Acupuncture (SMAH).

Bijak Michaela, Dr. med. (Austria)
Michaela Bijak has been serving as a board member and senior lecturer at the Austrian Acupuncture Society (OGA) since 1995. She has performed research at the Johannes Bachko Institute for Acupuncture in Vienna. She is editor of the German Journal of Acupuncture and Related Techniques (DZÄ) and ICMART board member.

Blum Sandra, cand. med. (Austria)
Sandra Blum is a medical student at the Medical University in Graz, Austria and has joined the Research Group for Pediatric Traditional Chinese Medicine at the TCM Research Centre in Graz (Acupuncture Research) in order to work on her doctorate degree. Mrs. Blum is laureate of the ICMART Young Scientists Travel Award 2018.

Brinkhaus Benno, Prof. Dr. med. PhD (Germany)
Benno Brinkhaus, MD is Professor of Internal Medicine and Chinese Medicine at the University of Freiburg. He is head of a project division for Complementary and Integrative Medicine (CIM) and Head of the Charité outpatient clinic for CIM at the Institute of Primary Care Medicine and Health Economics, Charité Universitätsmedizin Berlin. He has been the principal investigator of several projects including members of the World Health Organization of CAM and acupuncture (e.g. the large German acupuncture ART and ABC trial, ACUSAR study). His research projects were funded a.o. by the EU FP7 program, the German Research Foundation (Deutsche Forschungsgemeinschaft, DFG), German ministries (BMFF, BMBF, BMFSFJ), and German health insurance companies. He is member of different medical and acupuncture societies and reviewer of national and international medical journals.

Burrough Thomas, MD (USA)
Thomas S. Burrough’s work focuses on the use of medical acupuncture for common but difficult-to-treat medical conditions as well as lifestyle maintenance and chronic disease prevention. He is past president of the American Academy of Medical Acupuncture (AAMA) and is still in the editorial board of the AAMA’s Journal Medical Acupuncture. He is also chair of the Institutional Review Board at the New York College of Traditional Chinese Medicine and advisor for the non-profit organization Unite for Her, which supports women with breast cancer by providing complementary therapies.

Cabrajo Mehmet Tuğrul, Prof. Dr. (Turkey)
Starting in the year 2000 Mehmet Tuğrul Cabajoğlu has been repeatedly elected as a member of the “Acupuncture Scientific Institution for the Ministry of Health”. Most recently he became part of the supreme council of “Contemporary and Complementary Medicine, Scientific Institution of the Ministry of Health” where his duties still continue. He is vice president of the Acupuncture and Complementary Medical Association of Ankara and a board member of the World Federation of Acupuncture – Maxivastubion Societies.

Cameron Silke, PD Dr. med. MA (Germany)
Silke Cameron studied medicine, literature and history of art (M.A.) in Aachen and Munich. After a postdoctoral fellowship in Tokyo, she completed her specialization in internal medicine and gastroenterology at the University of Göttingen. She habilitated 2015 (PhD) on gastrointestinal tumors. Since 2016 she is serving as a director of the Department of Gastroenterology and General Internal Medicine at the Teaching Hospital Hann in Minden and has a research position at the University Göttingen.

Carr David, MD PhD (USA)
David Carr is an academic obstetrician with subspecialty expertise in Maternal Fetal Medicine and additional training and experience in Western Medicine. He currently works at the University of Vermont and is a Director of the BMU specialty journal “Acupuncture in Medicine”, the highest impact acupuncture-only academic publication. He has particular research, educational and clinical interests in the use of acupuncture and related techniques in pregnancy and childbirth.

Cayir Yasemin, Assoc. Prof. (Turkey)
Yasemin Cayir is associate professor at the Ataturk University Faculty of Medicine, Department of Family Medicine and Acupuncture and primary care. She is currently working at the University of Vermont and is a part of the BMU’s specialty journal “Acupuncture in Medicine”, the highest impact acupuncture-only academic publication. She has particular research, educational and clinical interests in the use of acupuncture and related techniques in pregnancy and childbirth.

Chabuin Guillermo, MD (Uruguay)
Guillermo Chabuin is founder and director of the Outpatient Acupuncture Clinic at the University Hospital in Montevideo, Uruguay (Hospital de Clinicas-Universidad). He has been serving as a head professor of the postgraduate courses for medical acupuncture of the Uruguay Acupuncture Association Unite en Erzurum. He is also Sexologist of the Uruguayan Acupuncture Association. He is particularly interested in individualized acupuncture. He has particular focus on non-medical treatment options in pregnancy and during labor.

Chan Chen, MD (Australia)
Chen Chen is a specialist in the treatment of neuropathic pain and clinical applications of acupuncture. For decades he has...
Elisabeth Friedrichs is a family doctor and acupuncturist in Augsburg, Germany. She is member of the board of the Medizinische Gesellschaft für Qigong Yangsheng e.V. and associate editor of the journal Zeitschrift für Qigong Yangsheng. She is a member of the German Medical Acupuncture Association (DAGA) and NADA. Elisabeth has practiced and taught Qigong for at least two decades.

Genschow, Fernando, Dr. (Brazil)
Fernando Genschow serves as President of the Brazilian Medical College of Acupuncture, CMBA.

Gleditsch Jochen, Dr. med. (Germany)
Jochen Gleditsch is a dentist and ENT specialist. He was lecturer at the University of Munich (LMU) for 25 years and has initiated multiple scientific studies on acupuncture. He is laureate of conventional as well as complementary medicine awards and serves as president of ICMART (Honorary president). He specialized in microsystem acupuncture and in psychosomatics, including the interpretation of the idea of man (Menschentheil). He developed the Very Point Technique® , which is applied all over the world. Jochen Gleditsch is one of the most influential western acupuncturists of the last five decades and has published a huge amount of articles and books.

Günter Uwe, Dr. med. (Germany)
Uwe Günter has specialized in holistic orthopedics and runs a private practice in Berlin.
Hau Vincent, Dr. FRCSEd (Orth)

Vincent Hau is an orthopedic surgeon specialized in spinal surgery. He is also a consultant at the Department of Orthopedics & Traumatology in Pamela Youde Nethersole Eastern Hospital in Hong Kong. His research focuses on the evaluation of the efficacy of integrated Chinese medical therapies (acupuncture, Tu-na, vacuum cupping and Chinese medicine) and western medical treatments on patients with acute low back pain in an orthopedic unit.

Hauswald Bettina, Dr. med (Germany)

Bettina Hauswald is an otorhinolaryngologist since 1985 and is also specialized in allergology and acupuncture. Between 1982 and 2013 she was head of the Department of Allergology at the University Hospital in Dresden, Germany (Universitätsklinik Dresden) and still teaches on gynaecology and otorhinolaryngology. Since 2015 she has focused on research mainly in the field of allergology. Mrs. Hauswald is a lecturer for the University of Dresden (University of Dresden) and still lectures on gustology and olfactology. Since 2015 she has focused on research mainly in the field of allergology. Mrs. Hauswald is a lecturer for the University of Dresden (University of Dresden) and still teaches on gynaecology and otorhinolaryngology.

Hempen Carl-Herrmann, Prof. Dr. med. (Germany)

Carl-Herrmann Hempen, internist, was president of SMS – International Society for Chinese medicine for many years. He founded ‘Dr. Hempen & Colleagues’, one of the largest clinics for CM in Germany in 1984. He is head of Europe’s first academic department for CM for doctors at the TU Munich (www.tum.sg.tum.de). He is author of several textbooks for CM, e.g. drh-Atlas für Akupunktur and created a software tool for CM called TCMSOFT.

Henry Wendy, DAOM MSTOM LAC (USA)

Henry Wendy is a Registered Trainer for the National Acupuncture Detoxification Association. Mrs. Henry co-founded the group Community Relief and Rebuilding through Education and Wellness (CREWE). She developed a program for the first Conservation for the Women’s Retreat at the TFH Institute for doctors, NADA services for firefighters and EMS unions. Most recently she has collaborated with the group in Puerto Rico Salud Y NADA services for firefighter and EMS unions. Most recently she has collaborated with the group in Puerto Rico Salud Y NADA services for firefighter and EMS unions.

Hilデンbrand Gisela, Prof. Dr. med. (Germany)

Gisela Hilデンbrand is assistant professor at the University of Bonn and is an expert for the developing field of acupuncture in Germany. She was taught by Prof. Jiao Guorui and teaches his methods of Gigong Yangshang. She is instructing mentor and board member of the Medical Association for Gigong Yangshang, Bonn (Medizinische Gesellschaft für Gigong Yangshang e.V. )

Hou Wang, Prof. DAOM MSTOM LAC (China)

Wang Hou is an herbology and acupuncture expert who has worked in China and Europe for many years. He has a PhD in Traditional Chinese Medicine from the University of Bonn, Germany. He is head of the Department of Gynecology at the Heinrich-Heine-Universität Düsseldorf, Germany. His research focuses on the development and evaluation of herbal medicine and acupuncture therapies for the treatment of gynecological and urological conditions. He has published extensively on the subject and has been a speaker at numerous international conferences.

Hsing Chih-Yen, Dr. PhD (Taiwan)

Chih-Yen Hsing is a professor and head of the Department of Acupuncture at the National Taiwan University College of Medicine, Taiwan. His research focuses on the use of acupuncture in the treatment of chronic diseases, particularly in pain management. He has published numerous articles on the subject and has received several awards for his contributions to the field of traditional Chinese medicine.

Hsu Po-Chia, Dr. med. (Taiwan)

Po-Chia Hsu is a medical doctor and research fellow at the National Taiwan University College of Medicine. His research focuses on the use of traditional Chinese medicine in the treatment of chronic diseases, particularly in pain management. He has published numerous articles on the subject and has received several awards for his contributions to the field of traditional Chinese medicine.
Linde Klaus, Prof. Dr. med. (Germany)
Klaus Linde is a physician and epidemiologist. He is research coordinator of the Institute of General Practice, Technische Universität München. He has long-standing experience in meta-analyses, randomized trials, observational studies and surveys in complimentary and alternative therapies, and in general practice. He is amongst others, member of the Cochrane Collaboration and the Acupuncture Trials Collaboration (ATC) and has published highly cited key papers in acupuncture research, CAM and methodology. In recent years, he has developed an interest in qualitative methods and in the social and professional background of medical decisions in situations when no single correct solution is available.

Lozano Francisco, Prof. Dr. (Mexico)
Francisco Lozano is Professor of Traditional Chinese Medicine, Acupuncture and Maxibition at the National Polytechnic Institute’s School of Medicine and Homeopathy in Mexico City. He has more than 35 years of experience in the study, research and education of acupuncture in TCM and acupuncture. He studied Chinese medicine in China at Beijing University of Chinese Medicine and in Japan at Osaka Medical College’s Pain Clinic & Oriental Medicine department, from 1981 to 1987. He is the current president of the Mexican College of Acupuncture (CCMAE) and also a member of the Basic-Latin American Federation of Medical Acupuncture Societies (FLASMA). He was the Co-Chair of the First ICMART-FILASMA World Medical Acupuncture Congress, that took place in Mexico City, in 2017.

Luxenburger Hedi, MD (Germany)
Hedi Luxenburger is an anesthesiologist, specialized in pain therapy and acupuncture. She has been serving as a member of the faculty German Medical Acupuncture Association (DAGA) since 1994 and as a board member of DAGA (Treasurer, Internation- al Relations). She is vice-president of DAGA and repre- sents acupuncture within CANCOC and EUROCAM at the European Union in Brussels. Hedi Luxenburger is Chair of ICMART European chapter and co-chair of the ICMART-iSAMS A.

Maffioni Umberto, MD (Italy)
Umberto Maffioni is MD, Acupuncturist, and Osteopath DO MBBC. He serves as Vice President of AMAB (Association of Medical Acupuncturists of Bologna), Vice Director of AMAB - Italian-Chinese Acupuncture School, Board Member of FISA (Italian Federation of Acupuncture Societies), General Secre- tary of PEFOTS (Pan European Federation of TCM Societies) and Member of the Council Board of WFCMS (World Fede- ration of Chinese Medicine Societies).

Meyer Anita, Dr. med. (Switzerland)
Dr. med. Anita Meyer has specialized in internal medicine and serves as president of the Association of Medical Acu- puncture Societies (Assoziation Schweizer Ärztegesellschaften für Akupunktur und Chinesische Medizin, ASA).

Mietzner Anna, Dr. med. (Germany)
Dr. Anna Mietzner, MD is specialized in TCM. Her main focus is on Chinese Herbal Medicine, Acupuncture and Qigong. She has practiced qigong since 1988 and completed Zen education from 1996 to 1999. In addition she is contin- uously educated by Nei Yang Gong by Liu Ya Fei since 1999. Dr. Mietzner cooperates with the Charite University, Berlin in research projects. As a Co-latergan and organizer of the Medical Qigong Education with Liu Ya Fei since 2006, she translates from Chinese into German. Dr. Mietzner serves as member of DAGA faculty in Chinese Herbal Medicine and Qigong since 2002.

Miquell Martin Francesc, Vet. Dr. (Spain)
Francisco Minguell has graduated in Veterinary Medicine, in Za- ragosa University [Spain] in 1982 and qualified Acupuncturist in Buenos Aires, Argentina in 1989. Since 1982, he is a member of the Spanish Animals’ Veterinary Clinic. Currently he is Managing Director of “Sabavet, SL”, Veterinary reference clinic in Acupuncture and Natural Medicine, in Sabadell (Barcelona, Spain). He is also Professor of Veterinary University in Barcelona, Bogota and México and lecturer in France, Italy, Belgium, Bulgaria, Greece, Portugal, Brazil, Colombia, Mexico and Spain.

Molenhauzer Sonja, Dr. med. (Germany)
Sonja Molenhauzer obtained two medical degrees, in Ger- many at the Friedrich-Alexander University in Erlangen-Nür- nberg and in the United States at the Harvard Medical School in Boston. She is a certified acupuncturist and was trained in Chinese medicine at the Beijing Union Hospital, the German Medical Acupuncture Association, as well as in Doctor Shi-Miao Molenhauzer’s Office for Acupuncture in Erlangen. As of 2004 Sonja Molenhauzer has been focusing on acupuncture in spinal cord injuries.

Morgenstern Friedrich, Dr. med. (Germany)
Friedrich Morgenstern is a medical doctor and acupuncturist. He serves as director at the “Zentrum für Akupunktur therapeutische Diu. Iniation Acupuncture Medical of the faculty of medicine in Roven, France. In addition, he is president of the FAFORMEC (French Acupuncture for Research and Medical Care).

Mozzanti Umberto, MD (Italy)
Umberto Mozzi is MD, Acupuncturist, and Osteopath DO MBBC. He serves as Vice President of AMAB (Association of Medical Acupuncturists of Bologna), Vice Director of AMAB - Italian-Chinese Acupuncture School, Board Member of FISA (Italian Federation of Acupuncture Societies), General Secre- tary of PEFOTS (Pan European Federation of TCM Societies) and Member of the Council Board of WFCMS (World Fede- ration of Chinese Medicine Societies).

Mücher Jürgen, MD (Germany)
Jürgen Mümtechner is a family physician specialized in naturopath- y and acupuncture. Since 1979 he has been teaching Chi- nese and Japanese medicine (also in the USA and in China). Since 1992 he has been lecturing at the DAGA, where he initiated a Chair for acupuncture in the Chinese Hermeneutics. He is co-author of several standard readings e.g. on Chinese medicine, pain medicine, orthopedics and psychia- try. He is also active as a psychotherapist and trainer for bio- energie-analytical psychotheraphy.

Muraközy Henriette, Dr. med. (Hungary)
Henriette Muraközy is MD, Acupuncturist and Osteopath DO MBBC. She is a certified acupuncturist and was trained in Chinese medicine, pain medicine, orthopedics and psychia- try. She is also active as a psychotherapist and trainer for bio-energie-analytical psychotheraphy.

Musli Richard, Dr. med. (Germany)
Richard Musli is currently consultant in psychiatry at the depart- ment of Psychiatry and Psychotherapy at the LMU Munich. He is responsible for a specialist ward for patients with borderli- ne-personality disorder and bipolar disorders. He is head of the Tourette-outpatient department. His main research interests are relations of factors related with weight gain of psycho- tropic medication, pharmacogenetics and clinical studies in Tourette-syndrome. He is specialized in acupuncture.

Napadow Vitaly, PhD Lac (USA)
Vitaly Napadow is Associate Professor at Martins Center for Biomedical Imaging at Massachusetts General Hospital, and member of the Center for the Tourette-syndrome. He is specialized in acupuncture.

Oei-Tan Chun-Lee, Dr. MD PhD (The Netherlands)
Oei-Tan Chun-Lee is a Professor of the Asian College of Acupuncture Medicine in Boston. She is a certified acupuncturist and was trained in Chinese medicine, pain medicine, orthopedics and psychia- try. She has become herself a pioneer and expert in neural therapy, Interventional Pain Therapy and Acupuncture(TCM). He has received his MD from Harvard Medical School, Boston, MA, USA. He practi- ces acupuncture at the Pain Management Center at Brigham and Women’s Hospital and serves as co-President of the Society for Acupuncture Research. He received his PhD in biomedical engineering from the Harvard-MIT Health Scien- ces and Technology program and a Masters in Acupuncture from the New England School of Acupuncture (NESA), after which he completed an acupuncture internship at Van Jing Hospital in Shanghai, China. Dr. Napadow has co-authored more than 120 publications in leading peer-reviewed journals, many of them contributing to acupuncture neuromaging research.

Nikolai Ton, Dr. MD (The Netherlands)
Ton Nikolai is the spokesperson of the EURCAMC in Brussels, which unites umbrella organizations of patients, physicians, veterinarians and practitioners in the European CAM sector. Ton Nikolai practiced as a GP in the Netherlands for 11 years. After having studied several CAM modalities, he quit his work as a GP and worked as a homeopathic con- sultant for over 30 years. He was one of the founders of the European Committee for Homeopathy ECH, worked as its political coordinator, Secretary and finally President (2000- 2012). For his international work he was appointed Com- missioner of the Order of Orange-Nassau by the Queen of the Netherlands and he received several other awards.

Ogal Hans-Peter, Dr. med. (Switzerland)
Hans-Peter Ogal is specialized in Anaesthesiology, Pain The- rapy, Interventional Pain Therapy and Acupuncture(TCM). He has been a practising acupuncturist at the University Hospital in Basel for 16 years. He currently works as a resident at Paramed Clinic in Boar, Swit- zerland. Hans Ogal is a renowned teacher for acupuncture, naturopathy and pain therapy invited by national and inter- national associations. He has written and published many books in this field. He has published various textbooks on integrative pain therapy, body and ear acupuncture and Yamamoto New Scalp Acupuncture. Dr. Ogal Hans is a close confident and student of T. Yamamoto.

Ogal Mercedes, Dr. med. (Switzerland)
Mercedes Ogal is working as a specialized integrative pe- diatrician since 14 years in a pediatric medical practice in Central Switzerland. She developed her deep knowledge in complementary medicine, homeopathy, psychodyagnosy and ortho- molecular medicine and owns certificates in acupuncture and a Traditional Chinese Medicine and modern homeopathic and psychosomatic and psychosocial medicine. Furthermore, she is the author of publications and speaker on various conferences.

Oei-Tan Chun-Lee, Dr. MD PhD (The Netherlands)
Chun-Lee Oei-Tan is Director of the Acupuncture Center at Binnenklinik, as well as President of the Dutch Acupuncture Society since 1997. She has been the Chair of the Dutch Acupuncture Society for Medical Doctors, NAVA since 2005. For continuous efforts in promoting the application of acupuncture in health care in the Netherlands and abroad, as an outstanding acupuncture TCM-specialist and as a recognized medical doctor in the scientific commu- nity and in patient care, she has been awarded the Order of Orange-Nassau by the Queen of the Netherlands.“
Osztovics Johanna, Dr. (Austria)  
Johanna Osztovics has been working general practitioner in a teaching practice for Family Medicine in Vienna, Austria since 1990. She is a neurotherapist and instructor of the Austrian Society of Neural Therapy (ÖNR). Her focus is pain-management in acute and chronic cases. She developed the procedure of TPQ together with Dr. Kurt Gold Sabina, also member and teacher of the Austrian Society of Neural Therapy (ÖNR).

Ots Thomas, Dr. med. Dr. phil. (Austria)  
Tom Ots is lecturer for Traditional Chinese Medicine at the Medical University in Graz and editor-in-chief of the German Journal of Acupuncture and Related Techniques (Deutsche Zeitschrift für Akupunktur). He has studied acupuncture during extensive journeys throughout China and can look back on decades of clinical experience. Mr. Ots has also been a researcher at the Harvard Medical School, Dept. of Social Medicine and Health Policy, USA and has held two professorships in Flensburg and Zittau/Görlitz, Germany.

Ozerkan Kemal Nuri, Prof. Dr. med. PhD (Turkey)  
Kemal Ozerkan graduated from Istanbul University, Cerrahpaşa Medical Faculty. He completed his PhD thesis about „Effective Acupoint Pain“. In 1992 he participated in an acupuncture course in Beijing. He is a founding member of the National Association of Acupuncture and Teacher of the Austrian Society of Neural Therapy (ÖNR).

Pannenhofer Peter, Prof. Dr. med. (Austria)  
Peter Pannenhofer has the professorship of Complementary Medicine at the Harward Medical School, Dept. of Social Medicine and Health Policy, USA and has held two professorships in Flensburg and Zittau/Görlitz, Germany.

Petherick-Lambert Annabelle (France)  
Annabelle Petherick-Lambert is a specialist in midwifery acupuncture at Gare Entreprise au Dou Aupuncture Obstétrique at the medical faculty of medicine in Babigny, France. She currently serves as vice-president of the Conseil Départemental de l’Ordre des sages-femmes du Var, France.

Pfeffer Petjo, Dr. med. (Austria)  
Michael Pfeffer is a general practitioner in Wilnsdorf. He is specialized in ear acupuncture and has achieved additional qualifications in acupuncture, pain medicine, emergency medicine, diving medicine and air medicine. Since 2015 he works in private practice. Michael Reith is also qualified in pain medicine, emergency medicine, diving medicine and acupuncture (Master der Akupunktur DAGA).

Pfeiffer Achim, Dr. med. (Germany)  
Achim Pfeiffer is a senior researcher at the Department of Anesthesiology, University Hospital, ULM Munich. He is specialized in anesthesiology, intensive care, pain medicine and acupuncture.

Rejnão Krusnovs, Mr. sc. (Croatia)  
Krusnovs Rejnão serves as president of the Croatian acupuncture association. He has trained in China and France and has long-lasting experiences in Acupuncture according to Nager, using VAG and Frequency as a diagnostic tool.

Reith Michael, Dr. med. (Germany)  
Michael Reith holds appointments at the Department of Anesthesiology, University Hospital, ULM Munich. He is specialized in anesthesiology, intensive care, pain medicine and acupuncture.

Robinson Nicola, Prof. PhD (UK)  
Nicola Robinson is a Professor of Traditional Chinese Medicine (TCM) and Integrated Health at London South Bank University. She has a PhD in immunology and experience in health services research in London Medical Schools. She was registered as an acupuncturist in 1982 and awarded a Fellowship of the British Acupuncture Council in 2008. Nicola Robinson serves as Editor in Chief of the Journal of Integrative Medicine (Elsevier) and has shown excellence in research as active researcher and PhD supervisor with research groups in China and Korea. Her research focuses on integrated health and widening patient choice.

Robinson Nicola, Prof. PhD (UK)  
Nicola Robinson is a Professor of Traditional Chinese Medicine (TCM) and Integrated Health at London South Bank University. She has a PhD in immunology and experience in health services research in London Medical Schools. She was registered as an acupuncturist in 1982 and awarded a Fellowship of the British Acupuncture Council in 2008. Nicola Robinson serves as Editor in Chief of the Journal of Integrative Medicine (Elsevier) and has shown excellence in research as active researcher and PhD supervisor with research groups in China and Korea. Her research focuses on integrated health and widening patient choice.

Ronan Dong, Prof. DVM PhD (South Korea)  
Ronan Dong has been the chairman of the Veterinary Pharmacology Society at Seoul National University since 1991. He is Editor of the Journal of Veterinary Science and the Journal of Acupuncture and Moxibustion in Seoul. He also served as a reviewer of the Journal of College of Veterinary Medicine Seoul National University from 2011 to 2015. His research interest focuses on the primary vascular system and its structure and function. Pandong Ryu is co-chair of ICMA-TISAMS 2018.

Saha Felix Joyanto, Dr. med. (Germany)  
Felix Joyanto Saha is a Senior Researcher at the Chair of Complementary and Integrative Medicine, Duisburg-Essen University. He serves as vice president of the DGIAN (German Society for Acupuncture and Neural Therapy), as a board member of the IFWANT (International Federation of Medical Associations of Neural Therapy) and as a president of the AFGIM (Academic Society of Indian Medicine). He is specialized in general medicine, physical medicine and rehabilitation and has achieved additional qualifications in acupuncture, neurology, homeopathy and chiropractic.

Santana Antonio Carlos, MSc, MD (Brazili)  
Antonio Carlos Santana is a general practitioner, TCM Practitioner and researcher. He practices medical acupuncture for in and outpatient care at Hospital Estadual Bau.

Speakers and Chairs of ICMART-iSAMS 2018 (in alphabetical order)
independent research focuses on nonlinear measures (fractal geometry, quantum physics, complexity and chaos theory) as well as software development for medically related nonlinear measures.

Saputra Kosnadi, Prof. MD (Indonesia)
Kosnadi Saputra is senior researcher from the National Institute of Health of Republic Indonesia in Acupuncture Research Laboratory in Health Services and Research Professor from Indonesian Institute of Sciences in acupuncture. He is member of the Indonesian Pain Society, Indonesia Cancer Society, ASEAN Radiology society, Asia Pacific Cancer Society and International Society of BioElectromagnetism, Academic Working Committee WFS.

Sautreuil Patrick, MD (France)
Patrick Sautreuil is a specialist in Physical Medicine and Rehabilitation at the Rehabilitation Department, Salpêtrière Hospital, AP-HP, Paris, France. He is a board member of ICMART and of the “Assocation Scientifique des Médecins Acupunctureur de France” (ASMAF). He represents the “Fédération des Acupunctureurs pour leur Formation Médicale Continue” and serves as Chief Editor of the French revue “Acupuncture & Masobution”.

Schäuble Hans-Georg, Prof. Dr. med. (Germany)
Hans-Georg Schäuble is Professor and Chairman of the Institute of Physiology/Neurophysiology at the University Hospital Jena. He has published groundbreaking studies on the physiological mechanisms of acupuncture for treating pains, fatigue and the functions of the autonomic nervous systems. His work results in more than 150 indexed original publications and numerous chapters on the physiology of pain in standard textbooks, e.g. Pain control published at Springer, 2015, which highlights key mechanisms of pain generation and pain chronification. Hans-Georg Schäuble serves in addition as editor and reviewer of major journals in the field.

Schacht Jürgen, Dr. med. (Germany)
Dr. Jürgen Schacht is a general practitioner, working in his own clinic with physicians for osteopathic medicine. He is also an international lecturer, for example at the former Harvard medical school course “Structural Acupuncture” and for ICMART. He specializes in general medicine, osteopathy and acupuncture since 1987, and works on various research projects, recently as the society’s president (2010 to 2016).

Schier Sabine MD (Germany)
Sabine Schier is specialized in pediatrics and acupuncture. She serves as head of the education center in cooperation with Klaus Trinczek and she is a board member of the German Medical Acupuncture Association. Since 2014 she is practicing acupuncture since 1989 and is also specialized in Qigong and Chinese dietetics. She has been serving as DÄG faculty since 2000. She was taught in acupuncture at the Ludwigs Maximilian University in Munich and at the Guangzhou College of Acupuncture in Nanning, China.

Stephan Jean-Marc, Dr. (France)
Stephan Stephan is an officer at ASMAF-EFA (association scientifique des médecins acupuncteurs de France-Ecole française d’acupuncture) and at FA.FOR.NEC (Fédération des acupuncteurs pour leur formation médicale). He is coordinator of the “Obstetric & Acupuncture Diploma”, Faculty of Medicine, University of Le Havre.

Schull Gesine (Germany)
Gesine Schull was born in Germany, but went to school in Germany, the US and India. After completing the IB, she took a paramedics course and started medical school at the University of Greifswald. Since 2015 she works as a research assistant at the Department of Anesthesiology, University Greifswald mainly focusing on acupuncture studies while completing her medical education.

Sheler Krassimir, Dr. med. (Switzerland)
Krasimir Sheler is a consultant for anaesthesiology, Master of Science in Interdisciplinary Pain Medicine, Master of Acupuncture (DAGA), and Acupuncture in TCM (ASA). Today he runs a pain clinic in Kreuzlingen, is an attending physician and works at the hemodinamic department at Swiss Balneotherapy Clinic, Switzerland.

Siedentopp Uwe, Dr. med. (Germany)
Uwe Siedentopp is a doctor of naturopathy, acupuncture and Chinese medicine as well as nutritionist. He works in a private practice with a focus on naturopathy, integrative nutritional medicine, dietetics and Chinese medicine. Uwe Siedentopp is DAGA lecturer for acupuncture and TCM, Western nutritional medicine and Chinese dietetics. He is also head of the ethics section of the German Journal of Acupuncture & Related Techniques (DIZ) and has published numerous scientific articles and textbooks.

Simma Irmgard, Dr. med. (Austria)
Irmgard Simma from Bregenz, Austria is specialized in holistic dentistry including oral acupuncture acc. to Gleditch. She is a lecturer at the Clinic for Medical and Dental Medicine and Oral Health, University of Graz, Austria and organizer of different courses and congresses e.g. the famous “Festspielgespräche” at Bregenz. She has performed different studies on acupuncture in TMJ and has been awarded for her scientific work (e.g. Slavicik, ICMART, Bischof Award).

Stamer Nicolas (Germany)
Nicolas Stamer is a specialist for orthopedics and traumatology and works in his long-standing clinical practice since 2014. He also practices chiropractic and holds a diploma in osteopathy of the German Acupuncture Academy (DAÄG e.V.). In addition, he is a neurotherapy master and instructor for the German Association of Acupuncture and Neurotherapy (DGPN e.V.).

Stier Johann, Dr. med. (Germany)
Johann Stier is a specialist for obstetrics, gynecology and acupuncture. She studied medicine in Germany, Australia and Italy and completed her doctor thesis on the effects of acupuncture on sensory perception at the Ludwig-Maximilians University Munich. For her specialist training she worked in three hospitals in Berlin: St. Joseph Hospital Tempelhof, DRK Hospital Westend and Fera Clinic. Since 2003 she has been part of the teaching team of the German Medical Acupuncture Association (DAGA).

Stor Wolfram, Dr. med. (Germany)
Wolfram Stor teaches acupuncture and TCM for 30 years in several academic settings. He is lecturer of acupuncture and family medicine at the University Hospital LMU Munich. He integrates CAM into his practice at his private family clinic which he has run since 1984. He has worked for German Medical Acupuncture Association (DAGA) in several positions, recently as the society’s president (2010 to 2016).

Stübingler Beate, Dr. med. (Germany)
Beate Stübingler is a general practitioner and specialist for sports medicine, acupuncture andnaturopathy. She works in private practice and specializes in long-term athletic research. This research has brought important advances to the treatment of disturbance fields and to ear acupuncture. She is author of several textbook on these topics.

Tehrani, Bahram, Dr. (Germany)
Bahram Tehrani, born 1965, attended Medical School at Hamburg, specialized in Anaesthesiology and natural treatments in Switzerland and Germany. Since 1998 he is clinically active in his private practice in Hamburg. Bahram Tehrani is assessor and chairman for Acupuncture at the Hamburg Medical Association as well as instructor for Acupuncture and TCM at the SMS. In 2018 he was appointed as Professor for the new Master Studies by the International College of the TCM University Shanghai.

Tehrani, Bahram, Dr. (Germany)
Bahram Tehrani, born 1965, attended Medical School at Hamburg, specialized in Anaesthesiology and natural treatments in Switzerland and Germany. Since 1998 he is clinically active in his private practice in Hamburg. Bahram Tehrani is assessor and chairman for Acupuncture at the Hamburg Medical Association as well as instructor for Acupuncture and TCM at the SMS. In 2018 he was appointed as Professor for the new Master Studies by the International College of the TCM University Shanghai.

Testayle Million, PhD student (Ethiopia)
Millon Testayle is a lecturer and clinician at the Department of Anesthesiology at the Jimma University, Jimma with nearly 10 years of experience. He has been responsible for teaching various anesthesia related courses to undergraduate medical nursing and anesthesia students since 2008. As of 2017 he is responsible for research advising and teaching of post-graduate anesthesia students. Currently he is finishing his PhD thesis at Center for International Health at the Ludwig-Maximilians-Universitat in Munich, Germany.

Theodoratou Konstantina, MSc (Greece)
Konstantina Theodoratou currently serves as president of ICMART (International Council of Medical Acupuncture and Related Techniques) and SAMAW (Scientific Association of Medical Acupuncture in Greece). She is the scientific coordinator of the Interdisciplinary Acupuncture Symposium, Athens, related in research matters to the Athens Biomarkers and related to teaching to the Greek Institutes of Medical Acupuncture. She has also specialized in medical psychology, addiction counseling, health coaching, clinical diet, neuroscience and psychopathological diseases. Now she works in a private clinic in Athens. She frequently participates in research, mostly concerning behavior patterns in relation to acupuncture.

Torres Rosas Rafael, MD, PhD (Brazil)
Rafael Torres Rosas works as researcher at the Universitiy of Sao Paulo, Brazil, and as Associate Professor of the German Medical Acupuncture Association (DAGA). His research focuses on the anti-inflammatory potential of acupuncture to control local and systemic inflammation, infectious diseases and inflammatory disorders including modulation of systemic inflammatory responses in sepsis. He has published in highly ranked journals as Nature Medicine, PLOS One and Trends in Molecular Medicine.

Trinczek Klaus, Dr. med. (Germany)
Klaus Trinczek serves as head of the education center in cooperation with Sabine Schier and he is a board member of the German Medical Acupuncture Association (DAGA). He is specialized in general medicine, chiropractic, acupuncture and Naturopathy and has been working in a private practice within the German health system since 1986. He has been lecturer for acupuncture and complementary medicine at the University Erlangen since 2007. He is member of the DAGA faculty and has been presented with the Gleditch Award for the implementation of the DAGA Summerschool for students.

Trung Tan Trung Henri Yves, MD (France)
Henri Yves Trung Tan Trung is experienced medical acu-
puncturists and serves as chairman French College of Acupuncture (ACFP) since 2015. He is member of FAPORMEC French Acupuncture Federation For Research and Medical Care.

*Unscheid Paul U., Prof. (Germany)*

Prof. Paul U. Unscheid, MPH, is Director of the Institute for Chinese Life Sciences founded in 2006 in the Center for Human and Health Sciences of the Charité-Universitätsmedizin Berlin. From 1986 to 2006 he was a member of the board of the Institute for the History of Medicine at the Ludwig-Maximilians-Universität München. He studied Pharmacy, Sinology and Political Science (Dr.phil.) in Munich, earned a Master of Public Health (MPH) at Johns Hopkins University in Baltimore, USA, and received the venia legendi in History of Pharmacy from Phillips University Marburg/Lahn and in Sinology (Dr. phil. Habil.) and History of Medicine (Dr. med. Habil.) at the LMU Munich. He has published numerous books and essays on the history of medicine in China and Europe, as well as on political topics.

Ural Fatma Gölçin, Ass. Prof. MD (Turkey)

Fatma Gölçin Ural is assistant professor at the Physical Medicine and Rehabilitation Department at the Medical School of the Yıldırım Beyazıt University in Ankara. She is specialized in physical medicine and rehabilitation. Her research focuses on neural therapy and acupuncture.

Usichenko Taras, Prof. Dr. med. (Germany)

Taras Usichenko is a staff anesthesiologist and professor of anesthesiology at the Department of Internal Medicine at Greifswald/ Germany and professor at the Department of Anesthesiology at the McMaster University in Canada. His research interests include the anaesthetic mechanisms of acupuncture. He has published key studies including reviews on perioperative analgesia in different indications.

Voll Nadia, Dr. MD PhD (France)

Nadia Voll is the Founder and Head of the Scientific Acupuncture Curriculum at the Paris X University Medical School. Dr Nadia Voll is an acupunctureist with over 40 years of experience in neurophysiology who uses modern scientific knowledge to explain and improve the effects of acupuncture. She has developed a method, called “Auricular Causative Diagnosis”, a scientifically proven diagnostic tool to discover and treat the deep internal causes of disease, and not just its symptoms. Nadia Voll has published 13 books, translated in 12 languages, as well as on number of articles in scientific journals. She teaches worldwide, and has regularly been invited to share her unique method at Harvard Medical School.

Wander Reiner, MD. dr. med. (Germany)

Rainer Wander is practicing in general medicine since 1965. He is specialized in nutrition, acute and chronic pain therapy, acupuncture, homeopathy and complex homeopathy. He is co-founder of the German Association of Acupuncture and Neurotherapy (DGNAN). Dr. med (Germany) for Akupunktur und Neurotherapie e.V.” www.dgnan.de and has been serving as President from 1999 to 2017 and honorary president since 2017. He is one of the most prominent neurotherapists in East Germany. Since 1970 he has been a course instructor for neurotherapy and a popular lecturer nationwide and abroad for a multitude of naturopathic therapy methods. He is author of numerous publications nationwide and abroad and co-author of the following manuals: “Akupunktur” (Richter/Beck), “Neurotherapie, Lehrbuch und Atlas” (Badke/Müller), „Natuurheilkundliche Untersuchungstechniken“ (Beck/Wagner/Windor).

Watanabe Kenji, Prof. MD, PhD, FACCP (Japan)

Kenji Watanabe is professor and professor of the leading Prof. Kagawa Medical University. He is an active researcher with an international list of past and present affiliations. He specialized in internal medicine at the Department of Internal Medicine at the School of Medicine, Kagawa University from 1984 to 1990 and in immunology at the Department of Immunology at the Tokai University. From 1991-1995 he has worked and performed research at the Department of Genes at the Stanford University, USA and from 1995 to 2001 at the Oriental Medicine Research Center, Kiasato Institute. 2001 he was appointed associate professor at the Center for Kampa Medicine and in 2013 professor at the Faculty of Environment and Information Studies at the School of Medicine, Kiasato University. Wenus Emra, MD (USA)

Emra Wenus studied medicine and specialized as an anesthesiologist in Germany. For more than 10 years he has been working in his own acupuncture practice in the Silicon Valley and has been serving as an active member of Acupuncturists Without Borders. Wiedbrecht Axel, Dr. med. (Germany)

Axel Wiedbrecht has been serving as director of the Center for Pharmacovigilance at German Center for Drug Research (CTCA) since 2004. As a medical doctor, working in different hospital departments (internal medicine, surgery, nephrology, and manual medicine), he is qualified in general medicine, nephrology, and manual medicine. He was trained in acupuncture at DAGA (diploa A and B) and in Chinese herbal medicine at the AGTCM (Arbeitsgemeinschaft TCM). Currently he practices as a general practitioner in Berlin. Since 2004 Axel Wiedbrecht has been a member of the CTCA and has held important positions within the organization. He is also a member of the education committee of the Institute for Social Medicine and Health Economics of the Charité - Universitätsmedizin Berlin.

Winkler Christina (France)

Christina Winkler is a practitioner of Chinese medicine and holds a World Certificate for Psychotherapy. She experienced private teaching from Master Sun in Beijing and is a member of the French Federation for Traditional Chinese Medicine (FNMTM).

With Claudia, Prof. Dr. med. MD MBA (Switzerland)

Claudia M. Wirt, is trained as medical doctor, epidemiologist and research methodologist. Being a full professor at the University of Zurich serves as Vice Dean for Interprofessionalism and as the Director of the Institute for Complementary and Integrative Medicine at the University Hospital Zurich. In addition, she holds an appointment as Professor of Family and Community Medicine at the Center for Integrative Medicine, School of Medicine at the University of Maryland and leads a research group at the Institute for Social Medicine Epidemiology and Health Economics at the Charité - Universitätsmedizin Berlin.

Xing Yanwei, Prof. MD PhD (China)

Yanwei Xing is director of department of cardiology at Guang’anmen Hospital in Beijing and chief physician and research fellow at the China Academy of Chinese Medical Sciences, PR China. His area of interest is the applied basic research on the prevention and treatment of cardiovascular and brain diseases. He has published several high quality research projects in high ranked scientific journals.

Yamamura Mancia, Dr. MD (Brazil)

Vice President of the Brazilian College of Medical Acupuncture (Colegio Medico Brasileiro de Acupuntura – CMBA), Co-Chief at the Traditional Chinese Medicine and Acupuncture Department of the Federal University of Sao Paulo (Universidade Federal de Sao Paulo – UNIFESP), Supervisor of the Residency Program of the Federal University of Sao Paulo (Universidade Federal de Sao Paulo – UNIFESP), Master Degree in Emotions (Mental Ch) and Acupuncture by Preventive Medicine Department of the Federal University of Sao Paulo (Universidade Federal de Sao Paulo – UNIFESP) Doctoral Degree in course, Scientific Director of Sao Paulo Medical College of Acupuncture (Colegio Medico de Acupuntura de Sao Paulo – CMASEP).

Yoo Hwasung, Prof. MD, PhD (South Korea)

Dr. Hwasung Yoo is a professor at the College of Korean Medicine at Daejeon University and a faculty staff member of EWCC at Daejeon University’s Dunsan Korean Medical Hospital. Currently he serves as vice president of the Korean Association of Traditional Oncology and of the Korean Society of Integrative Oncology as well as director of the WCET Integrative Oncology Research Center (WCET) in Dunsan at the Korean Medicine Hospital of Daejeon University.

Yu Jun-Sang, Prof. KMD (South Korea)

Jun-Sang Yu graduated from the college of Korean medicine, Sangji University, Rep. of Korea and obtained a master’s and doctorate degree in the field of Korean Medicine. He has worked for the Korean Pharmacopuncture Institute (as the academic member of KPI). Now he is also working as the president of the society of Sosang Constitutional medicine and is vice president of the KPI in aggregate cooperation.

Zhang Jianian, Prof. MD (China)

Zhang Jianian, Medical Doctor, is the Professor and the instructor of master and PhD students in Nanjing University of Chinese Medicine. He has extensive clinical, teaching and research experience in the domain of acupuncture in Nanjing University of Chinese Medicine since 2006. He was promoted to Associate Professor and Professor in 2008 and 2015 respectively, and was appointed as Assistant Dean of the 2nd Clinical College and the 2nd affiliated hospital in Nanjing University of Chinese Medicine in 2008 and 2015 respectively. He is also a member in the education committee of the China Association of Acupuncture and Moxibustion and reviewer of the magazine “Chinese Acupuncture and Moxibustion”. He has completed 15 researches supported by grants offered by different levels and has published 130+ papers and 12 textbooks. He has conducted intensive and systematic researches in the area of stroke, insomnia and depression and is a specialist in treating painful diseases, hypertension, diabetes, and hyperlipidemia.

Zwinczewska Helenka, MD (Poland)

Dr. Helenka Zwinczewska completed a medical degree in Jagiellonian University, Krakow. Since 2016 she is the Vice President of Polish Traditional Chinese Medicine Association. She has started her adventure with TCM over 10 years ago and completed a 1,5-year program in Compilo, Katowice. Since then she studies in Poland and abroad and has taken part in scientific conferences, and do internships in Israel, Germany, China.

Zwinczewska Wiktoria, MD (Poland)

As an ophthalmologist with over 30 years in clinical practice with Mrs. Wiktoria Zwinczewska combines Western medicine, Chinese medicine and hirudology. Her main focus is degenerative eye diseases and vascular diseases.

Zwifller Bernhard, Prof. Dr. med. (Germany)

Bernhard Zwifller is director of the Department of Anaesthesiology at the University Hospital, LMU Munich.
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