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Traduction dans la salle principale
Traducción en sala plenaria
Übersetzung im Plenarsaal
Veranstaltungen mit Übersetzung ab Seite 88

THE WORLD OF MEDICAL ACUPUNCTURE MEETS IN MUNICH
Program
WELCOME

To the World of Medical Acupuncture in Munich

The ICMART-iSAMS 2018 will be an extraordinary and unique event which will bring together the most renowned researchers, health professionals, educators as well as medical students, stakeholders and clinical providers of acupuncture, TCM and related techniques from all over the world.

Excellent key note lectures, high quality scientific symposia, interactive sessions, video demonstrations, workshops, panel discussions, free oral and poster presentations from sunrise to dawn will ensure your clinical and scientific update on the highest level.

Over and above, it is time to show the power of acupuncture to the world!

Acupuncture, TCM and related techniques need worldwide recognition in health systems, acceptance by policy makers and integration into best clinical practice in order to advance patient care all around the globe. This congress aims to assemble and disseminate the scientific rationale and the mindset necessary to reach this goal.

We invite you to be part of this exciting process, to support and to shape the future of the integration and implementation of acupuncture and TCM in the medical society.

The wonderful town of Munich will be the perfect place to cultivate and enjoy friendship, to exchange clinical experience, to facilitate the scientific debate and to form networks in a particularly friendly and warm atmosphere.

Welcome to Munich, the metropolis with heart.

Sincerely, your hosts and co-chairs

Dominik Irnich  Pan Dong Ryu  Hedi Luxenburger  Konstantina Theodoratou
Munich, Germany  Seoul, South Korea  Aachen, Germany  Athens, Greece
Co-Chair LMU  Co-Chair iSAMS  Co-Chair DÄG  Co-Chair ICMART

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ICMART-iSAMS 2018
c/o DÄGIA
Würmtalstraße 54
D-81375 Munich, Germany

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The local organizing team of ICMART-iSAMS Congress 2018 will take no responsibility for cancellations or postponements of individual events, change of lecturers or other kind of program changes. All information is correct to the best of our knowledge, but we cannot guarantee its accuracy and completeness. Furthermore the advertising companies take the responsibility for the content of their adverts. Reprint, duplication and electronic storage are only allowed upon approval by the publisher (July 2018).

Dear Participants,
The German Medical Acupuncture Association DÄGfA, founded 1951 in Munich, is proud to welcome you all and to take responsibility of the ICMART-iSAMS 2018 World Congress on Medical Acupuncture.

DÄGfA is a non-profit organization which aims to foster the cultivation and promotion of medical acupuncture and TCM in science, medical education and clinical practice as well as its application to promote maintenance of public health care. It is our deepest understanding that acupuncture can be seen as a model of bridging invaluable medical experience and modern science.

It can offer a synthesis between a holistic, empathic and patient-centered approach and the safe and physiologically grounded treatment of symptoms and diseases.

In that regard, we hope sincerely that this congress will be a milestone to underscore the importance of acupuncture and methods of TCM in the promotion of health and prevention of diseases.

We wish all participants an exciting congress, enriching discussions, new ideas and experiences and in particular lots of enjoyable moments and success.

PD Dr. med. Dominik Irnich, President DÄGfA
Gabriela Huemer, MD, Vice President DÄGfA

German Medical Acupuncture Association
deutsche Ärztegesellschaft für Akupunktur e.V. - DÄGfA
Würmtalstr. 54 · 81375 Munich · Germany

Dear Colleagues,

It is our great pleasure to welcome conference attendees to the ICMART-iSAMS 2018 Congress to be held in Munich, Germany, September 7-9, 2018.

The goal of the conference is to assemble top scientists and students from all around the world in different research areas of acupuncture and herbal therapy, who will present their latest findings in clinical and experimental researches.

Through this event, we hope that complementary and conventional medicine practitioners can have a good chance to work together to open a new medical paradigm leading the 21st century to overcome incurable diseases.

We warmly welcome all attendees to Germany the first weekend of September 2018.

O.M.D. PhD Byung-Soo Ahn, President KPI
In-Jung Kang, President MAPI

Korean Pharmacopuncture Institute [KPI]
Medical Association of Pharmacopuncture Institute [MAPI]
4F, AKOM B/D, 91, Heojun-ro, Gangseo-gu, Seoul 07525 South Korea
www.pharmacopuncture.co.kr/main_eng/main.html · isams.kpi@gmail.com

Dear Colleagues,

Dear Ladies and Gentlemen,
on behalf of the Department of Anaesthesiology, University Hospital, LMU Munich I would like to welcome you warmly to the ICMART-iSAMS Congress 2018 hosted by ICMART, iSAMS, DÄGfA and LMU Munich in our hometown Munich.

Acupuncture has proven to be effective in certain conditions, but there is still need to take a deeper scientific look into mechanisms and clinical effectiveness.

This international congress will provide an excellent stage to present latest research results and to exchange experiences for researchers, health professionals, educators, medical students, stakeholders and clinical providers of Medical Acupuncture, TCM and related techniques from all over the world aiming to foster health of our patients.

I wish all of you an exciting congress and a pleasant stay in Munich.

Prof. Dr. Bernhard Zwißler
Director Department of Anaesthesiology
LMU Munich

Department of Anaesthesiology
Hospital of the Ludwig-Maximilians-University (LMU) Munich
Pettenkoferstr. 8a · 80336 Munich

It is my privilege to welcome you to the ICMART-iSMAS congress 2018. It is in fact the 32nd ICMART World Congress on Medical Acupuncture.

An impressive cast of speakers has been assembled to cover a range of diverse topics.

Peruse the program and you will find there is something for everyone, whether you are an expert, an accomplished practitioner or a neophyte acupuncturist at the beginning of your career.

Cutting edge research will be presented to further your understanding of acupuncture. Clinicians will benefit from the practice orientated sessions. Munich is the home of Oktoberfest and BMW, both are iconic and add to the attraction of the city.

Look forward to meeting you at the Congress

Dr. Chin Chan
General Secretary ICMART

International Council of Medical Acupuncture and Related Techniques – ICMART
Secretary@icmart.org · GeneralSecretary@icmart.org · info@icmart.org
Greetings Associated Partners

EUROCAM
is very pleased to see that this congress is apparently intending to blend the holistic approach of traditional medicine of the East with the more research-based approach of the West.
In China you can see that cross-fertilisation and this congress is a showcase of a similar development in the West, which is illustrated by the presentations „Acupuncture without borders” and „Can TCM be global?”
We wish that all participants will be inspired by this approach.

Ton Nicolai, MD FFHom(Hon)
Eurocam spokesperson

Dear participants of the ICMART
XXII. World Congress on Medical Acupuncture,
On behalf of the DGfAN, I would like to welcome you to the ICMART-ISAMS Congress 2018 in Munich.
This congress is mainly organized by the DÄG, with whom we are linked in the ICMART board and in friendship. It is an honor for us to actively support this event as a cooperation partner and to welcome the world of acupuncture and the „Related Techniques” in Munich. I wish you and us a wonderful congress and a fruitful exchange of knowledge!
May many old friends meet here again and many new friendships arise!

Yours
Dr. Siddhartha Popat, MD MA
President of the DGfAN

Dear friends, dear colleagues of acupuncture and Chinese medicine,
On behalf of the International Society for Chinese Medicine (SMS) we are also pleased to welcome you at the ICMART-ISAMS Congress 2018 in Munich!
We congratulate PD Dominik Irnich and his team to the exciting program that offers high-ranking speakers and lectures for both, the clinically active physician and the scientist.
Especially so because for the first time a panel and workshops are offered about Chinese herbal therapy.
Best regards
Dr. med. Rainer Nögel, President of the SMS and Dr. Josef Hummelsberger, Vice-president of the SMS

Dear congress participants,
This year’s congress with numerous lectures on auriculo-medicine is bringing the characteristics of this micro-system attention to the experts.
The options of pain relief and pain management in a quick and simple manner will be explained as well as innovative techniques used to detect therapeutic impediments and further on the use of implantat needles will be shown.
We hope you’ll enjoy the lectures and have a lively exchange with the experts.

Dr. Bernd Ramme, MD, President of the DAA e.V.

As key representatives of the European Society of Integrative Medicine (ESIM e.V.), it is our great pleasure to welcome and greet you at the ICMART-ISAMS Congress 2018.
We are happy to support this international congress, which is very important for the development of Integrative Medicine and Health in Germany and worldwide. In recent years, Integrative Medicine and especially medical acupuncture have become more and more important in patient care worldwide.
We wish you all many new insights and inspiring contacts and wonderful days in the great city of Munich.

Prof. Dr. Stefan Willich, MD, and Prof. Dr. Benno Brinkhaus, MD
ESIM President and Treasurer

The European CAMDOC Alliance, which is an umbrella organisation of CAM related doctors associations, is looking forward to welcome many doctors at the ICMART-ISAMS congress 2018.
These congresses are always an excellent opportunity to exchange with international colleagues and learn about the latest scientific research on acupuncture and related techniques.

Dr. Susanne Schunder-Tatzber, Chairperson ECPM & Member of CAMDOC
Greetings Associated Partners

Dear Ladies and Gentlemen,

The ICMART Congress 2017 in Mexico City was a very special scientific event. Due to the outstanding congress program of ICMART-iSAMS Congress 2018 in Munich we do expect it to be a unique event and a highlight of 2018. For those medical experts who like to intensify their knowledge, we highly recommend to participate in the congress in the heart of Munich.

Board of the German Acupuncture Society
Dr. med. Gabriel Stux
Dr. med. Jürgen Wismach

I congratulate the organizers for planning such a large international congress with scientists from many countries and many cultures. As a related technique, Neural Therapy is also involved in the event with several contributions.

I wish all participants much success concerning the state of knowledge in medicine and many beautiful human encounters during the congress.

Remaining with best regards
Dr. Wolfgang Ortner, MD
President of IFMANT

The International Society for Japanese Kampo Medicine (ISJKM)
is honoured to act as partner for the ICMART-iSAMS Congress 2018 on Medical Acupuncture and congratulates the organizing team to this splendid event in Munich.

Japanese Kampo Medicine is the Japanese variance of East Asian Herbal Therapy and is continuously spreading in Western countries. Our society aims to deepen the understanding of Kampo Medicine worldwide and to promote international scientific cooperation.

We wish you a successful conference and an inspiring exchange of ideas.

Dr. Heidrun Reissenweber-Hewel, MD, PhD
President of the International Society for Japanese Kampo Medicine (ISJKM)

Dear Friends and Colleagues,

It is my pleasure to participate in this great event that brings together acupuncturists from all over the world.

ICMART congresses are an excellent platform to share and exchange knowledge and experiences that enrich research and teaching of acupuncture, contributing to its better dissemination, recognition and strengthening, thus, promoting its integration into health systems worldwide and the consequent benefit to mankind.

It is an honor for the Latin American Federation of Medical Acupuncture Societies (FILASMA) to be part of this important scientific event and to contribute with a grain of sand to its success.

We thank and congratulate the organizers of ICMART-iSAMS Congress 2018 for the effort made, confident that all its objectives will be fulfilled.

Francisco Lozano MD, PhD, President of FILASMA

Dear participants of the international ICMART-iSAMS 2018,

We are very happy that the Medical Society for Qigong Yangsheng e.V. has got the chance to participate in shaping the international ICMART-iSAMS 2018 in Munich.

Within the Related Techniques, also Qigong exercises are related to acupuncture – Qigong exercises, often named the „active part of Chinese Medicine“, are targeting self-healing energies, which exist to varying degrees in every human being.

We are sure that there will be an intense exchange on synergistic effects of the different therapeutical modalities within the field of Chinese Medicine and we hope that the congress will be a tremendous success.

Dr. Elisabeth Friedrichs
Board member of Medizinische Gesellschaft für Qigong Yangsheng e.V.

NADA is looking forward to the 32nd world congress on Medical Acupuncture in Munich. Acupuncture is using the extensive ability of the organism to regulate itself.

NADA is aiming to share this medicine with as many people as possible, who are suffering in this world. Needles can become „tools for hope“ for body and soul, without borders.

NADA is hoping for us all and for you from ICMART iSAMS 2018, that acupuncture is taking a matter of course and a serious position within medicine worldwide.

Thank you for organizing this congress.

Ralph Raben, President of NADA Deutsche Sektion e.V.
**Congress Presidents**

<table>
<thead>
<tr>
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<th>Institution</th>
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<tr>
<td>Dominik Irnich</td>
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<td>Konstantina Theodoratou</td>
<td>Co-Chair ICMART</td>
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In memoriam John Longhurst †

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**ICMART Board**

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**DÄGfA Board**

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**Local Organizing Committee**

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<td>Petra Bäumler</td>
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<td>Sonja Marić</td>
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**Scientific Committee**

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<td>Hwaseung Yoo</td>
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<td>Christa Zumfelde-Hüneburg</td>
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Jürgen Bachmann | Germany
Winfried Banzer (chair) | Germany
Petra Bäumler | Germany
Michaela Bijak | Austria
David Carr | USA
Tomas Dawid | Uruguay
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Huseyn Nazlikul | Turkey
Siddartha Popat | Germany
Lia Diaz Rojas | Mexico
Patrick Sautreuil | France
Marcia Yamamura | Brazil
Junsang Yu | South Korea

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Tomas Dawid | Uruguay
Dominik Irnich | Germany
Hedi Luxenburger | Germany
Chun Lee Oei-Tan | The Netherlands
Konstantina Theodoratou | Greece

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**Media partner**

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Check-out: 12:00
Smoking:
Non-Smoking
This property is 100% non-smoking. A fee of up to 150 EUR will be assessed for smoking in a non-smoking room. Please ask the Front Desk for locations of designated outdoor smoking areas.
Parking:
Self parking: 28.00 (per day)
Valet: 28.00 (Valet available)
Pets:
Service animals allowed: Yes
Pets allowed: Yes
Deposit: 40.00 € (Non-Refundable)
DIRECTIONS
By train:
From Munich Central Station (Hauptbahnhof), take tram line 16 in the direction of Effnerplatz/St. Emmeram and exit at Tivolistrasse. The journey takes approximately 20 minutes. Hilton Munich Park is just a 3-minute walk from the station.
Or you can take bus No. 58 from Hauptbahnhof Nord and get off at Tivolistrasse. The journey takes approximately 19 minutes (12 stops). From here follow the signs to Hilton Munich Park, which will be a three-minute walk. From Munich East Station (Ostbahnhof), take bus No. 54 in the direction of Münchener Freiheit. Alight at Am Tucherpark, which is directly in front of the hotel’s ballroom entrance. The journey takes approximately 21 minutes.
By car from the Airport Franz Josef Strauss:
All major highways lead to the “Mittlere Ring” road. In the north-eastern part of the ring road take exit “Tucherpark”. Follow the street app. 200 meters and turn right at the first traffic lights. Distance from Hotel: 35 km.
Drive Time: 30 min.
By public transport from the Airport Franz Josef Strauss:
To reach the hotel by public transport from the airport, follow green signs to the S-Bahn suburban railway and take train S 8 towards Munich. Exit at Munich East Station (Ostbahnhof) after approximately 30 minutes. Take bus No. 54 in the direction of Münchener Freiheit and exit at station Tucherpark. The journey takes 21 minutes and the bus stops directly in front of the hotel’s ballroom entrance.

Reception at the Residenz München
Thursday, Sep 6, 2018, 19:30 - 21:30
19:30 Welcome Cocktail
20:00 The University of Munich and its Department of Anaesthesiology
Prof. Dr. P. Conzen, LMU
20:15 Korean Medicine
iSAMS
20:30 Medical Acupuncture as a Tool of Lifestyle Medicine
Dr. K. Theodoratou, ICMART
20:45 Pain: The Search for Relief
DÄGIA

Get Together at Hilton Munich Park
Friday, Sep 7, 2018
19:00 - 23:00, Foyer Ballroom
Am Tucherpark 7
80538 Munich

Gala Dinner at the Nockherberg, Historic Brewery
Saturday, Sep 8, 2018
19:00
Join us in celebrating a successful ICMART-iSAMS 2018 at the congress Gala Dinner. Enjoy Bavarian culture live at one of the oldest breweries of Munich, the PAULANER at Nockherberg. Be enchanted by its traditional yet modern flair and experience Bavarian tradition with Dirndl, Lederhosen, beer and its well-known hospitality.
- Shuttle buses from the congress venue (main entrance of Hilton Munich Park) to the Nockherberg will depart at 18:30
- Shuttle buses from the Nockherberg back to the congress hotel are available between 22:00 and 01:00
ICMART Science Award in Acupuncture and Related Techniques 2018

This is the main award of ICMART, which will be presented at each ICMART-congress. It recognizes an outstanding scientific contribution in the field of acupuncture, TCM and related techniques. Submission requires innovative and excellent scientific projects either in basic research or in clinical research published in a peer reviewed journal. The ICMART Science Award is valued at 1.000 Euro. In addition, ICMART will cover travel costs of up to 500 Euro and the congress fee for one author.

ICMART Science Award Winner Lecture at ICMART-iSAMS 2018
Symposium 20 – The Best Way to Do Research
Saturday, September 8, 2018 15:20

Submission for ICMART Science Award 2019 Australia
The ICMART Science Award 2019 will be presented at the upcoming ICMART congress in Australia, Gold Coast. Submission deadline is the 1st of August, 2019. Please submit the required documents to science@icmart.org.

ICMART-3B Young Scientists Travel Award 2018 (4 awards)
The Young Scientists Travel Award is supposed to encourage young researchers of promise on whom the progress in the field of acupuncture, TCM and related techniques depends. It recognizes four science projects addressing any topic related to acupuncture, TCM or related techniques – whether it is etiology, pathophysiology, diagnosis or therapy of symptoms or diseases. All submitted abstracts compete for a limited number of 4 Travel Grants.

Each of the four Young Scientists Travel Awards is valued at 500 Euro in order to cover travel costs to the ICMART-congress. In addition, the awardees have free congress admission. Physicians, scientists, medical students and other healthcare providers currently in residency or fellowship programs or no more than three years after obtaining their final degree are eligible for application.

Winner at ICMART-iSAMS 2018
• S. Blum, Austria: Skin Temperature of Neonates Undergoing Laser Acupuncture at Large Intestine 4 Using Thermography. Friday, September 7th, 2018 14:20 in Symposium 11
• G. Schultz, Germany: Auricular Acupuncture vs. Progressive Muscle Relaxation and vs. no Intervention for Exam Anxiety in Medical Students- A Randomized Controlled Trial. Saturday, September 8th, 2018 11:55 in Symposium 13

ICMART Poster Awards
8 Poster Awards 2018 offered at ICMART-iSAMS 2018
2 DÄGFA Poster Awards 2018 sponsored by the German Medical Acupuncture Association
2 KPI Poster Awards 2018 sponsored by the Korean Pharmacopuncture Institute
2 MAPI Poster Awards 2018 sponsored by the Medical Association of Pharmacopuncture Institute, South Korea
1 IFMANT Poster Award 2018 sponsored by the International Federation of Medical Associations for Neural Therapy
1 SAMAG Poster Award 2018 sponsored by the Scientific Association of Medical Acupuncture in Greece

Each of the eight poster awards is valued at 250 Euro.

Poster awards will be presented at the closing ceremony of the ICMART-iSAMS 2018
Sunday, September 9th, 2018 14:00

Awardees must be present at this ceremony.
In case of absence the respective award will not be attributed.

General Information on ICMART awards and submission at the ICMART homepage: www.icmart.org and at science@icmart.org

Demonstration and Practice Room
Use the Demonstration and Practice Room to show your most successful techniques or try new ones. In this room you will find benches, acupuncture material and safety equipment. Sabine Schierl and Klaus Trinczek, cooperative heads of the Education Centre of the German Medical Acupuncture Association (DÄGFA), and their team will be ready to provide assistance.

The Demonstration and Practice Room will be open from 8:00 to 19:00 on Friday and Saturday (Sep. 7-8, 2018) and from 8:00 to 16:00 on Sunday (Sep 9, 2018).
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<th>Time</th>
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<tr>
<td>09:00</td>
<td>Students Day 09:00 - 13:00</td>
<td>Ballroom C</td>
<td>The Art of Triggerpoint Acupuncture</td>
<td>Behrens, Colling, Irnich</td>
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<td>W1 09:00 - 13:00 Ballroom B</td>
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<td>W2 09:00 - 13:00 Ballroom B</td>
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<td>W5 09:00 - 13:00 Ballroom B</td>
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<td>W6 14:00 - 18:30 Ballroom C</td>
<td>Gleditsch, Behrens, H.P. Ogal, Riehl, Arnstadt</td>
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<tr>
<td>14:00</td>
<td>Students Day 14:00 - 18:00</td>
<td>Ballroom C</td>
<td>Microsystems – from Head to Toe</td>
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<td>W7 14:00 - 18:30 Ballroom C</td>
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<td>W8 14:00 - 18:30 Ballroom C</td>
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<td>W9 14:00 - 18:30 Ballroom C</td>
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<td>W10 14:00 - 18:30 Ballroom C</td>
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<td>W11 14:00 - 18:30 Ballroom C</td>
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</table>

**Students Day**
- 09:00 - 13:00 Ballroom C: Hua, Drebinger, Irnich, Fleschutz, Koutoulaki, Streifler, Wing Lok Lam
- 14:00 - 18:00 Ballroom C: Hua, Drebinger, Tutors of DÄGIA

**Reception**
- 19:00 (19:30 - 21:30) Munich Residenz
<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Location</th>
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<tbody>
<tr>
<td>07:30</td>
<td>B1 07:30 - 08:45</td>
<td>Cezanne</td>
</tr>
<tr>
<td></td>
<td>Treating Disorders of the Locomotor System and Raynaud’s Syndrome</td>
<td>Liertzer, Popat, Reljanovíc, Enev, Behrens, Alp</td>
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<td></td>
<td>B2 07:30 - 08:45</td>
<td>Van Gogh</td>
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<tr>
<td></td>
<td>History and Application Fields of Acupuncture and TCM Revisited</td>
<td>Bäumler, Ots, Fiala, Stühlinger, Luzina-Chju, Fiorini</td>
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<tr>
<td></td>
<td>Q1 07:30 - 08:30</td>
<td>Qigong</td>
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<td></td>
<td>Terrace/Ballroom A</td>
<td>Mietzner</td>
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<tr>
<td>09:00</td>
<td>S1 09:00 - 10:30</td>
<td>Ballroom A</td>
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<td></td>
<td>Regulation and Standards of Education in Medical Acupuncture</td>
<td>Theodoratou, Chan, Watanabe, Elenkova, Genschow, W. Star, Burgoon, Chan</td>
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<tr>
<td></td>
<td>S2 09:00 - 10:30</td>
<td>Ballroom B</td>
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<td></td>
<td>The Importance of Acupuncture, TCM and CAM in the Multimodal Treatment of Chronic Pain</td>
<td>Audette, Dobas, Kohl, Hau, Imich</td>
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<td>S3 09:00 - 10:30</td>
<td>Ballroom C</td>
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<td></td>
<td>Diversity of Acupuncture-Related Techniques – Laser Acupuncture</td>
<td>Banzer, Pehlter, Bahr, Ayati, Langhorst, Reininger</td>
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<tr>
<td>10:30</td>
<td>Coffee Break 10:30 - 11:00</td>
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<tr>
<td>11:00</td>
<td>Opening Ceremony 11:00 - 12:30</td>
<td>Room: Ballroom A/B/C</td>
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<tr>
<td>12:30</td>
<td>PO1 12:30 - 13:00 Rumford</td>
<td>Acupuncture and Herbal Medicine – Indications Beyond Pain</td>
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<td>PO2 12:30 - 13:00 Rumford</td>
<td>Safety Aspects in</td>
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<td>13:00</td>
<td>Lunch Buffet 13:00 - 14:00</td>
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<tr>
<td>14:00</td>
<td>S7 14:00 - 15:45</td>
<td>Ballroom A</td>
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<td></td>
<td>Acupuncture in International Health Strategies</td>
<td>Luxenburger, Theodoratou, Zhang Qi, Burgoon, Nicola, Lozano, Imich, Chan, Chai, Ahn</td>
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<td></td>
<td>S8 14:00 - 15:45</td>
<td>Ballroom B</td>
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<td></td>
<td>Highly Sensitive Patients: Can Science Teach Us to Treat Them with Acupuncture?</td>
<td>Treede, Harris, Audette, Kong, Cuignet, Bäumler</td>
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<td>S9 14:00 - 15:45</td>
<td>Ballroom C</td>
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<td></td>
<td>New Studies and Experiences in Musculoskeletal Disorders (Musculoskeletal I)</td>
<td>Bachmann, Mazzanti, Ayati, Simma, Ural, Popat, Liertzer</td>
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<td>15:45</td>
<td>Coffee Break 15:45 - 16:15</td>
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<tr>
<td>16:15</td>
<td>P1 Plenary 1 · 16:15 - 17:00 Ballroom A/B/C</td>
<td>Acupuncture and Related Techniques in the Face of the Opioid Crisis</td>
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<tr>
<td></td>
<td>Dobos</td>
<td>Chapman</td>
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<tr>
<td>17:15</td>
<td>P2 Plenary 2 · 17:15 - 18:00 Ballroom A/B/C</td>
<td>Can Acupuncture Influence Consciousness?</td>
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<tr>
<td>18:00</td>
<td>ICMART General Assembly 18:00 - 19:30 Ballroom A/B/C</td>
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<tr>
<td>19:00</td>
<td>Get-Together 19:00 - 23:00 Foyer</td>
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## Program at a glance

**Saturday, September 8, 2018**

<table>
<thead>
<tr>
<th>Time</th>
<th>Room</th>
<th>Session</th>
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<tbody>
<tr>
<td>07:30</td>
<td>B3</td>
<td>Cezanne</td>
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<tr>
<td>07:30 - 08:45</td>
<td></td>
<td>Anaesthesia – Acupuncture and Related Techniques in the Perioperative Care Setting</td>
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<tr>
<td>07:30</td>
<td>B5</td>
<td>Breakfast Together with the Editors-in-Chief of JAMS, EUJIM, AIM and DZA</td>
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<tr>
<td>09:00</td>
<td>P3</td>
<td>Plenary 3 · 09:00 - 09:45 Ballroom A/B/C</td>
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<tr>
<td>09:00</td>
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<td>Can TCM Be Global? Unschuld</td>
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<td>09:45</td>
<td>P4</td>
<td>Plenary 4 · 09:45 - 10:30 Ballroom A/B/C</td>
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<tr>
<td>09:45</td>
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<td>Acupuncture, Evidence and Clinical Practice Guidelines – Is There Synergy?</td>
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<td>10:30</td>
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<tr>
<td>11:00</td>
<td>S13</td>
<td>Excellence in Ear Acupuncture – Innovations and Open Questions</td>
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<tr>
<td>11:00</td>
<td>S14</td>
<td>Acupuncture in Anaesthesiology – Implementation and New Horizons</td>
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<tr>
<td>11:00</td>
<td>S15</td>
<td>Innovations and Reports – A Trip Around the World</td>
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<tr>
<td>12:30</td>
<td>PO4</td>
<td>Acupuncture as a Component of Integrative Healthcare</td>
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<td>13:00</td>
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<td>Lunch Buffet 13:00 - 14:00</td>
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<tr>
<td>14:00</td>
<td>S19</td>
<td>Bringing the Autonomic Nervous System in Balance</td>
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<td>14:00</td>
<td>S20</td>
<td>The Best Way to Do Research</td>
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<tr>
<td>14:00</td>
<td>S21</td>
<td>Overcoming Obstacles and Pitfalls in Acupuncture</td>
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<tr>
<td>15:45</td>
<td>P5/6/7</td>
<td>Plenary P5/6/7 · 16:15 - 18:00 Room: Ballroom A/B/C</td>
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<td>16:15</td>
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<td>„George Lewith Memory Lecture“ Brinkhaus, Innich, Linde, Witt</td>
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<td>19:00</td>
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<td>Gala Dinner 19:00 Nockherberg</td>
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<td>Time</td>
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<tr>
<td>07:30</td>
<td>B6</td>
<td>Acupuncture After Traumatic Lesion of the Sciatic Nerve as a Highly Important Part of Multimodal Pain Management&lt;br&gt;Behrens, Cuignet, Reith, Fildan, Günter, Nepp, Harres</td>
</tr>
<tr>
<td>07:30</td>
<td>B7</td>
<td>Traditional Chinese and Korean Medicine Meets Modern Science&lt;br&gt;Song, Nazlikul, Yu, Ozerkan, Muraközy, Kara</td>
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<tr>
<td>07:30</td>
<td>Q3</td>
<td>Terrace/Ballroom A&lt;br&gt;Qigong&lt;br&gt;Mietzner</td>
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<tr>
<td>09:00</td>
<td>P8/9/10</td>
<td>Ballroom A/B/C&lt;br&gt;Traces of Acupuncture in the Brain&lt;br&gt;Chae, Burgooon, Napadow, Harris, Beissner</td>
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<tr>
<td>10:30</td>
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<td>Coffee Break</td>
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<tr>
<td>11:00</td>
<td>S25</td>
<td>Integration and Modulation of Acupuncture for Better Health Care&lt;br&gt;Chan, H.J. Lee, Theodoratou, Ots, Siedentopf, Behrens, Tesfaye</td>
</tr>
<tr>
<td>11:00</td>
<td>S26</td>
<td>Digging Deep in the Tradition of Acupuncture and TCM&lt;br&gt;Sautreuil, Dawid, Unschuld, Engelhardt, Hammes</td>
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<tr>
<td>11:00</td>
<td>S27</td>
<td>Acupuncture Without Borders – How to Improve Health After Disasters&lt;br&gt;Raben, Luxenburger, Venus, Pimentel-Paredes, Takayama, Friedrichs, Henry</td>
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<tr>
<td>12:30</td>
<td>PO7</td>
<td>Advances in Diagnosis a. Treatment of Musculoskeletal Disorders</td>
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<tr>
<td>12:30</td>
<td>PO8</td>
<td>Applications of Acupuncture</td>
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<td>Lunch Buffet</td>
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<td>14:00</td>
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<td>Closing Ceremony and Awards</td>
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<tr>
<td>15:00</td>
<td>MW1</td>
<td>Neural Therapy for Acupuncture Non-Responders – Headache Conference&lt;br&gt;Wander</td>
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<tr>
<td>15:00</td>
<td>MW2</td>
<td>Microsystems and Beyond – The Trauma-Dissolving Approach&lt;br&gt;Gleditsch</td>
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<tr>
<td>15:00</td>
<td>MW3</td>
<td>Auricular Causative Diagnosis: Approach for the Treatment of Acute and Chronic Locomotor Conditions&lt;br&gt;Volf</td>
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<td>16:30</td>
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<td>Fingerfood and Music</td>
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</table>

**Sunday, September 9, 2018**

**Program at a glance**

- **07:30**<br>**B6** 07:30 - 08:45<br>Cezanne<br>Acupuncture After Traumatic Lesion of the Sciatic Nerve as a Highly Important Part of Multimodal Pain Management<br>Behrens, Cuignet, Reith, Fildan, Günter, Nepp, Harres<br>
- **07:30**<br>**B7** 07:30 - 08:45<br>Van Gogh<br>Traditional Chinese and Korean Medicine Meets Modern Science<br>Song, Nazlikul, Yu, Ozerkan, Muraközy, Kara<br>
- **07:30**<br>**Q3** 07:30 - 08:30<br>Terrace/Ballroom A<br>Qigong<br>Mietzner<br>
- **09:00**<br>**P8/9/10** 09:00 - 10:30<br>Ballroom A/B/C<br>Traces of Acupuncture in the Brain<br>Chae, Burgooon, Napadow, Harris, Beissner<br>
- **10:30**<br>Coffee Break<br>10:30 - 11:00<br>
- **11:00**<br>**S25** 11:00 - 13:00<br>Ballroom A<br>Integration and Modulation of Acupuncture for Better Health Care<br>Chan, H.J. Lee, Theodoratou, Ots, Siedentopf, Behrens, Tesfaye<br>
- **11:00**<br>**S26** 11:00 - 12:30<br>Ballroom B<br>Digging Deep in the Tradition of Acupuncture and TCM<br>Sautreuil, Dawid, Unschuld, Engelhardt, Hammes<br>
- **11:00**<br>**S27** 11:00 - 13:00<br>Ballroom C<br>Acupuncture Without Borders – How to Improve Health After Disasters<br>Raben, Luxenburger, Venus, Pimentel-Paredes, Takayama, Friedrichs, Henry<br>
- **12:30**<br>**PO7** 12:30 - 13:00<br>Rumford<br>Advances in Diagnosis a. Treatment of Musculoskeletal Disorders<br>
- **12:30**<br>**PO8** 12:30 - 13:00<br>Rumford<br>Applications of Acupuncture<br>
- **13:00**<br>Lunch Buffet<br>13:00 - 14:00<br>
- **14:00**<br>Closing Ceremony and Awards<br>14:00 - 15:00<br>Room: Ballroom A/B/C<br>
- **15:00**<br>**MW1** 15:00 - 16:30<br>Ballroom A<br>Neural Therapy for Acupuncture Non-Responders – Headache Conference<br>Wander<br>
- **15:00**<br>**MW2** 15:00 - 16:30<br>Ballroom B<br>Microsystems and Beyond – The Trauma-Dissolving Approach<br>Gleditsch<br>
- **15:00**<br>**MW3** 15:00 - 16:30<br>Ballroom C<br>Auricular Causative Diagnosis: Approach for the Treatment of Acute and Chronic Locomotor Conditions<br>Volf<br>
- **16:30**<br>Fingerfood and Music<br>16:30 - 17:30
Students Day

The Students Day aims to foster exchange of students, who are active or interested in acupuncture, TCM and related techniques. Impulse lectures, experiences and interactive workshops will serve as basis of discussion which aims to implement complementary methods and holistic thinking into students’ activity. The main questions will be “How to enforce acupuncture at my university?”, “How to build up interest groups?” and “How can I be successful in promoting teaching and research in my clinic as a young doctor?”.

An important part will be interactive workshops to share important content-related and methodological experiences and to learn together.

Organized by Kevin Hua and Daniel Drebinger, medical students and tutors at the German Medical Acupuncture Association (DÄGfA)

Program in detail

Thursday, September 6, 2018 · 09:00 – 18:00

Students Day

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>09:00</td>
<td>Welcome</td>
<td>Kevin Hua, Germany Daniel Drebinger, Germany</td>
</tr>
<tr>
<td>09:05</td>
<td>Overcoming Barriers in Promoting, Teaching and Research in Acupuncture at the University, as a Student, as a Young Resident and as a Professor – Report from 30 Years of Experience</td>
<td>Dominik Irnich, Germany Co-Chair ICMART-iSAMS 2018</td>
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<tr>
<td>09:30</td>
<td>Plenum Discussion: Clinical Education in Acupuncture</td>
<td>Plenum</td>
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<tr>
<td>10:00</td>
<td>Lecture 1: Impressions of the Course „Pain and Acupuncture” at the University of Erlangen-Nuremberg</td>
<td>Kathrin Fleschutz, Germany</td>
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<tr>
<td>10:30</td>
<td>Lecture 2: Perception of Acupuncture in Greece and Sweden</td>
<td>Emmanouela Koutoulaki, Greece</td>
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<td>11:00</td>
<td>Coffee Break</td>
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<tr>
<td>11:15</td>
<td>Lecture 3: Acupuncture for Postoperative Pain After Abdominal Surgery for Gynecological Diseases: Lessons Learnt from conduction of a RCT</td>
<td>Wing Lok Lam, Hong Kong</td>
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<tr>
<td>11:45</td>
<td>Workshop 1: Qigong, Acupressure</td>
<td>Daniel Drebinger, Germany</td>
</tr>
<tr>
<td>12:30</td>
<td>Lecture 4: Insomnia and Chronobiology in Traditional Chinese Medicine</td>
<td>Antje Streifler, Germany</td>
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<td>12:30</td>
<td>Lunch Break</td>
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<tr>
<td>14:00</td>
<td>Workshop 2: How to Solve Pain Problems</td>
<td>Daniel Drebinger, Germany</td>
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<tr>
<td>15:15</td>
<td>Lecture 4: Case Report</td>
<td>Tutors of DÄGfA</td>
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<td>15:45</td>
<td>Coffee Break</td>
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<tr>
<td>16:00</td>
<td>Qigong</td>
<td>Daniel Drebinger, Germany</td>
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<tr>
<td>16:30</td>
<td>Closing Discussion</td>
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<td>17:00</td>
<td>Social Program</td>
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Thursday, September 6, 2018 · 09:00 – 18:00

Students Day

10. INTERNATIONALES TCM-FORUM

& Internationale Konferenz für Akupunktur-Fortbildung

ca. 50 Themen · 24 Fortbildungspunkte anerkannt

12.-14. Oktober 2018 im Konzerthaus Bad Pyrmont, Germany

Programm liegt am Kongress-Infostand aus und unter www.dgfan.de

Mail: gc789@163.com · Fax: +49-5281-151780

12. Internationales TCM-Forum

& Internationale Konferenz für Akupunktur-Fortbildung

ca. 50 Themen · 24 Fortbildungspunkte anerkannt

12.-14. Oktober 2018 im Konzerthaus Bad Pyrmont, Germany

Programm liegt am Kongress-Infostand aus und unter www.dgfan.de

Mail: gc789@163.com · Fax: +49-5281-151780
W1 The Art of Triggerpoint Acupuncture
Workshop of the German Medical Acupuncture Association (DÄGAF)
N. Behrens, C. Colling, D. Irnich

It is a successful and recognized form of therapy for myofascial pain and limited mobility. The causes and pathophysiology of trigger point formation, the diagnostic procedure, anatomical functional relationships, parallels to classical acupuncture and psychosomatic aspects are discussed. The associated needle technique of dry needling is practiced. The therapy of the most important trigger points is demonstrated with examination techniques and muscle stretches.

We will also cover the subject “The Art of Trigger Point Acupuncture”. This includes optimizing patient-doctors relationship, reading the language of each muscle or muscle group, mastering different technics of dry needling, and understanding muscle, fascia and respective posture as an individual expression of an individual human being. This goes far beyond simple triggerpoint acupuncture.

W2 LIQUIDAKUPUNKTUR – schnell gegen Schmerzen
Workshop of the German Academy for Acupuncture (DAA)
B. Ramme


Im Workshop wird das konkrete Vorgehen in Patientendemonstrationen gezeigt und häufige Punktlokalisationen werden vermittelt.

W3 Healing with Spiritual Acupuncture
Workshop of the German Acupuncture Society (DAG)
G. Stux

This workshop draws on more than 40 years of experience in acupuncture and Chinese Medicine and 30 years of experience in working with different modalities of Energy Healing. The main intention of this spiritual healing practice is to bring soul and body together and deeply connect the soul with the heart space. Additionally, awareness is directed to the flow of energy, focusing on the light level of the life forces. When the crown chakra has been opened, in the first step light and energy can flow from the soul, the eighth chakra into the heart space and through the whole body. As the chakras progress from the highest levels to the lowest, they govern increasingly spiritual functions. The full awareness exemplifies the spiritual application of the different healing modalities. Of these healing modalities, different ways of using Qigong and meditation are the most essential.

W4 Nü Zi Qigong – Qigong for Women
A. Mietzner

In this workshop Anna Mietzner is going to introduce some parts of Nü Zi Qigong – Women’s Qigong. It belongs to the system of the Nei Yang Gong – Internal Cultivation Qigong, which is nowadays represented by Liu Ya Fei. She received the genuine tradition of Nei Yang Gong through instruction from her father, Liu Gui Zhen, who laid the foundation stone for medical Qigong in modern China. The exercises are structured in harmony with the particular physiological characteristics of women, and they possess an especially high practical value both in the prevention and curing of women’s diseases as well as for the general care and maintenance of good health.

W5 Quick Response Acupuncture in Common Acute Conditions: Effective Tools for Your Clinic and Acute Care Facilities
Workshop of FILASMA (Iberic-Latin American Federation of Medical Acupuncture Societies)
F. Lozano, R.A. Díaz Rojas, G. Chaibún, M.L. Yamamura

During the Workshop we will explain and have active demonstration of different acupuncture techniques suitable to be used in specific and frequent clinical conditions. Using minimum acupuncture points and other techniques, we can provide our patients an immediate relief, offering them a therapeutically effective option. Some of the conditions to analyse include different types of pain, nausea, herpes zoster, dermatitis, flu, and more.
Room:  Workshop 6
Ballroom B  14:00 - 18:30

**W6  Microsystems – From Head to Toe**
Workshop of the German Medical Acupuncture Society (DÄGfA)
J. Gleditsch, N. Behrens, H.P. Ogal, G. Riehl, N. Arnstadt
14:00 - 16:00

**MAPS (Micro-Aku-Point-System), Very Point Technique**
J. Gleditsch, Germany
N. Behrens, Germany

**Yamamoto New Scalp Acupuncture (YNSA)**
H. P. Ogal, Germany

**Somatotop „Arm“**
G. Riehl, Germany

**Chinese Scalp Acupuncture**
N. Arnstadt, Germany

16:30 - 17:30  Hands On
**MAPS, Very Point Technique – Yamamoto New Scalp Acupuncture (YNSA)**
H. P. Ogal, Germany

17:30 - 18:30  Hands On
**Somatotop „Arm“ – Chinese Scalp Acupuncture**
N. Arnstadt, Germany

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**Content:**
MAPS therapy and body acupuncture are by no means in competition with each other, but complement each other in an optimal way, especially in pain therapy and disorders of the musculoskeletal system. MAPS (Micro-Aku-Point-Systems) have been mainly discovered and elaborated in the recent decades in the West. They have a short history in comparison to TCM. Only the Chinese SCALP-Acupuncture was developed since the 1950’s in China combining a specific needling technique with the reflex somatotopic system of the scalp. It has shown to be effective for both: acute and chronic neurological conditions and pain problems and often shows immediate results.

You will get a hands on introduction in our workshop with Dr. med. Nike Arnstadt.

For the MAPS, the breakthrough came with the decoding of a cartography on the auricle by the Lyon physician Paul Nogier in the early 1950s. In the 70s and 80s further MAPS were broken down and spread rapidly. This led to oral acupuncture, which has its particularly effective therapy points inside the upper and lower wisdom teeth, i.e. in the retromolecular region. We owe the systematization and further research of MAPS, especially oral acupuncture, to Dr. med. Jochen Gleditsch (Honorary President of DÄGfA, ENT and dentist). Together with Dr. med. Nicolas Behrens (lecturer at DÄGfA, private clinic in Munich) they will introduce MAPS.

The Yamamoto New Scalp Acupuncture (YNSA) was founded in the sixties by Dr. Toshikatsu Yamamoto (Ph.D.). During the treatment of patients suffering from pain and paralysis he discovered painful points on the skull showing somatoform assignments of the entire body. He systematized this new reflex therapeutic acupuncture form and refined it further in the last 40 years. YNSA is a fast and efficient treatment of pain syndromes, functional disorders of the internal organs and neurological disorders. His assistant and longtime companion Dr. med. Hans P. Ogal (lecturer at DÄGfA, specialist for anaesthesiology and pain therapy, Integrative Medicine Inner Switzerland AG, Switzerland) will present this system and new highlights in the workshop.

Over the past 10 years, Dr. med. Gerhard Riehl (lecturer at the DÄGfA, specialist for general medicine, based in his own practice in Wilnsdorf) has discovered a very successful microsystem on the upper and lower arm that has proven itself especially in the therapy of pain and functional disorders of the movement system. It can be used quickly even at the sitting patient, only the arm must be accessible. A simple “pyonex” needle-tape at the arm often is sufficient to take off pain. It is of advantage to use several MAPS in one therapy session to combine the specific effects of each technique. One of the MAPS usually show the clearest point activation and thus the most effective therapy opportunity, very often to be seen in the same session. However, analog points of other systems usually supplement and improve the therapeutic effect. We are looking forward to a 4-hour MAPS trip together.

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**Education in Medical Acupuncture in English**

We will offer certified education in Medical Acupuncture (200 hrs) according to the DÄGfA standards and recognized by the German Medical Chamber at Frankfurt and/or Amsterdam (cooperation SWERF/WAVAN) by 2019.

Further information at the congress or at www.daegfa.de by November 2018.
Room: Workshop 7
Van Gogh 14:00 - 18:30

**W7 Chinesische Phytotherapie bei chronisch-entzündlichen Darmerkrankungen (CED)**

Workshop of the International Society for Chinese Medicine (SMS)
Workshop in German, no translation
S. Brommer

CED sind häufig, ihre Therapie mit westlicher Medizin ist limitiert und oft mit Nebenwirkungen verbunden, die Beschwerden sind häufig chronisch rezidivierend. Aufgrund langjähriger klinischer Erfahrungen mit der Chinesischen Medizin (CM) und den traditionellen chinesischen Arzneimitteln können diese als Ergänzung zur konventionellen Therapie oder als alternative Behandlung erfolgreich mit eingesetzt werden. In diesem Workshop sollen die Prinzipien der Chinesischen Arzneimittellehre und für die CED ein konkretes Therapiebeispiel vorgestellt werden.

Room: Workshop 8
Ballroom A 14:00 - 18:30

„Light as a Bird, Earthy Like a Bear“

**W8 Qigong Exercises from the „Frolics of the 5 Animals“ by Jiao Guorui**

Workshop of the Medizinische Gesellschaft of Qigong Yangsheng e.V.
E. Friedrichs

The “Frolics of the 5 Animals” describe one of the earliest recorded Chinese exercise systems, with its application in therapy dating back, according to tradition, to the famous physician and scholar Hua Tuo (2nd c CE) and with roots probably reaching to the legendary origins of Chinese culture.

In the shape given to the Animal Frolics by Jiao Guorui (1923-1997) grace, strength and character of bear, crane, tiger, deer and monkey come to life. The aspect of simplicity (自然zìrán) and unity of form, gesture and facial expression are especially emphasized in the “Frolics of the 5 Animals.”

An assignment of the five animals to the five phases (五行wǔxíng) of Chinese medicine characterizes the shape of the animal frolics and underlines the close relationship to emotions, feelings and inborn capabilities. By “borrowing” the power and originality of these 5 animals, we as modern people can reach back to the natural forces within us and simultaneously connect to the forces of nature. And the slow, harmonious movements of these exercises offer the opportunity to find inner peace, relaxation and strength, in order to promote a balance of stress and relaxation, of yin and yang – as a compensation for all the diverse outside requirements to be met. Developed by Jiao Guorui, different exercise modes for the “Frolics of the 5 Animals” allow for the individual constitution of the practitioner in a special way.

At the historical site of Munich Residenz 19:30 – 21:30

**Reception**

We are honored to welcome you to the congress with a festive Reception at the Royal Residence of Munich on Thursday evening, September 6, 7:30 - 21:30. Toast with us to an inspiring congress at this magnificent palace. The early night might tempt you to end the day with a stroll through the adjacent gardens, extending into town.
Room: Breakfast Symposium*
Cezeanne  07:30 - 8:45

B1  Treating Disorders of the Locomotor System and Raynaud’s Syndrome – Beyond Standards
Chairs: H. Liertzer, Austria
S. Popat, Germany

This breakfast session contains encouraging clinical examples of how very particular acupuncture and related techniques are successfully used to treat painful complaints of the locomotor system. We dare a look at parasite frequencies, at fractals and at body mind experiences of extraordinary vessels in the treatment of the locomotor system. In addition, one case report about the relief of Raynaud’s syndrome after acupuncture will be presented.

07:30  Get Your Breakfast

07:45  Treatment of Back Pain by Using the Fundamental Nogier Frequencies and Parasite Frequencies
K. Reljanovic, Croatia

08:00  Fractals Nature of Acupuncture Channels and the Vacuum Treatment Massage as a Method for Increase of Effectiveness of Acupuncture
E. Enev, Bulgaria

08:15  Extraordinary Vessels (EoV) – Experience Their Function
N. Behrens, Germany

08:30  Application of Acupuncture in Raynaud’s Syndrome
H. Alp, Turkey

Room: Qigong
Terrace (sunshine)/ Ballroom A (rain)  07:30 - 8:30

Q1  Qigong in the Morning
A. Mietzner, Germany

Why don’t you start your day by mobilizing your body and calming your mind? For that purpose I would be very glad to practice some Qigong exercises together with you. The movements are all part of the training system Nei Yang Gong – Internal Cultivating Qi-gong, and especially good for maintaining or regaining physical health and bringing along inner joy and calmness.
### Symposium 1  
**09:00 - 10:30**

**S1 Regulation and Standards of Education in Medical Acupuncture**

**Chairs:**  
K. Theodoratou, Greece  
C. Chan, Australia

Premium quality education on Medical Acupuncture should be one that provides all students with the capability to implement safe and effective treatments. Medical Acupuncture derives from traditional theories and has become an integral part of modern science. Therefore, by nature, it is an integrative discipline. We shall make every effort to ensure the premium quality of education.

- **09:00**  
  **Traditional Medicine Chapter in WHO ICD-11**  
  K. Watanabe, Japan

- **09:20**  
  **Definition Medical Acupuncture**  
  C. Chan, Australia

- **09:35**  
  **UEMS: The Standardization of the Medical Specialties and Modalities**  
  K. Theodoratou, Greece

- **09:50**  
  **How to Certify Your Education by ICMART?**  
  S. Elenkova, Bulgaria

**10:00**  
**Presentation of Training Programs and Discussion**

- C. Chan, Australian Medical Acupuncture College, AMAC  
- F. Genschow, Brazilian Medical College of Acupuncture, CMBA  
- J. Hummelsberger, International Society of Chinese Medicine (SMS)  
- T. Burgoon, American Academy of Medical Acupuncture, AAMA

Acupuncture training programs have similarities and differences worldwide. Some programs are officially recognized and accredited by the government, others by national medical associations and others by acupuncture medical associations. A short overview of the education standards in the US, Brazil, Australia and Germany will be followed by a discussion.

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### Breakfast Symposium*  
**Van Gogh**  
**07:30 - 08:45**

**B2 History and Application Fields of Acupuncture and TCM Revisited**

**Chairs:**  
P. Bäumler, Germany  
T. Ots, Austria

Does Acupuncture really originate from China? Or did the world famous Ötzi, an Austrian mountain man who lived between 3400 and 3100 BC, already know about the healing effects of acupuncture point stimulation? We invite you to approach this and other provocative questions during this multifaceted session.

Irrespective of these historical aspects, is acupuncture and TCM used to its full potential? A rather novel field of application is introduced: The treatment of young bulls in order to improve their semen quality to save them from the butcher (including video presentation). Subsequently, an example of expedient integration of TCM into rehabilitation medicine is provided. The session closes with a demonstration of secret needling skills.

- **07:30**  
  **Get Your Breakfast**

- **07:45**  
  **European Roots of Acupuncture – Dispute About the European-Asian-African Root**  
  P. Fiola, Czech Republic

- **08:00**  
  **The Effectiveness of Acupuncture in Improving Semen Quality of Genomically Proven Young Bulls – Study Protocol of a Randomized Controlled Trial**  
  T. Stübinger, Germany

- **08:15**  
  **Clinical Observations in Patients with Sequelae of Injuries During Medical Rehabilitation with TCM methods**  
  L. Luzina-Chju, Russian Federation

- **08:30**  
  **Secret Needling Skills**  
  G. Fiorini, Germany

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### Meditation  
**Picasso/Dali**  
**07:30 - 8:30**

**M1 Meditation**

R. Pothmann, Germany

Meditation has proven to be one of the most effective ways to foster health and well-being and to achieve a mentally clear and emotionally calm state. Exercising this morning will help you to follow the lectures during the day more intensively, to reduce stress if you have to give a talk or convince your discussion partner in a relaxed fashion.
**S2  The Importance of Acupuncture, TCM and CAM in the Multimodal Treatment of Chronic Pain – Three Model Projects**

**Chairs:** J. Audette, USA  
G. Dobos, Germany

Chronic pain affects between 30% and 50% of the world’s population. The WHO global burden of disease study clearly shows an increasing prevalence of pain conditions despite advances in modern medicine. Additionally, the International Association for the Study of Pain reports that there is still inadequate access to treatment of acute pain in large parts of the world, which again contributes to the high prevalence of chronic pain. At the same time, in the treatment of chronic pain the effectiveness of analgesic is not proven with regard to long-term use.

In contrast, Acupuncture as well as selected methods of TCM and Complementary Medicine (CAM) achieved a high level of evidence in acute and chronic pain conditions and are consequently more and more recommended in national and international guidelines.

Gold standard in the treatment of chronic pain is the interdisciplinary multimodal pain therapy (IMPT) which is based on a bio-psycho-social understanding of pain. It comprises at least psychological and physiotherapeutic interventions and is often provided as a group program. It is, thus, a logical conclusion that Acupuncture, TCM and CAM methods can add value to IMPT due to their proven analgesic effects (e.g. Acupuncture), their capacity to improve physical fitness (e.g. Qigong, TaiChi, Yoga), their positive effects on the vegetative state, well-being and emotional disorders (e.g. body mind, meditation) and their ability to strengthen self-efficacy (e.g. acupressure, naturopathic compresses, packs and poultices).

This session will provide you with insights into 20 years of experience in implementation of Acupuncture, TCM and CAM into conventional interdisciplinary multimodal pain therapy of highest quality standard and its effectiveness. With regard to acute pain, a new door will be opened.

09:00  **Introduction: The Need for CAM in Pain Treatment**  
J. Audette, USA

09:15  **Complementary and Integrative Pain Medicine – “The Essen Model”**  
W. Kohl, Germany

09:40  **Integrated Chinese and Western Medical Therapies for the Treatment of Acute Low Back Pain in a Public Hospital in Hong Kong**  
V. Hau, Hong Kong

10:05  **The Munich Outpatient Program in Complementary and Alternative Medicine (MOCAM) for Chronic Pain – Concept and Long-Term Follow-Up**  
D. Irnich, Germany

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**S3  Diversity of Acupuncture-Related Techniques – Laser Acupuncture**

**Chairs:** W. Banzer, Germany  
P. Piehler, Austria

There is a great variety of acupuncture-related techniques. However, identification of particularly effective methods takes great dedication and often decades of clinical experience and hard work. In this symposium four lecturers that have substantially contributed to the rise of public awareness for acupuncture and related techniques will present some of the most effective and innovative achievements in the field of acupuncture-related techniques.

Regarding laser medicine and laser acupuncture experiences in the use of different wavelengths to treat pain syndromes will be reported, and latest research results of laser acupuncture in the treatment of obesity will be presented. A very new approach will be demonstrated which consists of endoluminal injection of local anaesthetics to avoid the development of visceral disturbing fields.

09:00  **Laser Acupuncture and Innovative Laser Medicine**  
F. Bahr, Germany

09:20  **Is Laser Acupuncture an Effective Complementary Therapy for Obesity Management? A Systematic Review of Clinical Trials**  
H. Ayati, Iran

09:40  **Intraluminal Neural Therapy**  
J. Langhorst, Germany

10:00  **The field of Laser Acupuncture: Overview of Recent Developments in Evidence and Technique**  
M. Reininger, Austria

10:20  Discussion
**Symposium 4**

**Acupuncture in Psychiatry – Evidence and Innovations**

**Chairs:** R. Musil, Germany  
M. Martin, France

Psychiatry is one of the areas within acupuncture research with the highest knowledge gain in the last decade. In this symposium you will first be provided with an overview about the evidence for the effectiveness and limits for acupuncture in psychiatric diseases. Subsequently it continues with a presentation of an innovative approach of how acupuncture can be used to treat psychological trauma. Finally results of two recent trials on acupuncture for smoking cessation and the treatment of depression and anxiety in family caregivers will encourage you, irrespective of your medical discipline, to integrate acupuncture for these indications in your daily clinical practice.

- 09:00 Introduction to the Evidence of Acupuncture in Psychiatry  
  R. Musil, Germany

- 09:10 Acupuncture in Psychiatry – Time For a Change?  
  R. Musil, Germany

- 09:30 Psychological Trauma Therapy with 3-Steps Acupuncture-Based Exposition – A Novel Treatment Protocol  
  J. Schotttfred, Germany

- 09:50 Auricular Acupuncture for Smoking Cessation  
  H. Zwinczewsk, Poland

- 10:10 Addictions, Neuroscience and Acupuncture  
  S. Bidon

**Symposium 5**

**Korean Medicine and Pharmacopuncture**

**Chairs:** P. Ryu, South Korea  
H. Luxenburger, Germany

Pharmacopuncture is a form of therapy derived from the combination of herbal medicine and acupuncture therapy. Medical fluids containing various substances are injected in order to stimulate a specific part of the human body. Medical fluids are produced by extracting, refining, diluting, blending or converging pure herbs. These are applied at acupuncture points by injection into the skin, muscle, joint, intra-cavity, zang-fu, intravenous etc. Further forms of application include spreading on and burying under the skin.

- 09:00 Current Status of Pharmacopuncture and Patients’ Satisfaction in Korea  
  K.H. Kim, South Korea

- 09:30 Scientific Mechanism of Bee Venom Pharmacopuncture  
  J.S. Yu, South Korea

- 10:00 Co-Culture with NK-92MI Cells Enhanced the Anti-Cancer Effect of Bee Venom on NSCLC Cells by Inactivation of NF- B  
  H.S. Song, South Korea

**Symposium 6**

**Nonspecific and Specific Effects of Qigong in the Treatment of Symptoms and Disorders?**

Symposium in collaboration with the Medical Association for Qigong Yangsheng, Bonn, Germany (Medizinische Gesellschaft für Qigong Yangsheng e.V.)

**Chairs:** E. Friedrichs, Germany  
M. Bijak, Austria

There is increasing evidence for the effectiveness of Qigong in the treatment of different disorders and symptoms. However, there are challenges with regard to its implementation into daily practice and the understanding of its specific effects. Listeners will be updated on the evidence of Qigong and will get useful experience based advices.

- 09:00 Qigong Yangsheng – Examples of “Therapeutic Dialogues” with the Vital Force (Qì)  
  G. Hildenbrand, Germany

- 09:30 “Regulating the Breath, Calming the Mind/Spirit” – Long-Term Experiences in Acupuncture and Qigong as a Family doctor in Germany  
  E. Friedrichs, Germany

- 10:10 Healing by Qi – Sustainable Self-Regulation  
  C. Winkler, France
Room: Ballroom A/B/C
11:00 - 12:30

Opening Ceremony
11:00 Introduction

11:05 Opening Notes and Presentation of Congress Program
K. Theodoratou, ICMART, H. Luxenburger, DAGA, D. Imich, LMU, P. Ryu, iSAMS, B. Zwißler, LMU

11:20 The Role of Acupuncture in the WHO Strategy of C&TM
Zhang Qi, WHO Coordinator in C&TM

11:30 The Role of Acupuncture in CAM in Europe
T. Nicolai, Spokesman EUROCAM

11:40 From Tradition to Enlightenment – Some Ideas about Science and Humanities
W. Stör, Past-president DAGA

11:50 Opening Lecture
Learning For Healing
W. Zieglgänsberger, Germany

12:20 ICMART Awards

12:25 Honorary Members ICMART

Room: Guided Poster Session
Rumford
12:30 - 13:00

PO1 Acupuncture and Herbal Medicine - Indications Beyond Pain
Chairs: W. Banzer, Germany
F. Lozano, Mexico

PO1.1 Acupuncture Improves Symptoms in Patients with Mild to Moderate Atopic Dermatitis: a Randomized, Sham-Controlled Preliminary Trial
K. Kim (South Korea)

PO1.2 The Effects of Acupuncture in Patients with Phantosmia
S. Seurig (Germany)

PO1.3 The Efficacy and Safety of 12-week Hanslim in Obese Patients: Study Protocol for a Multicenter, Randomized, Placebo-controlled Phase IIb Trial
(South Korea)

PO1.4 Perioperative Case Series of the Department of Anesthesiology at the University Hospital of Oral and Maxillofacial Surgery, LMU Munich
T. Reiter, A. Reither (Germany)

PO1.5 Demographic Data of Patients Who Apply to GETAT Center
H. Alp (Turkey)

PO1.6 NADA-Auriculoacupuncture as a Symptomatic Treatment for Agitation in People with Dementia: A Randomized, Controlled, Rater-Blind Pilot Study
C. Colling, V. Holthoff-Detto, P. Falkai, R. Musil (Germany)

Room: Guided Poster Session
Rumford
12:30 - 13:00

PO2 Safety Aspects in Acupuncture Practice / Late Breaker Poster
Chairs: P. Bäumler, Germany
T. Dawid, Uruguay

PO2.1 A Study on the Accuracy and Safety of Ultrasound Guided Acupuncture Treatment for ‘Shoulder Pain Point (BP-LE6)’ – RCT, Pilot Study Protocol
J.U. Kim, J. Kim, T.H. Yook, B.Y. Song, Y.M. Choi (South Korea)

PO2.2 Evaluation of Bleeding-Related Adverse Events Following Acupuncture Treatment in Patients on Anticoagulant or Antiplatelet Drugs
S. Lee, M. Lee, E. Kim, Y.E. Choo, J. Kang, J.D. Lee (South Korea)

PO2.3 Determining Safe Needling Depth to Cervical Artery Based on Anthropometric Measurements – Focusing on Acupuncture Point ST21
S. Park, H. Chu, G. Kang, J. Kim, S. Lee (South Korea)

PO2.4 Thermographic Evidence of Auricular Points Acute Effect in Thyroiditis: A Case Report
A.C. Santana, F. Moraes (Brazil)

PO2.6 Infrared Thermoimaging Follow-Up of Acupuncture Treatment for Lunate Intraosseous Ganglion Cyst: A Case Report
A.C. Santana (Brazil)
Room: Guided Poster Session
Rumford 12:30 - 13:00

PO3  Acupuncture in Neonates, Pregnancy Care and Labor
Chairs: L. Díaz-Rojas, Mexico
        D. Carr, USA

PO3.1 Ear Acupuncture Points in Term and Late-Preterm Neonates: A Blinded, Controlled, Observational Trial
C. Flucher, J. Stadler, N. Tritschler, B. Urlesberger, W. Raith (Austria)

PO3.3 Laser Acupuncture for Pain Prevention in Neonates: A Study Protocol for an Observer-Blinded, Randomised, Clinical Controlled Trial
J. Stadler, A. Avian, K. Posch, B. Urlesberger, W. Raith (Austria)

PO3.4 Acupuncture for Pain Control After Cesarean Section – A Randomized, Placebo-Controlled Investigation
B. Henkel, T. Hesse, C. Klausenitz, K. Hahnenkamp, A. Mustea, T. Usichenko (Germany)

Room: Sondervortrag
Picasso/Dalí 13:15 – 13:45

V1  Akupunktur und Recht
A. Eberz

Der Vortrag thematisiert wichtige Fragestellungen, insbesondere zu den Themen Aufklärung, Einwilligung, Haftung und GOÄ.
Herr Rechtsanwalt Dr. Eberz, Mainz, ist bundesweit ausschließlich auf Arztseite tätig. Seit vielen Jahren beschäftigt er sich auch mit akupunkturspezifischen Rechtsfragen.

Room: Symposium 7
Ballroom A 14:00 - 15:45

S7  Acupuncture in International Health Strategies
Chairs: H. Luxenburger, Germany
       K. Theodoratou, Greece

How can health care be improved around the world by making acupuncture and related techniques integral parts of health strategies?
Learn about experiences and ideas of leading political representatives and decision makers promoting acupuncture and TCM at the EU level, in the US, in South American Nations and within the WHO.
This unique session is composed of short introductions on chances and challenges of the use of acupuncture in high and low resource health care settings followed by an open panel discussion.
Join this vital platform of debate and contribute to framing the future role of acupuncture in global health care.

On the panel will be among others:
Dr. Konstantina Theodoratou, President ICMART, Greece
Dr. Zhang Qi, Coordinator Complementary and Traditional Medicine, WHO, Switzerland
Dr. Thomas Burgoon, American Academy of Medical Acupuncture, USA
Ton Nicolai, Spokesman EUROCAM, Belgium
Dr. Francisco Lozano, President FILASMA, Ibero Latin American Medical Acupuncture Association, Mexico
Hedi Luxenburger, ICMART EU Chapter, DÄGIA board, Germany
PD Dr. Dominik Irnich, President DÄGIA, Germany
Dr. Chin Chan, ICMART General Secretary, Australia
Dr. Moon-seok Choi, Vice President, The Association of Korean Medicine
Dr. Byung Soo Ahn, President, Korean Pharmacopuncture Institute, South Korea
Room: Symposium 8
Ballroom B  
14:00 – 15:45

**S8**  Highly Sensitive Patients: Can Science Teach Us How to Treat Them with Acupuncture?

Chairs: R.D. Treede, Germany  
R. Harris, USA

Any physician knows these pain patients: They are highly sensitive to any sensory stimulus. Is it recommendable to treat them with acupuncture? And if yes, which form of stimulation optimizes treatment success? In this session these questions will be approached from a scientific point of view. First, Joseph Audette from the Harvard Medical School will provide an overview on how acupuncture provides an effective method of addressing both myofascial pain as well as down regulating pain facilitation in the central nervous system. Following, Jiang-Ti Kong from the Stanford University will illustrate the relationship between the pressure pain threshold and other clinical outcomes in pain patients. She also will share her latest research results on the predictive value of different modalities of sensory perception for clinical effects of electroacupuncture in low back pain patients. Then Olivier Cuignet, president of the Belgian Association for Medical Acupuncture will present insights gained about superiority of electro-acupuncture over manual acupuncture in the treatment of myofascial low back pain as well as on the predictive value of the pressure pain thresholds for treatment success. Finally, an overview about the research on sensory thresholds as indicators and predictors for the analgesic effect of acupuncture conducted at the Multidisciplinary Pain Center, Department of Anaesthesiology, Hospital of the Ludwig Maximilians Universität, Munich will be provided by Petra Bäumler.

This symposium will be chaired by Richard Harris, Director for Neuroimaging at the Chronic Pain and Fatigue Research Center, University Michigan and Rolf-Detlef Treede, past-president of the International Association for the Study of Pain (IASP).

**14:00** Introduction to Central Hypersensitivity  
R.D. Treede, Germany

**14:15** Myofascial Pain and Central Sensitization: An Evidence Based, Acupuncture Approach to Treatment  
J. Audette, USA

**14:40** Exploring the Roles of Quantitative Sensory Testing: Biomarker of Chronic Pain and Predictor of Clinical Response to Acupuncture  
J.T. Kong, USA

**15:05** The Effects of Electroacupuncture of Myofascial Trigger Points on the Pain and the Sensory Thresholds in Chronic Low Back Pain  
O. Cuignet, Belgium

**15:25** Sensory Thresholds as Indicators and Predictors for the Clinical Effectiveness of Acupuncture  
P. Bäumler, Germany

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Room: Symposium 9
Ballroom C  
14:00 - 15:45

**S9**  New Studies and Experiences in Musculoskeletal Disorders (Musculoskeletal I)

Chairs: J. Bachmann, Germany  
U. Mazzanti, Italy

Musculoskeletal disorders are a major cause of global burden of disease. There is convincing evidence for acupuncture in the treatment of low back pain, shoulder pain and osteoarthritis from latest systematic meta-analyses. However, in order to optimize treatment and to integrate acupuncture into health strategies we still need more insight. In this symposium lecturers will share latest research results and experience-based knowledge to improve the outcome in the management of musculoskeletal disorders.

**14:00** Comparison of the Cost-Utilities Analysis of Electroacupuncture and Nonsteroidal Antiinflammatory Drugs in the Treatment of Chronic Low Back Pain  
M.H. Ayati, Iran

**14:20** Craniomandibular Disorders: Muscular Diagnostics and Acupuncture – a Retrospective Analysis of 887 Treatments  
I. Simma, Austria

**14:40** Ultrasonographic Evaluation of Acupuncture Effect on Common Extensor Tendon Thickness in Patients with Lateral Epicondylitis  
F.G. Ural, Turkey

**15:00** The Treatment of Calcanea Spurs and Achillodynia Using the Descending Muscle Chain Starting at Gb 30  
S. Popat, Germany

**15:20** Sonographic Studies of Trigger Points/ Acupuncture Points. Are There Benefits of Using Neural Therapy? Practical Proceedings  
H. Lierter, Austria
The World Allergy Organization (WAO) reports that approximately one of five people suffers from some form of allergic disease such as allergic rhinitis (AR), asthma, conjunctivitis, eczema, food allergies, drug allergies and other severe allergic reactions. Incidences of allergic diseases have been substantially rising around the world in both developed and developing countries. Allergy, as a severe and frequent health problem, has become a great concern of both governments and individuals. Allergy has been called “the twenty-first century disease.” There is an urgent need for effective and affordable treatments. Among the different allergic diseases allergic rhinitis is estimated to affect between 10-30% of the total population on a global basis.

In the last decade various randomized controlled trials have been conducted to explore whether patients with allergic rhinitis benefit from acupuncture. There are promising results. However, systematic reviews of the evidence on the specific effects of acupuncture are still inconclusive. There are few research institutions which focus continuously and systematically on the clinical effects of acupuncture in allergic rhinitis. Two of them, the Institute for Social Medicine, Epidemiology and Health Economics, Charité Universitätsmedizin Berlin, and the Department of Otorhinolaryngology, Allergology, Carl Gustav Carus Faculty of Medicine, Technical University Dresden will present their study results and will put them in context with their clinical experience. Then we will take a deeper look into the TCM pathomechanisms of allergic diathesis based on experience and careful observation. Finally, an outline of the constitutional approach with Tibetan Medicine for the treatment of allergies will be presented.

At the end of this symposium you will be updated scientifically at first hand and will have experienced new horizons from outstanding experts as the title of this symposium promises.

14:00 Acupuncture in Allergic Rhinitis – From Experience to Evidence
B. Brinkhaus, Germany

14:20 Acupuncture in Allergic Rhinitis (AR) – RCTs and Experience of the University of Dresden
B. Hauswald, Germany

14:40 Efficacy of Acupuncture for Non-Allergic-Rhinitis (NAR) – A Randomized Controlled Trial
D. Kretschmann, Germany

15:00 TCM Pathomechanisms of Allergic Diathesis as a Foundation for Implementing a Successful Herbal Therapy
J. Mücher, Germany

15:25 Allergies - A Constitutional Approach with Tibetan Medicine
S. Marić, Germany
### Room: Symposium 12
### Picasso/Dali

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Chair(s)</th>
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<tbody>
<tr>
<td>14:00</td>
<td><strong>Anemia-Induced Erythropoiesis in Organ Surface Primo Vascular System in Rats</strong></td>
<td>P. Ryu, South Korea</td>
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<tr>
<td>14:15</td>
<td><strong>Ultrasound Duplex Sonography Control of the Effectiveness of Acupuncture in the Complex Treatment of Patients with Cerebrovascular Pathology</strong></td>
<td>M. Chizhykova, Ukraine</td>
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<tr>
<td>14:30</td>
<td><strong>Enhanced Therapeutic Treatment of Colorectal Cancer Using Nanoporous Acupuncture Needles</strong></td>
<td>S. In, South Korea</td>
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<td>14:45</td>
<td><strong>Acupuncture Meridians as Evidenced by Infrared Thermooimaging: A Pilot Study</strong></td>
<td>A. Santana, Brazil</td>
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<td>15:00</td>
<td><strong>Therapeutic Effects of Fermented Flax Seed Oil on NC/Nga Mice with Atopic Dermatitis-like Skin Lesions</strong></td>
<td>S. Hong, South Korea</td>
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<td>15:15</td>
<td><strong>Acupuncture for Stimulation High Growth of Body</strong></td>
<td>K. Saputra, Indonesia</td>
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<td>15:30</td>
<td><strong>Acupuncture at HT 7 Inhibits Reinforcing Effects of Meth-Amphetamine</strong></td>
<td>B.H. Lee, South Korea</td>
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### Room: Plenary Lecture 1
### Balloon A/B/C

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<tr>
<th>Time</th>
<th>Session</th>
<th>Chair(s)</th>
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<tbody>
<tr>
<td>16:15</td>
<td><strong>Acupuncture and Related Technics in the Face of the Opioid Crises</strong></td>
<td>G. Dobos, Germany</td>
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<td>chaired by S. Popat, Germany</td>
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Acupuncture and related methods offer effective ways of dealing with chronic pain. They deliver sustainable strategies of interventional as well as long-time therapies, reducing the need of opioid drug treatment. In the talk the evidence and clinical experience of acupuncture and related methods, such as Neural Therapy, Tuina, Guasha, Taiji, and Qigong, as major components of the Complementary and Integrative Pain Medicine (CIPAM), are introduced.

### Room: Plenary Lecture 2
### Ballroom A/B/C

<table>
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<th>Time</th>
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<th>Chair(s)</th>
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<tr>
<td>17:15</td>
<td><strong>Can Acupuncture Influence Consciousness?</strong></td>
<td>C.R. Chapman, USA</td>
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<td>chaired by H.J. Ebell, Germany</td>
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Somatic awareness and well-being are aspects of consciousness, which are constantly changing. Consciousness is the product of deep background processing that draws upon autonomic nervous system (blood flow, organ function), hypothalamus-pituitary-adrenocortical axis and the immune system, which produces cytokines. Dysregulation in these systems can cause or exaggerate existing sensory discomforts or sickness. Acupuncture can alter and sometimes help re-regulate unconscious deep background processes with consequent alterations in conscious somatic awareness.
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- Diploma in Qigong, Chinese Herbal Medicine, Japanese Kampo Medicine, Japanese Acupuncture, Chinese Dietetics, Tibetan Medicine
- Symposia on special subjects
- More than 30 senior faculty members
- Deutsche Zeitschrift für Akupunktur – DZA (German Medical Acupuncture Journal), circulation of 15,000
- Science Center for member support, library, funding of research projects (> EUR 700,000 since 1997)
- National and international cooperations: ICMART, ECPM, EUROCAM, CAMDOC Alliance, Acupuncture societies, TCM and Complementary Medicine, medical institutions, health insurances, stakeholder, etc.
- Free Info-hotline under + 49 / 89 / 710 05 11 (daily between 8 a.m. and 8 p.m.)
- Physician portal for patients, www.daegfa.de, (> 500 searches per day)
- Initiatives in quality and safety: support of > 70 quality circles in Germany, support of CTCA - Center for Therapy Safety in Chinese Medicine

For further information see www.daegfa.de
Württalstraße 54 · 81375 Munich · Germany · Phone + 49 / 89 / 710 05 11
In the 1980s miraculous stories about performing operations under acupuncture came from China and spread around the world. However, it soon became obvious that acupuncture is not able to substitute modern anesthetic procedures. Since then acupuncture has been banned from the operating room with few exceptions. However, in the last decade acupuncture has been rediscovered because studies showed convincing evidence for the prevention of post-operative nausea and vomiting. From this date on anesthetists restarted to gain experience in additional indications in the perioperative settings. In this clinical breakfast experts will present case reports as a basis for discussion about possibilities and limits of acupuncture in anaesthesia. In addition you will discuss the implementation of anti-emetic acupuncture in a children hospital which was established in all children older than 1 year receiving surgery.

07:30  Get Your Breakfast
07:45  Facilitation of Fibertopic Intubation in Difficult Airway Under Auriculotherapy and Acupuncture of Ren24
T. Reiter, Germany
08:00  Surgical Analgesia During Dental Extractions
G. Chaibún, Uruguay
08:15  Management of Acute Postoperative Agitation with Auriculotherapy
A. Reither, Germany
08:30  Implementing a Standard Protocol for Acustimulation of Pericardium 6 to Prevent Postoperative Nausea and Vomiting in a Primary Care Children Hospital
C. Amarell, Germany

How does acupuncture work? This session provides you with answers to this question that cannot yet be found in classical text books. Presenters will explain the importance of neuro-physiological effects of acupuncture for your daily clinical practice, the physiological basis of moxibustion, how acupuncture effects can be visualized by thermoimaging and why combining neural and ozone therapy makes sense from a physiological point of view.
Meditation has proven to be one of the most effective ways to foster health and well-being and to achieve a mentally clear and emotionally calm state. Exercising this morning will help you to follow the lectures during the day more intensively, to reduce stress if you have to give a talk or convince your discussion partner in a relaxed fashion.

In a way, TCM is global. It is practiced in many countries on all continents. But this is not sufficient to truly make TCM a global medicine, comparable to the global presence of so-called Western medicine.

The community of Western medicine is a global community. All members of this community have access to the same resources and the same knowledge, past and present, and they share one identical terminology. All members, regardless of their cultural and geographical background, are legitimized to contribute to the progress of Western medicine.

This is not the case for the world-wide community of TCM practitioners. No standardized internationally acknowledge terminology has been agreed upon. Chinese TCM practitioners rarely, if ever, acknowledge findings from non-Chinese researchers and practitioners. Access to historical sources is limited to those capable of reading classical Chinese. Translations of classical sources into Western languages by Chinese writers are philologically inadequate and often disguise the true nature of classical Chinese medicine. The motives why people are interested in TCM differ greatly. There are those who seek an alternative to Western medicine, and there are others who declare TCM to be part of modern biomedicine. Hence, the global reality of TCM is one of diverse pockets of different qualities and different understanding. It is to be hoped that ICMART-iSAMS 2018 in Munich in September 2018 will provide stimuli to move forward toward a genuine globalization of TCM.
Ear acupuncture and auriculomedicine are well established, but development and innovation can still be observed. First of all, it will be shown how constitutional weakness can be strengthened by needle implantation in a comparable way to homeopathic constitutional treatment. Then another innovative approach will explored. Auricular Causative Diagnosis (ACD) aims to determine the inner causes underlying the development of pathologic conditions in order to treat the real root and not only the symptom. It is based on visualization and analysis of the pathologic visual marks at Auricular Points (APs). The ear is innervated by three different parts of the nervous system: parasympathetic fibers, sympathetic fibers and afferents from the peripheral nervous system. Is this the reason why vegetative dysfunctions are such a promising target for ear stimulation? It seems so if we follow a long term observation in patients suffering from migraine including intolerability of light, discoordination and disorientation. This counts also for anxiety as you can learn from a well-designed three armed RCT winning the ICMART Young Scientists Travel Award 2018.

The ear is the most prominent example of a microsystem. Micro Acu Point Systems resemble maps as the totality of points within a microsystem which reflects a functional cartography of the organism. Under this assumption the Very point Technique® according to Jochen Gleditsch reveals within minutes the individual points that open access not only to treatment by needling but also to the underlying emotional trauma.

11:00 Homoeopathic Treatment for Sceptics: Needle Implantation Instead of Globuli to Strengthen Constitutional Weakness
F. Bahr, Germany

11:20 Auricular Causative Diagnosis - Finding the Root of the Disease
N. Volf, France

11:40 To Check the Results of the Treatment with Auriculotherapy of the Migraines Headache
K. Shelev, Switzerland

12:00 Auricular Acupuncture vs. Progressive Muscle Relaxation and vs. no Intervention for Exam Anxiety in Medical Students – A Randomized Controlled Trial
G. Schultz, Germany
ICMART-3B Young Scientists Travel Award 2018

12:15 Very Point® Needling: A Unique Acupuncture Technique to Identify Individual Points Opening Access to Body and Emotions - Introduction and Video presentation
W. Stör, Germany
**Room: Symposium 15  
Ballroom C  
11:00 - 13:00**

**S15 Innovations and Reports - A Trip Around the World**

This symposium contains a trip around the world of medical acupuncture. Leading officers from all continents will inform you about latest developments in the use of acupuncture.

**Chairs:** K. Theodoratou, Greece  
F. Genschow, Brazil

11:00 **The International Council of Medical Acupuncture and Related Techniques (ICMART): Brief History, Its Evolution and Current Status**  
C. Chan, Australia

11:15 **Acupuncture in Latinamerica**  
T. Dawid, Uruguay

11:30 **The Development of Medical Acupuncture in China**  
T. Hor, China

11:45 **Review on Korean Medicine Clinic at Polyclinic During PyeongChang 2018 Olympic Winter Games**  
H.J. Lee, South Korea

12:00 **Legal and Juridical Aspects of Acupuncture Practice in Brazil**  
F. Genschow, Brazil

12:15 **Germany, Acupuncture Arrived Within the National Health System**  
H. Luxenburger, Germany

12:30 **Acupuncture in Vienna: Data from the Outpatient Clinic of the Austrian Acupuncture Society on the Occasion of Its 60th Anniversary**  
K. Stockert, Austria

12:45 **The first Cooperative Sino-German Postgraduate Master Program in TCM at a Medical University in Germany**  
B. Tehrani, Germany

**Room: Symposium 16  
Cezanne  
11:00 - 12:30**

**S16 Diabetes as an Inflammatory Disease: Evidence and Research in the Management with TCM**

Symposium in Collaboration with the Iberic-Latin American Federation of Medical Acupuncture Societies (FILASMA)

**Chairs:** F. Lozano, Mexico  
H.G. Schaible, Germany

This symposium takes diabetes mellitus (DM) as a central subject which is one of the most prevalent diseases worldwide without cure. DM is closely related to the so-called Obesity, Metabolic Syndrome and lead to what we call the Type 2 Diabetes Mellitus Pandemic. It will be reported about the latest evidence for the effectiveness of Traditional Chinese Medicine in the management of DM and results will be put in context with the current knowledge from basic research. The innate components of the immune system such as inflammation play a preponderant role in the physiopathology of DM. Consequently important targets of basic research are the role of cytokines and how they can be modulated.

Another crucial research questions is the impact of acupuncture on markers of insulin sensitivity, glycaemia and other metabolic markers, as well molecular pathways. A state-of-the-art summary of the emerging evidence for acupuncture in the treatment of insulin resistance in humans and animals will be presented. Both, the obesity, metabolic syndrome and type 2 diabetes mellitus, confer an increased risk of coronary heart disease and cardiovascular disease (CVD). With regard to obesity it is estimated that over 1 billion persons worldwide are overweight, more than 300 million of whom are clinically obese. Do these patients have interest in acupuncture and complementary medicine? You will hear the answer.

Visiting this symposium means understanding that TCM and acupuncture are promising approaches to handle this chronic and inflammatory disease offering patients a better quality of life.

11:00 **Introduction**  
F. Lozano, Mexico

11:10 **Influencing Cytokines in Diabetes by Laser Acupuncture**  
R. Diaz Rojas, Mexico

11:30 **Diabetes Approach with Distinct, Curious and Main Meridians. Nasal and Sternum Bone Acupuncture Techniques (Yamamura’s Acupuncture System)**  
M. Yamamura, Brazil

11:50 **Acupuncture and Insulin Sensitivity**  
D. Carr, USA

12:10 **BARBQTCM: BARiatric Basic Questionnairry for TCM – Interest in Complementary Medicine of 2331 Overweight Patients from Germany, Switzerland & Austria**  
P. Panholter, Austria
The gold standard of all clinical studies is still the randomized controlled trial (RCT), since it has the potential to minimize selection bias and to control for setting effects. If well designed, they provide a proof of principle that a given intervention bears benefits and protects us from overestimating treatment effects. Efficacy measures estimated from RCTs are the basis for evidence based decision making and, therefore, also for the recommendation of acupuncture in clinical guidelines. Thus, RCTs on acupuncture and related techniques are much more than an issue of the academic ivory towers; they are the most important political tool to foster implementation of acupuncture in health care and to support reimbursement by sickness funds. In this session you will learn about the results of four most recent RCTs on the efficacy of acupuncture in the treatment of chemotherapy induced polyneuropathy in breast cancer patients, fibromyalgia and asthma bronchiale as well on the efficacy of neural therapy in piriformis syndrome. The benefits that acupuncture and neural therapy can achieve in these indications are still underestimated in public awareness. These studies close important research gaps and are one step more towards an integration of acupuncture and related techniques in health care.

11:00 Acupuncture in Peripheral Neuropathy After Chemotherapy with Taxan – Results of a Randomised Controlled Trial
J. Stör, Germany

11:20 Quantitative Data for Transcutaneous Electrical Nerve Stimulation and Acupuncture Effectiveness in Treatment of Fibromyalgia Syndrome
M.T. Cabioğlu, Turkey

11:40 Effect of Laser Acupuncture on Exhaled Inflammatory Bio-markers in Chronic Bronchial Asthma
M. Elsheikh, Egypt
**ICMART-3B Young Scientists Travel Award 2018**

12:00 Evaluation of Neural Therapy Effect in Patients with Piriformis Syndrome
H. Nazlıkul, Turkey

12:20 Acupuncture to Treat Gonarthrosis: Randomized, Controlled, Double-blind Study
S. Harres, Brazil

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**Room: Symposium 18**

**Room:** Picasso/Dalí  
**Date:** Saturday, September 8, 2018  
**Time:** 11:00 - 13:00

**S18 Chinese Herbal Medicine – Efficacy and Safety**
Symposium Organized in Collaboration with the International Society for Chinese Medicine (SMS)
Chairs: C.L. Oei-Tan, The Netherlands  
J. Hummelsberger, Germany

Chinese herbal medicine is well accepted in China, but in Western countries it does not yet have the importance its merits. There are multiple reasons such as unclear scientific evidence reflected by a lack of rigorous trials for many indications, unsolved safety issues and unsatisfactory availability.

In order to meet these challenges multiple efforts are undertaken. The idea that weighting of risks and benefits of Chinese herbal medicine needs highly trained specialists has reasonably been realized by installing the Center for Pharmacovigilance of German Speaking Countries (CTCA). A report about 15 years of experience at the CTCA will be given by Axel Wiebrecht who serves as director of the CTCA. Josef Hummelsberger, board member of the SMS will address the issue of quality and availability of Chinese herbs by presenting lessons learned during cultivation of Chinese herbs in Germany for 20 years.

Efforts to evaluate the efficacy of Chinese herbal medicine in randomized, controlled trials frequently lead to surprisingly negative results. What can we learn from these negative studies? By using two RCTs in Chinese medicines as examples, Lixing Lao will discuss the challenges in CAT research and possible strategies for future clinical trials.

11:00 Cultivation of Chinese Herbs in Germany Since 20 Years – A Project Overview
J. Hummelsberger, Germany

11:30 Risks and Safety of CAT – 10 Years of German Safety Center (CTCA)
A. Wiebrecht, Germany

12:00 Challenges of Chinese Medicine Clinical Trials: How to Interpret the Data From „Negative“ RCTs?
Lixing Lao, Hong Kong

12:30 An Acupuncture Database and an Online Directory for Practice and Research
H.Y. Truong Tan Trung
Room: Guided Poster Session 4
Rumford 12:30 - 13:00

PO4  Acupuncture as a Component of Integrative Healthcare
Chairs: M. Bijak, Austria
        H. Kunze-Kronawitter, Germany

PO4.1 Taking All Comers: The Impact of Hospital Acupuncture on a Mixed Medical, Surgical, Oncology Floor
L. Smith, M. Mulcahy, C. Hitt, H. Han, D. Klamen (USA)

PO4.2 The Munich Outpatient Program in Complementary and Alternative Medicine (MOCAM) for Chronic Pain - A Long-Term Follow-Up
A. Häusler, P. Bäumler, D. Irnich (Germany)

PO4.3 Acupuncture as Part of a Multidimensional Regulative Approach in Depression
E. Kataradicja (Germany)

PO4.4 A Comparative Study with Regard to the Attitudes and Knowledge of People Towards Acupuncture
E. Koutoulaki, A. Polyzoi, C. Artemis, I. Kiourtidou, C. Kazazis (Greece)

PO4.5 Acupuncture and Massage Therapies for Disaster Victims
S. Takayama, M. Masataka, S. Kaneko, T. Ishii (Japan)

PO4.6 Refugees Welcome – NADA Acupuncture with Refugees and for Everyone in Germany
E. Friedrichs, U. Alban, C. Boehme, U. Wendling (Germany)

Room: Guided Poster Session 5
Rumford 12:30 - 13:00

PO5  Discovering the Efficacy of Acupuncture in Neuropathic Pain
Chairs: H. Nazlikul, Turkey
        J. Bachmann, Germany

PO5.1 Scalp Electroacupuncture (SEA) Attenuates Pain Intensity and Improves Functional Activity in Patients with Complex Regional Pain Syndrome (CRPS)
M. Ogata, H. Tetsui, K. Takashi (Japan)

PO5.2 Application of Acupuncture in Neuropathic Pain
H. Alp (Turkey)

PO5.3 Acupuncture for Acute Herpes Zoster – Secondary Outcomes of a Randomized Controlled Non-inferiority Trial
C. Stratmann, P. Bäumler, K. Kramer, F. Fleckenstein, D. Irnich (Germany)

PO5.4 Neuromodulation in Pain Therapy of Mononeuropathies – Why not by Acupuncture?
U. Kock, S. Sator-Katzenschlager (Austria)

PO5.5 Acupuncture and Neural Therapy for Trigeminal Neuralgia and Tension Type Headache
F. Ural, H. Nazlikul (Turkey)

PO5.6 Sensory-Testing „on Site“: Integrating Very Point Technique (VPT) from Acupuncture into Diagnosing and Handling Neuropathic Phenomena
U. Kock, S. Sator-Katzenschlager (Austria)
PO6  Distinct Acupuncture Stimulation Techniques and Influence of Expectation
Chairs: J.S. Yu, South Korea
        H. Liertzer, Austria
PO6.1  Clinical Effect of Subcutaneous Floating Needling and Cupping–Bleeding on the Painful Syndrome (Bi Tong Zheng)
        Y. Hou, F. Xu (Canada)
PO6.2  Therapeutic Effect of Cutaneous Needling and Cupping–Bleeding the Acupuncture Points on the Numbness and Pain of Blood Stagnation
        Y. Hou, F. Xu (Canada)
PO6.3  The Role of Context Effects in Acupuncture Practice:
        A Qualitative Study Based on Semi-structured Interviews with Acupuncturists in Private Practice in Three Different Locations
        S. Theiss, F. Moir (UK)
PO6.4  Expectations of Physiological Response Can Change the Somatosensory Experience of Acupuncture Stimulation
        H.S. Song, Y. Chae (South Korea)
PO6.5  The 5 Layers of BIAO of Chinese Medicine and Their Correspondences in the Scientific Understanding of Modern Acupuncture
        R. Wagner (Germany)
PO6.6  Alternative Approach Using OPC (Objective Performance Criteria) Instead of Control Group in Clinical Trials: The French Experience in Obstetrics
        J. Stephan, T.N. Brignol (France)

Room: to be announced
      13:00 - 14:00

Editorial Board Meeting German Medical Acupuncture Journal (DZA)

Room: to be announced
      13:00 - 14:00

Meeting DÄGfA Qualitätszirkel
S20  The Best Way to Do Research
Chairs:  C. Witt, Switzerland
        V. Napadow, USA

Searching for “acupuncture” in pubmed, the leading database for medical research, re-
sults in more than 28,000 references. A search for the term “research methodology” pro-
duces more than 120,000 hits. This leaves anyone who is not deeply into research with
nothing but helplessness, and many questions remain open.
How to evaluate the quality of studies? How can results be interpreted? What is the reason
why results of high quality clinical trials cannot be transferred to routine care? How strong
is the influence of the trial design on the outcome? Does clinical experience and simple
observation still play a role nowadays?
To answer these questions you need the best knowledge in acupuncture as well as in research
methodology and much experience in designing, performing and publishing clinical trials.
Accordingly, the session will be rounded up by an outstanding contribution to high quality
research.

We will present to you the study winning the ICMART Science Award 2018!

14:00  Efficacy and Effectiveness Studies – Where Do We Stand and
What is Needed?
        C. Witt, Switzerland

14:25  Quasi-Experimental and Observational Studies of Acupuncture:
How to Get Published?
        D. Carr, USA

15:00  Acupuncture in Sham Device Controlled Trials May Not Be as Effective
       as Acupuncture in the Real World: A Preliminary Network Meta-Analysis
       M.S. Lee, South Korea

15:15  ICMART Science Award 2018
       Presentation of the awarded research project
       Laudatio by D. Irnich, Germany

S21  Overcoming Obstacles and Pitfalls in Acupuncture
Chairs:  F. Lozano, Mexico
        J. Hummelsberger, Germany

Medical acupuncturists are facing obstacles and pitfalls in daily practice. These may dimin-
ish acupuncture effects and its reputation in the medical community. Among others Dr.
Beate Strittmatter from the German Academy of Acupuncture (DAA) will show the import-
ance of disturbance fields in acupuncture and how to eliminate them. Dr. Thomas Burg-
oon, past president of the American Academy of Medical Acupuncture (AAMA), will put
together a coherent answer to sceptics, who doubt about the effectiveness of acupuncture.
Subsequently, Dr. Guillermo Chaibun, current president of the Uruguayan Acupuncture
Association, will approach the question whether there are acupuncture points that should
be avoided in pregnant women. Then, last but not least, Dr. Tomas Dawid, director at large
and Chair of the Latinamerican Chapter of ICMART, will elaborate on the public health
consequences of rejecting persons who received acupuncture from blood donation.

14:00  Importance of Dissolving Disturbance Fields for
       Overcoming Therapy Resistance
       B. Strittmatter, Germany

14:20  How to Explain to Sceptics that Acupuncture Works
       T. Burgoon, USA

14:40  Hazardous Acupuncture Points in Pregnancy – True or False? A Review
       G. Chaibun, Uruguay

15:00  Acupuncture and Blood Donation
       T. Dawid, Uruguay

15:20  TPCI Test Parameter Checked Infiltration of Local Anaesthetics –
       A Diagnostic Tool in Neural Therapy to Improve the Diagnostic and
       Therapeutic Outcome
       J. Osztovics, K. Gold-Szklarski, Austria
As before said musculoskeletal disorders are a major health problem and acupuncture was proven effective as a treatment. The same accounts for migraine for which acupuncture was shown to be as effective as standard drug treatment. However, in some patients clinical relevant improvements are hard to achieve and treatment approaches need to be more complex. Outstanding experts will illustrate their approaches developed over decades of clinical work. This starts with tuina which as one of the pillars in TCM can complement modern manual medicine. The session then continues with a presentation on a particularly systematic form of dry needling, the Gunn Intramuscular Stimulation and takes a look at indications like scoliosis, orbitopathy, mononeuritis and motor neuron disease. Subsequently, the chances arising from an integration of acupuncture, osteopathy and neural therapy in the treatment of knee pain and migraine are outlined. Finally, the potential of jing bie electroacupuncture and chrono acupuncture for the prevention of migraine are illustrated by means of two clinical cases.

14:00  
**TuiNa – Chinese Contributions to Manual Medicine**  
J. Bachmann, Germany

14:20  
**Gunn Intramuscular Stimulation (Gunn IMS) – Beyond Neuropathic Pain**  
T. Ong, Malaysia

14:40  
**Integration of Acupuncture and Osteopathy in the Treatment of Lateral Knee Pain**  
U. Mazzanti, Italy

15:00  
**A New Strategy for Migraine Patients: The Combination of Neural Therapy, Acupuncture and Osteopathy**  
S. Popat, Germany

15:20  
**Prevention of Migraines by Treatment of Jing Bie, Electroacupuncture and Chrono Acupuncture: Synthetic Study About Two Clinical Cases**  
J.M. Stephan, France

Kampo Medicine has its roots in ancient Chinese Medicine, and has developed since. Recent decades saw a revival of Kampo accompanied by its scientific reevaluation and critical examination of its potential in modern integrative health care. Medical doctors in Japan, who are educated in a Western medical system, can use this evidence-based medicine complementary to their daily practice.

For example well-defined evidence-based and controlled prescriptions of the traditional phytotherapy, Kampo Medicine, are used within the modern health system to complement tumor therapy.

Functional gastrointestinal disorders (FGIDs) like functional dyspepsia (FD) or irritable bowel syndrome (IBS) are among the most preferred target indications for a treatment with herbal Kampo prescriptions.

This symposium will give an overview of the current state of research and will provide pragmatic first-hand information for the practitioner.

14:00  
**The Role of Kampo in Gastrointestinal Oncology**  
S. Cameron, Germany

14:30  
**Japanese Kampo Medicine in the Management of Patients with Functional Gastrointestinal Disorders**  
H. Reissenweber-Hewel, Germany

15:00  
**The Japanese Herbal Kampo Formula Daikenchuto Reduces Hospitalization After Colon Cancer Surgery**  
K. Watanabe, Japan

15:30  
**Discussion**
S24 Acupuncture Can Improve Neuropathic Pain
Chairs: H. Ayati, Iran
M. Reith, Germany

Neuropathic pain is pain that arises as a direct consequence of a lesion or diseases affecting the somatosensory system. Pain with neuropathic characteristics is generally more severe and is associated with worse health in every measured dimension compared to non-neuropathic pain (IASP fact sheets). Standard analgesics are relatively ineffective in neuropathic pain. Recommended approaches show a high rate of side effects or effect sizes are relatively low. Hence, there is a need for complementary approaches. In this symposium experienced acupuncturists report about their observations and exploratory studies which lead to the conclusion that acupuncture seems to be a promising option.

14:00 Functional Physiology in Acupuncture and Verification Using the Example of Polyneuropathy Treatment
A. Pollmann, Germany

14:20 Amputation Stump Pain and Acupuncture
P. Sautreuil, France

14:40 Application of High Frequency Electro-acupuncture in Treating Post Herpetic Neuralgia
C. Chan, Australia

15:00 Evaluation of the Effectiveness and Safety of Electroacupuncture in Patients with Intractable Neuropathic Pain
S. Lee, South Korea

15:20 Acupuncture for Chemotherapy-Induced Peripheral Neuropathy (CIPN) in Breast Cancer: ACU-CIPN a Pilot Study
A. Poini, Italy

P5/6/7 Acupuncture Trialists’ Collaboration: The World Largest Data Base on Acupuncture and Pain – We show you all the results
George Lewith Memory Lecture
Chairs: B. Brinkhaus, Germany
D. Irnich, Germany

The Acupuncture Trialists’ Collaboration (ATC) established the most substantial evidence for the effectiveness of acupuncture in the treatment of chronic pain by elegantly synthesizing data from large high quality randomized controlled trials. Directly learn from these outstanding researchers about their groundbreaking results, and how they translate to daily clinical practice. This plenary lecture is intended to honor the memory of George Lewith, one of the key founding members of the ATC and pioneer of acupuncture research.

16:15 Introduction and Memoriam to George Lewith
B. Brinkhaus, Germany

16:30 General Results of the Latest Update
K. Linde, Germany

17:15 Influence of Patients, Practitioners and Control Group
C. Witt, Switzerland

Gala Dinner
Join us in celebrating a successful ICMART-iSAMS 2018 at the congress Gala Dinner.
Enjoy Bavarian culture live at one of the oldest breweries of Munich, the PAULANER at Nockherberg. Be enchanted by its traditional yet modern flair and experience Bavarian tradition with Dirndl, Lederhosen, beer and its well-known hospitality.
Acupuncture After Traumatic Lesion of the Sciatic Nerve as a Highly Important Part of Multimodal Pain Management

Chairs: N. Behrens, Germany
O. Cuignet, Belgium

Five specialists for acupuncture and related techniques with an outstanding level of clinical experience will present cases which illustrate the still underestimated opportunities of acupuncture and related techniques. First, you will learn about an exciting case in which electroacupuncture assisted the recovery from a serious injury of the sciatic nerve. Subsequently you may learn about an innovative approach in which acupuncture and collagen injections are combined to reinforce damaged anatomical structures and consequently improve pain and function in patients suffering from musculoskeletal disorders. Then the remarkable effects of neural therapy in combination with ozone in the treatment of synovitis related joint pain will be shown. Finally, a study from one of the leading experts in the application of acupuncture in eye complaints which objectified the stress reduction after acupuncture in patients suffering from dry eye syndrome and a case report on facial paralysis will be reported.

Get Your Breakfast

Acupuncture After Traumatic Lesion of the Sciatic Nerve as a Highly Important Part of Multimodal Pain Management
M. Reith, Germany

Simultaneous Use of Acupuncture and Collagen Injections in the Treatment of the Musculoskeletal System
L. Fildan, Czech Republic

Neural Therapy Combined with Ozone in Cases with Shoulder or Knee Pain due to Synovitis
U. Günter, Germany

Stress Reaction and Acupuncture in Dry Eye Syndrome
J. Nepp, Austria

Facial Nerve Paralysis
S. Harres, Brazil

Qigong in the Morning
A. Mietzner, Germany

Why don’t you start your day by mobilizing your body and calming your mind? For that purpose I would be very glad to practice some Qigong exercises together with you. The movements are all part of the training system Nei Yang Gong – Internal Cultivating Qigong, and especially good for maintaining or regaining physical health and bringing along inner joy and calmness.

* KV-erkannte Fallkonferenz
**Room: Breakfast Symposium**

*Van Gogh* 07:30 - 08:45

**B7 Traditional Chinese and Korean Medicine Meets Modern Science**

**Chairs:** H.S. Song, South Korea  
H. Nazlikul, Turkey

In clinical practice we often forget about the basic and epidemiological science to which we owe some of the most groundbreaking advances in medicine. This is even true for traditional Chinese and Korean medicine. Their acceptance and attention in the modern medical society is mainly based on the knowledge gained from studies about its underlying mechanisms and its effectiveness. This symposium aims to update you on some of the latest results of basic research on Ginseng and the relationship between meridians and connective tissue. An encouraging example of the success of a multimodal treatment integrating acupuncture in TCM for treating rheumatic diseases, psychosomatic and pain syndromes will be given. The session closes with an overview on a science based explanation of why acupuncture can effectively assist to reduce obesity.

07:30  **Get Your Breakfast**

07:45  **Anti-Fatigue Properties of Cultivated Wild Ginseng Pharmacopuncture and Its Active Component Panaxyd**  
H. Yoo, South Korea

08:00  **Intravenous Pharmacopuncture of Mountain Ginseng**  
J.S. Yu, South Korea

08:15  **The Relationship of Acupuncture and Meridians to Connective Tissue**  
K. Ozkerkan, Turkey

08:30  **Complex Role of Acupuncture and TCM in the Management of PN(E)I / Psycho-Neuro-(Endocrino)-Immunological Disorders – A Database of a Long Time Study**  
H. Muraközy, Germany

08:45  **An Alternative Method of Obesity Treatment: Acupuncture**  
H. Kara, Turkey

**Room: Meditation**

*Picasso/Dali* 07:30 - 08:30

**M3 Meditation**

G. Stux, Germany

Meditation has proven to be one of the most effective ways to foster health and well-being and to achieve a mentally clear and emotionally calm state. Exercising this morning will help you to follow more intensively the lectures during the day, to reduce stress if you have to give a talk or convince your discussion partner in a relaxed fashion.

**Room: Plenary Lecture 8/9/10**

*Ballroom: A/B/C* 09:00 - 10:30

**P8/9/10 Traces of Acupuncture in the Brain**

**Chairs:** Y. Chae, South Korea  
T. Burgoon, USA

Functional and chemical brain imaging has fundamentally contributed to understanding mechanisms of acupuncture. Three outstanding researchers in the field will provide an up-to-date overview on how acupuncture impacts neuroplasticity and regulates the autonomic nervous system, and how these insights can help to optimize treatment.

09:00  **Rewiring the Primary Somatosensory Cortex in Carpal Tunnel Syndrome with Acupuncture**  
V. Napadow, USA

Neuroplasticity, also known as brain plasticity and neural plasticity, is the ability of the brain to change throughout an individual’s life, e.g., brain activity associated with a given function can be transferred to a different location, the proportion of grey matter can change, and synapses may strengthen or weaken over time. Groundbreaking studies will be presented on the example of carpal tunnel syndrome, which show the ability of acupuncture to influence neuroplasticity.

09:30  **Self-Acupressure for Pain and Co-Occurring Symptoms in Cancer Survivors: Efficacy and Mechanisms**  
R. Harris, USA

Many cancer survivors exhibit so-called sickness behavior, persistent pain, fatigue, mood, sleep, and cognitive disturbances. Emerging data suggest that functional and chemical brain imaging can allow researchers and clinicians to understand what brain factors drive these symptoms and how acupressure treatments can be individually tailored.

10:00  **Effects of Acupuncture on the Autonomic Nervous System – Evidence From Brain Imaging**  
F. Beissner, Germany

How does a somatosensory signal as a needle stimulus during acupuncture trigger a therapeutic effect? Neuroscience has approached this question during the last decades, and traditional theories were translated to neurophysiological mechanisms. Like to other research methodology, brain imaging has assisted to prove acupuncture’s capacity to balance the autonomic nervous system.
S25  Integrating and Modulation of Acupuncture for Better Health Care

Chairs: C. Chan, Australia
       H.J. Lee, South Korea

Acupuncture and TCM have an almost unlimited number of areas of application in health care. This is mainly due to the fact that it can be used to treat pain and to balance the autonomous nervous system which is beneficial in almost any disease, disorder or simply impaired wellbeing. Furthermore, the treatment setting of TCM therapies inherently bears the possibility to form a unique patient-therapist relationship which is the basis for a holistic therapeutic approach. This may even include other psychophysical or psychotherapeutic treatment elements. Such a treatment setting however needs to be adapted to the given environment and to the cultural background of both patients and therapists. The speakers in this symposium will provide you with their longstanding clinical experience about how acupuncture and TCM, either alone or in combination with other treatment approaches, can assist lifestyle changes and can even relieve and prevent psychiatric diseases. Finally, a late breaking study on whether acupuncture is beneficial in the post-operative care setting in an Ethiopian hospital will be presented.

11:00  Medical Acupuncture as a Tool of Lifestyle Medicine  
K. Theodoratou, Greece

11:25  The Treatment of Panic Disorder with Acupuncture and Cognitive-Behavioral Psychotherapy  
T. Ots, Austria

11:50  Depression and Dementia – Integrative Nutrition and Chinese Dietetics  
U. Siedentopp, Germany

12:15  Psychotonik Glaser® – A Body Therapy Based on the System of Acupuncture  
N. Behrens, Germany

12:40  Acupuncture versus Patient Education: A Non-randomized, Open-Label, Controlled, Longitudinal Observational Study  
M. Tesfaye, Ethiopia  
ICMART-3B Young Scientists Travel Award 2018

S26  Digging Deep in the Tradition of Acupuncture and TCM

Chairs: P. Sautreuil, France  
T. Dawid, Uruguay

This Symposium aims to gain deeper insights into the tradition of acupuncture and Chinese medicine. It will start with a lecture about the Ben cao gang mu which marks the apex of the development of Chinese pharmaceutical literature prior to the confrontation of Chinese Medicine with modern Western medicine. This encyclopedia is based on literary sources from the previous two millennia and on knowledge gathered by Li Shizhen himself during his travels through China. Lecturer Paul U. Unschuld has edited the dictionary of the Ben cao gang mu (volume I and II). As the first reliable English translation it was highlighted during the celebrations commemorating the 500th anniversary of Li Shizhen in China.

Then we dig even deeper and take a look into the tombs of Laoguan shan 老官山 in Chengdu. Excavations during 2012 and 2013 unveiled many medical manuscripts as well as a wooden figurine with acupuncture points and channels dating back to the reign of emperor Jing 景 and Wu 武 of the Western Han-Dynasty (156 – 86 BC). These findings are considered an important link between the contents of the Mawangdui tombs and the more mature medical acupuncture theory of later times and shed new light on the origins of acupuncture.

Then we turn back into the clinical use of ancient knowledge. One of the legacies of ancient Chinese acupuncture are the 13 demon gates given by the scholar Sun Si-Miao. Their meaning can be reconstructed from ancient textbooks and instructions from contemporary masters of acupuncture. As a kind of symbolic therapy on the one hand and an somatopsychic approach on the other, the knowledge of the background for selecting these 13 gates can be developed as a powerful tool in dissolving emotional conflicts in a patient.

11:00  The Ben Cao Gan Mu  
P.U. Unschuld, Germany

11:30  New Insights Into the Origins of Acupuncture – The Archaeological Findings in the Han-Tombs of Laoguan Shan  
U. Engelhardt, Germany

12:00  Modern Understanding of Sun Si-Miaos 13 Demon Points and Their Clinical Use  
M. Hammes, Germany
**S27** Acupuncture Without Borders – How to Improve Health After Disasters
Symposium in Collaboration with the National Acupuncture Detoxification Association (NADA)
Chairs: R. Raben, Germany, H. Luxenburger, Germany

Acupuncture is used worldwide to treat trauma through environmental disasters and devastation, low medical resources, war, violence and refugee crises. We want to take a closer look at the various initiatives and their background based on first-hand witnesses.

11:00 Introduction
R. Raben, Germany

11:10 In Nepal After the Earthquake
E. Wenus, USA

11:30 Acupuncture Training in Disaster Areas Promotes „Helping People, Help Themselves”
J. Pimentel-Paredes, the Philippines

11:50 Acupuncture and Massage Therapies for Disaster Victims
S. Takayama, Japan

12:10 Refugees Welcome – NADA Acupuncture and Qigong with Refugees and Helpers in Germany
E. Friedrichs, Germany

12:30 Acupuncture without Borders
W. Henry, USA

12:50 Discussion

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**S28** Acupuncture in Gynecology and Reproduction Medicine
Chairs: F. Lozano, Mexico
J. Stör, Germany

Since drug treatments are often contraindicated in mothers-to-be, non-medical treatment approaches are of particular importance during pregnancy, childbirth and reproduction medicine. However, especially during pregnancy particularly well-trained experienced hands are needed in order minimize risks of side effects for both the mother and the child. Can pregnancy rates be improved by treating the expecting mothers and fathers with acupuncture? Can complications during pregnancy be prevented by acupuncture? These questions are intensively and conversely discussed. Four experienced practitioners will share their reasoned opinions based on clinical observation and their latest research results.

11:00 Acupuncture Integral Treatment of Women Depending on the Stage of Their Menstrual Cycle
F. Lozano, Mexico

11:20 Prevention of Preeclampsia by Acupuncture
A. Pelletier-Lambert, France

11:40 Effectiveness of Acupuncture on Pregnancy Success Rates for Women Undergoing in Vitro Fertilization: A Randomized Controlled Trial
Y. Cayir, Turkey

12:00 Treating Male Infertility with Acupuncture: From Case Reports to a Clinical Trial
M. Martin, France

12:20 Discussion
Room: Symposium 29
Van Gogh 11:00 - 12:30

S29 New Insights into Neural Therapy
Symposium in Collaboration with German Society for Acupuncture and Neural Therapy (Deutsche Gesellschaft für Akupunktur und Neuraltherapie e.V., DGfAN)
Chairs: F. Saha, Germany
P. Piehler, Austria

This symposium will present new insights into characteristics, diagnostic and therapeutic effects of neural therapy based on latest studies. Felix Joyonto Saha will present latest data to the inter-rater-reliability of Adler-Langer (neck-reflex) points that are commonly used as a diagnostic tool. Hüseyin Nazlikul will show his recent results on neural therapy in neurogenic detrusor overactivity in multiple sclerosis. Heidemarie Haller will present insights gained from a qualitative study on patient experiences during neural therapy that help to understand how neural therapy works and how treatment can be optimized. Finally, Fatma Gülcan Ural reports about the efficacy of neural therapy in lateral epicondylitis.

11:00 The Inter-Rater Reliability and Reproducibility of Neck-Reflex-Points (Adler-Langer-Points) as a Diagnostic Instrument in Neural Therapy
F. Saha, Germany

11:20 Efficacy of Peripheral Lidocaine Application (Neural Therapy) in the Treatment of Neurogenic Detrusor Overactivity in Multiple Sclerosis Patients
H. Nazlikul, Turkey

11:40 Emotional Release and Physical Symptom Improvement: A Qualitative Analysis of Therapeutic Mechanisms of Neural Therapy
H. Haller, Germany

12:00 Evaluation of Neural Therapy Effects in Patients with Lateral Epicondylitis: A Randomized Controlled Trial
F. Ural, Turkey

12:20 Discussion

Room: Symposium 30
Picasso/Dali 11:00 - 12:30

S30 Acupuncture Science: From Mechanism towards Clinical Effectiveness
Projects Funded by the Scientific Chapter of the German Medical Acupuncture Association (DÄGfA)
Chairs: W. Banzer, Germany
J. Audette, USA

This symposium is supported by the Scientific Chapter of the German Medical Acupuncture Association (DÄGfA).
Since 1997 DÄGfA has granted more than 700,000 € to enroll and conduct research projects examining the underlying mechanisms of acupuncture and determining its clinical effectiveness. This session will highlight four of the granted projects which represent the wide range of funding. Hereby, DÄGfA funding aimed to widen indications, to meet new challenges and to search for new paths in research projects which are generally not supported by public research funding. We invite you to follow up on the results of these clinical trials, one in neonates and one of the few trials performed in acute herpes zoster. In basic research you will hear results on epigenetics and on sports medicine.

11:00 Introduction und Overview of Granted DÄGfA Projects in the Last 20 Years
W. Banzer, Germany

11:10 Laser Acupuncture on LI 4 Compared with Oral Glucose Administration for Pain Prevention in Healthy Term Neonates Undergoing Routine Heel Lance
W. Raith, Austria

11:30 Acupuncture in Acute Herpes Zoster (AcuZoster)
P. Bäumler, Germany

11:50 Acupuncture-Induced Mobilization of Stem Cells with Neurogenic Potential in Patients with Spinal Cord Injuries
S. Moldenhauer, Germany

12:10 Acupuncture on Symptoms and Muscle Function in Delayed-Onset Muscle Soreness
W. Banzer, Germany
Room:  Guided Poster Session 7
Rumford 12:30 - 13:00

PO7 Advances in Diagnosis and Treatment of Musculoskeletal Disorders
Chairs: S. Popat, Germany

PO7.1 Development of New Acupotomy Device Based on Acupotomy Clinical Trials
J.H. Kim (South Korea)

PO7.2 Medical Level Scheme with Neural Therapy, Acupuncture, Complementary Medicine to Treat Treatment-Resistant Ankle Pain After Trang
T.X. Nguyen, T.T. Nguyen, B. Lange, C.R. Pohl, W. Vogelsberger, A. Argyakis (Germany)

PO7.3 Diagnosis of Myofascial Pain Syndrome in Chronic Pain Patients in Daily Clinical Practice
H. Pott, P. Bäumler, D. Irnich (Germany)

PO7.4 Accuracy of Diagnostic Criteria for Myofascial Trigger Points – A Prospective Cross-sectional Study in Chronic Pain Patients
K. Hupe, P. Bäumler, D. Irnich (Germany)

PO7.5 The Effectiveness and Safety of Electroacupuncture (EA) for Nonspecific Chronic Low Back Pain: A Systematic Review
D.Y. Choi, J.R. Park, D. Nam (South Korea)

PO7.6 Electroacupuncture in Ankylosing Spondylitis Pain Control: Preliminary Results of a Single-arm Pilot Study
W.L. Lam, W.F. Yeung, C.S. Lau, H. Chen, L. Lao (Hong Kong)

Room:  Guided Poster Session 8
Rumford 12:30 - 13:00

PO8 Applications of Acupuncture in Neurology
Chairs: P. Sautreuil, France
M.S. Lee, South Korea

PO8.2 Acupuncture for Spasticity After Stroke: A Systematic Review and Meta-Analysis
S. Lim (South Korea)

PO8.3 With Acupuncture More Quality of Life for Patients Suffering from Parkinson Disease
D. Zeise-Süss (Germany)

PO8.4 Acupuncture in Chorea Huntington
D. Zeise-Süss (Germany)

PO8.5 Intraoperative, Real-time Monitoring of Cerebral PiO2 During a Cerebral Artery Aneurysm Clipping and Simultaneous Electroacupuncture Stimulation
P. Zogopoulos, G. Tzanis, N. Papageorgiou, E. Chatzidakis, G. Vretakas,
D. Rologis (Greece)

PO8.6 Effects of Electroacupuncture in a Mouse Model of Complex Regional Pain Syndrome: Role of Peripheral and Spinal Endothelin Receptors
A.O.O. Moré, L. Mazzardo-Martins, D.C. Salm, E.C. Winkelmann-Duarte,
J.K. Ferreira, D.D. Ludtke, K.P. Frech, L.A.O. Belmonte, V.V. Horewicz,
A.P. Piovezan, F. J. Cidral-Filho, D. F. Martins (Brazil)

PO8.7 Nerve Entrapment through Myofascial Taut Bands and Trigger Points – A Commonly Underestimated Cause of Neuropathic Pain
D. Irnich (Germany)

Room:  Guided Poster Session 9
Rumford 12:30 - 13:00

PO9 New Trends in Research on Acupuncture and Traditional Herbal Medicine
Chairs: K.H. Kim, South Korea
Yamamura, Brazil

H. Chu, C. Kim, J. Seo, J.K. Kim, Y. Gwangju Moon, K.K. Gwangju Sung,
S. Lee (South Korea)

PO9.2 Validation of the High-Resolution Electrical DermaScan (Hi-REDS) as a Tool for Measuring Electrical Skin Resistance over Acupuncture Points
A. Karvounis, P. Bäumler, F.P. Kolb, D.F. Kutz, D. Irnich (Germany)

PO9.3 Effects of Daegangwhal-Tang Hot Aqueous Extract on Anti-inflammation and Anti-oxidation in RAW 264.7 Macrophage
J. Lee, C. K. Lee, E. Y. Lee (South Korea)

M. Tsunematsu, M. Imai, K. Imai (Tokyo)

PO9.5 Analytical Method Validation of KCHO-1 (Mecasin) and a Study on Its Chronic Toxicity
M. Yang, S. Lee, S. Kim (South Korea)

PO9.6 Natural Compounds Potentially Suppressible Corona Virus Infection Disease
The workshop will provide opportunity to practice these techniques. All diagnostic procedures and injections will be explained and commented in the conference. The head. This targeted stimuli reduction controls 70% of all therapeutic refractory cephalgias. Abdominal organs in men and women. Neural therapy should be combined with manual injections given at the following sites: paranasal sinuses, teeth, tonsillar poles, and ears, or lower interruptions should fail, then you should look for and treat any interference fields. Approximately 70 - 90% of all fields of interference are located within the head region; this circumstance explains the high effectiveness of deleting cephalic interference fields with the appropriate injections given at sympathetic, parasympathetic, and vascular systems. The most frequent stimuli originate in the internal organs located within the head. These are: the paranasal sinuses, the teeth within the maxilla or the mandibula, the tonsils, and the ears. The diagnosis of the stimulation sources is based on the pressure points of the neck, the Adler-Langer-pressure points. The neural therapeutic arsenal encompasses segmental therapy, expanded segmental therapy and interference field therapy. Trigeminal stimuli can be switched off via “the crown of thorns”, in other words: the frontal and occipital neural exit points, or the temporomandibular block. Various highly effective injection patterns will be demonstrated, such as: the frontal, lateral, and posterior magical triangle, together with its neurological connections. If no positive effects are thus achieved, targeted injections within the framework of an expanded segmental therapy can cut off the control centers of the stimuli conduction. These are injections given at sympathetic and parasympathetic ganglia, as well as at accessible arteries. If, however, these local stimuli interruptions should fail, then you should look for and treat any interference fields. Approximately 70 - 90% of all fields of interference are located within the head region; this circumstance explains the high effectiveness of deleting cephalic interference fields with the appropriate injections given at the following sites: paranasal sinuses, teeth, tonsillar poles, and ears, or lower abdominal organs in men and women. Neural therapy should be combined with manual medicine. In this way you can interrupt stimuli originating in the vertebrae and irradiating into the head. This targeted stimuli reduction controls 70% of all therapeutic refractory cephalgias. All diagnostic procedures and injections will be explained and commented in the conference. The workshop will provide opportunity to practice these techniques.

**MW1** Neurological Therapy for Acupuncture Non Responders – Headache Conference
R. Wander, Germany

Whenever acupuncture and analgesics fail to control cephalgias it is worthwhile deleting peripheral over stimulation conditions with neural therapy. Peripheral stimuli are conducted though the spinal, sympathetic, parasympathetic, and vascular systems. The most frequent stimuli originate in the internal organs located within the head. These are: the paranasal sinuses, the teeth within the maxilla or the mandibula, the tonsils, and the ears. The diagnosis of the stimulation sources is based on the pressure points of the neck, the Adler-Langer-pressure points. The neural therapeutic arsenal encompasses segmental therapy, expanded segmental therapy and interference field therapy. Trigeminal stimuli can be switched off via “the crown of thorns”, in other words: the frontal and occipital neural exit points, or the temporomandibular block. Various highly effective injection patterns will be demonstrated, such as: the frontal, lateral, and posterior magical triangle, together with its neurological connections. If no positive effects are thus achieved, targeted injections within the framework of an expanded segmental therapy can cut off the control centers of the stimuli conduction. These are injections given at sympathetic and parasympathetic ganglia, as well as at accessible arteries. If, however, these local stimuli interruptions should fail, then you should look for and treat any interference fields. Approximately 70 - 90% of all fields of interference are located within the head region; this circumstance explains the high effectiveness of deleting cephalic interference fields with the appropriate injections given at the following sites: paranasal sinuses, teeth, tonsillar poles, and ears, or lower abdominal organs in men and women. Neural therapy should be combined with manual medicine. In this way you can interrupt stimuli originating in the vertebrae and irradiating into the head. This targeted stimuli reduction controls 70% of all therapeutic refractory cephalgias. All diagnostic procedures and injections will be explained and commented in the conference. The workshop will provide opportunity to practice these techniques.

**MW2** Microsystems and Beyond – The Trauma-Dissolving Approach
J. Gleditsch, Germany

The microsystems of acupuncture (MAPS = Micro-Acu-Point-Systems) are organized and interconnected cybernetically, whilst meridian-acupuncture depends on the body’s energy flow. Treatment of posttraumatic disorders has become an acute need in psychotherapy. Obviously shock-traumata are engrammed not only in the psyche but also somatically in the outer tissues of the organism, i.e. the haptic system. This is the same tissue and network where informative MAPS-acupuncture works. MAPS therapy, therefore, is most suitable for finding and dispersing the somatic site in question where the shock has been bodily fixed and engrammed.

Ear-acupuncture as suggested by the NADA-protocol was applied effectively in hundreds of traumatized children following the 9-11-shock in New York. The vertical line of Shu-points is informatively linked with the MAPS-network. Acupuncture experience teaches that all kinds of psychological ballast mainly burdens man’s back. The paravertebral region and the Shu-points are affected in the first place. Another very effective approach for overcoming psychological disorders is treatment of specific hand points, especially of metacarpale V. It is beneficial to combine points of ear (and/or skull, hand, oral) points with Shu-points. The points in question can be detected and pricked precisely by means of the Very-point-Technique®. In therapy of children pearls or soft-laser may be applied instead of needles.

**MW3** Auricular Causative Diagnosis: Approach for the Treatment of Acute and Chronic Locomotor Conditions
N. Volf, France

“A Bad Doctor sees the symptom and relieves it; a Good Doctor finds the inner cause of the pathological condition and treats the illness; The Best Doctor discovers the fragility of the body before the symptom appears and prevents the illness.”

The aim of Auricular Causative Diagnosis (ACD) is to discover the inner cause of the pathological condition. It is based on the visualization and the analysis of the pathologi-cal marks in auricular points. ACD allows the physician not only to precisely identify an existing illness, but more than that, to determine which inner organ is fragile and there-fore, responsable for the development of the symptom. ACD can even anticipate and reveal developing pathological processes before their clinical manifestation and therefore can prevent illnesses.

The stimulation of this Causative Auricular Point tremendously increases therapeutic success, leads to immediate relief of the pathological symptom, helps to recover organ functions, and can prevent illnesses.
This is why many common conditions can and should be treated with the help of ACD. Since different causes can be at the origin of identical symptoms, the discovery of the true inner problem through ACD, helps physicians treat the root of symptom and improves the efficiency of the treatments.
Die Bedeutung der Akupunktur, der TCM und komplementärer medizinischer Verfahren in der multimodalen Schmerztherapie – Drei Modellprojekte

Vorsitz:  J. Audette, USA
G. Dobos, Deutschland


Im Gegensatz dazu besteht für die Akupunktur und andere Therapien der TCM sowie der Komplementär- und Alternativmedizin (CAM) ein hoher Grad an wissenschaftlicher Evidenz für deren Wirksamkeit bei akuten und chronischen Schmerzen. Dies spiegelt sich auch in der immer häufigeren Empfehlung in nationalen und internationalen Leitlinien wieder. Goldstandard für die Behandlung chronischer Schmerzen ist die interdisziplinäre, multimodale Schmerztherapie (IMST), die auf einem bio-psycho-sozialen Verständnis von Schmerzerkrankungen beruht. Sie umfasst mindestens psychologische und physiotherapeutische Maßnahmen und wird häufig in Gruppenprogrammen angeboten.


Vorsitzende in diesem Symposium sind Richard Harris, Direktor der Abteilung für Bildgebung am Chronic Pain and Fatigue Research Center, University Michigan und Rolf-Detlef Treede, ehemaliger Präsident der International Association for the Study of Pain (IASP).

14:00 Einleitung zur zentralen Sensibilisierung
R.D. Treede, Deutschland

14:15 Myofasiale Schmerzen und zentrale Sensibilisierung: Evidenzbasierte Behandlung mit Akupunktur
J. Audette, USA

14:40 Untersuchungen zur Rolle der Quantitativ Sensorischen Testung: Biomarker für chronischen Schmerz und Prädiktor für die klinische Akupunkturwirkung
J.T. Kong, USA

15:05 Effekte der Elektroakupunktur an myofasialen Triggerpunkten auf den Schmerz und die sensorischen Schwellen bei chronischen Kreuzschmerzpatienten
O. Cuignet, Belgien

15:25 Sensorische Schwellen als Indikatoren und Prädiktoren für die klinische Akupunkturwirkung
P. Bäumler, Deutschland

**S14  Akupunktur in der Anaesthesiologie – Implementierung und neue Wege**

**Vorsitz:** B. Zwißler, Deutschland  
R. Chapman, USA


Außerdem hat hochwertige klinische und Grundlagenforschung neue spannende Erkenntnisse zu weiteren Indikationen hervorgebracht. So zeigten klinische Studien eine antiarrhythmische Wirkung der Akupunktur, die einem meta-analytischen Vergleich mit den Standard-Antiarrhythmika unterzogen wurden. Im Bereich der Grundlagenforschung zeigt die Akupunktur anti-inflammatorische Wirkung und Verbesserung der Organfunktion im Sepsismodell.

Dieses Symposium erfüllt die höchsten wissenschaftlichen Ansprüche und gibt gleichzeitig praktische Hinweise.

11:00 **Einführung**  
B. Zwißler, Deutschland

11:10 **Akupunktur für perioperative Analgesie – Evidenz und Praxis**  
T. Usichenko, Deutschland

11:30 **Implementierung der P6 Akupunktur im perioperativen Setting**  
D. Irnich, Deutschland

Y. Xing, China

12:10 **Akupunktur in einem Sepsismodel – vom peripheren neuronalen Stimulus zur anti-inflammatorischen Wirkung**  
R. Torres Rosas, Brasilien

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**S20  Die beste Art zu forschen**

**Vorsitz:** C. Witt, Schweiz  
V. Napadow, USA

Die Suche nach dem Stichwort "acupuncture" in Pubmed, der führenden Datenbank der medizinischen Forschung, ergibt über 28,000 Artikel; die Suche nach "research methodology" mehr als 120,000 Artikel. Dieser Umstand verursacht bei den meisten nicht forschend Tätigen das Gefühl der Hilflosigkeit, und viele Fragen bleiben unbeantwortet.

Wie kann man die Qualität wissenschaftlicher Studien beurteilen? Wie sind die Resultate zu interpretieren? Warum sind die Ergebnisse qualitativ hochwertiger klinischer Studien mitunter gar nicht auf die tägliche Praxis anwendbar? Beeinflusst allein das Design der Studie schon das Ergebnis? Und spielt klinische Erfahrung per se heute überhaupt noch eine Rolle?

Um diese Fragen zur Akupunkturforschung zu beantworten, sind exzellente Kenntnisse sowohl in Akupunktur als auch in Forschungsmethodik und vor allem viel Erfahrung im Design, in der Durchführung und bei der Publikation klinischer Studien notwendig.

Das Symposium schließt ganz im Sinn des Themas mit einer herausragenden Leistung im Bereich der Akupunkturforschung, die Vorstellung der Arbeit, die mit dem ICMART Science Award 2018 ausgezeichnet wurde.

14:00 **Studien zur Efficacy und Effectiveness – Wo stehen wir, und was bleibt zu tun?**  
C. Witt, Schweiz

14:25 **Quasieperimentelle Beobachtungsstudien im Bereich Akupunktur**  
D. Carr, USA

15:00 **Akupunktur in Studien mit Scheinakupunkturkontrolle scheint weniger wirksam zu sein als Akupunktur im klinischen Alltag: Eine vorläufige Netzwerk-Metaanalyse**  
M.S. Lee, Südkorea

15:15 **Laudatio ICMART Science Award**  
D. Irnich, Deutschland

15:20 **Vorstellung der mit dem ICMART Science Award 2018 ausgezeichneten Studie**
**P5/6/7**

**Die Acupuncture Trialists’ Collaboration:**

*Die weltweit größte Datenbasis zu Akupunktur und Schmerz – Wir präsentieren Ihnen alle Ergebnisse*

Symposium in Memoriam George Lewith

Vorsitz
B. Brinkhaus, Deutschland
D. Irnich, Deutschland

Der Acupuncture Trialists’ Collaboration (ATC) verdanken wir die bislang solideste Evidenz für die Wirksamkeit der Akupunktur bei der Behandlung chronischer Schmerzen. Hierzu wurden die Ergebnisse großer randomisiert kontrollierter Studien mittels eleganten und robusten statistischer Methodik zusammengefasst. Über 30 hochwertige randomisierte klinische Studien mit weit über 20.000 Patienten (individuelle Daten) bieten die Grundlage für diese Analysen. Damit erreicht die klinische Akupunkturforschung ein Niveau welches selbst in der Erforschung konventioneller medizinischer Verfahren in der Regel nicht erreicht wird. Erfahren Sie mehr über diese bahnbrechenden Ergebnisse, und was sie für die tägliche Akupunkturpraxis bedeuten. Diese Plenarvorträge sind dem Gedenken an George Lewith gewidmet; einem der bedeutendsten Gründungsmitglieder der ATC und Pionier der Akupunkturforschung

16:15 **Einführung und Gedenken an George Lewith**
B. Brinkhaus, Deutschland

16:30 **Hauptergebnisse des aktuellen Updates**
K. Linde, Deutschland

17:15 **Der Einfluss der Eigenschaften von Patient und Therapeut und Kontrollgruppe**
C. Witt, Schweiz

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**P8/9/10**

**Die Spuren der Akupunktur im Gehirn**

T. Burgoon, USA

Vorsitz: Y. Chae, Südkorea
T. Burgoon, USA

Bildgebende Techniken haben substantiell zum Verständnis der Akupunktur beigetragen. Drei der bedeutendsten Forscher auf diesem Gebiet werden einen aktuellen Überblick dazu geben, wie Akupunktur Neuroplastizität beeinflusst, das autonome Nervensystem reguliert und wie diese Erkenntnisse dem Praktiker helfen, seine Behandlung zu optimieren.

09:00 **Mit Akupunktur den somatosensorischen Kortex von Patienten mit Carpal tunnelsyndrom neu verkabeln**
V. Napadow, USA

Neuroplastizität bezeichnet die Fähigkeit des Gehirns sich während des gesamten Lebens anzupassen. Zum Beispiel kann die Gehirnaktivität, die einer bestimmten Funktion zugeordnet wird, Ihre Lokalisation ändern, der Anteil der grauen Substanz ist variabel, und Synapsen können neu entstehen und verschwinden. In diesem Symposium werden bahnbrechende Ergebnisse präsentiert, die das Potential der Akupunktur bestätigen, an zentraler Ebene tiefgreifende therapeutische Wirkungen zu entfalten.

09:30 **Selbst-Akupressur gegen Schmerz und andere Begleitsymptome bei Krebsüberlebenden**
R. Harris, USA

Viele Krebsüberlebende leiden unter Symptomen wie Schmerz, Abgeschlagenheit sowie Gemüts-, Schlaf- und kognitiven Störungen. Neueste Daten funktionaler und chemischer Bildgebung helfen, die zerebralen Vorgänge, die diese Symptome reflektieren, besser zu verstehen und wie Akupressur individuell angepasst werden kann, um diese zu lindern.

10:00 **Wirkung der Akupunktur auf das autonome Nervensystem – Evidenz Gehirnforschung mittels bildgebender Verfahren**
F. Beißner, Deutschland


11:00 Das Ben Cao Gan Mu
P. U. Unschuld, Deutschland

11:30 Neue Einblicke in die Ursprünge der Akupunktur – Archäologische Funde der Han-Gräber von Laoguan Shan
U. Engelhardt, Deutschland

12:00 Das moderne Verständnis der 13 Dämonenpunkte des Sun Si Mao und deren klinischen Nutzen
M. Hammes, Deutschland
Ahn Byung Soon, O.M.D., Ph.D (South Korea)
Byung Soon Ahn serves as President of the Korean Pharmacopuncture Institute (KPI).

Alp Hayriye, Ass. Prof. Dr. (Turkey)
Hayriye Alp has completed her PhD at Necmettin Erbakan University School of Medicine, Anesthesiology. She is the director of GETAT CENTER and has published more than 5 papers in reputed journals.

Amarell Catharina, Dr. med. (Germany)
Catharina Amarell is a senior physician at the Children Hospital Dr. P. Maren in Landshut responsible for general pediatrics, emergency ward, pain ambulatory and integrative medicine. She has specialized in acupuncture and traditional Chinese medicine as well as classical naturopathy.

Amstald Nize, MD (Germany)
Nize Amstald works in a private practice in Munich. She has been working in Pain Therapy, Physical medicine and Palliative care. She was trained at multiple national and international institutions, for example at the Helms Medical Institute, Berkeley, USA.

Audette Joseph F., Ass. Prof. MA, MD (USA)
Joseph F. Audette, Assistant Professor, Harvard Medical School is board certified in PM&R and Pain and trained at the Tristate School of Traditional Chinese Medicine. For the last 20 years he has been active in research, as well as clinically, integrating Chinese and CAM. He is currently the chief of the Department of Pain Medicine at Atrius Health. He is also the course director of an internationally recognized physician training program, "Integrated Structural Acupuncture". His research interests include myofascial pain, Chinese medicine, Japanese acupuncture and chronic pain and he has lectured nationally and internationally on these topics.

Ayati Mohammad Hossein, Ass. Prof. MD (Iran)
Mohammad Hossein Ayati obtained his medical degree in 2001 at the Mashhad University of Medical Sciences and a PhD in Chinese Medicine from the Beijing University of Medical Sciences. Since 2011, he has been serving as an assistant professor at the School of Traditional Medicine of Tehran University of Medical Sciences which is the first school of traditional medicine in Iran and the largest medical university of the country. He is active in research, teaching and is a tutor for postgraduate students. He is also responsible for international affairs at the Office for Traditional Medicine in the Ministry of Health and Medical Education of Iran.

Bachmann Jürgen, Dr. med. (Germany)
Jürgen Bachmann has practiced acupuncture for four decades and combines both Chinese and Western approaches in arthropedics and traumatology. He is specialized in the integration of acupuncture, manual medicine, toxin and neural therapy into the conventional treatment of the musculoskeletal system. He was taught acupuncture in the 90’s in China and has been a member of the faculty staff of DÄG for decades. He was the principal investigator of several projects including pain, palliative care and current the director of the multidisciplinary Pain Center, City Centre, Department of Anesthesiology at the University Hospital of the Ludwig-Maximilians-University Munich where he also obtained his doctorate degree in 2017. He has shown academic awards since 2011 (a.o. Excellence in Integrative Medicine Research Award 2016 of ESM and Johannes Bachko Award 2015 of ÖGA). In addition, he is a member of the scientific chapter of the German Acupuncture Association (DAGA).

Bahr Frank, Prof. mult. h. c. Dr. med. (Germany)
Frank Bahr started his studies on acupuncture in the 1970s and has become one of the leading pioneers in acupuncture, ear acupuncture and laser medicine. For his outstanding achievements he has received multiple professor titles from the Nanjing University in China and the Chinese Academy of Sciences. He is author of numerous acupuncture textbooks and high ranked scientific publications. He has been president of the state of the DAA (German Academy of Acupuncture) and serves as president-elect of the European Academy of Traditional Chinese Medicine (BAYCM e.V.)

Banzer Winfried, Prof. Dr. med. phil. (Germany)
Winfried Banzer has been active in acupuncture as well as manual medicine and acupuncture. He has been a professor of sports medicine at the Johann Wolfgang Goethe University in Frankfurt since 1995 and dean of the Faculty of Psychology and Sports Sciences until 2017. Currently he is head of the scientific committee of the German Medical Association of Acupuncture (DAGA). Winfried Banzer has more than 100 publications in various peer reviewed national and international journals.

Behrens Nicolas, Dr. med. (Germany)
Nicolas Behrens is a specialist in physical medicine and rehabilitation and currently works in a private practice. For more than 30 years he has been DAGA lecturer with a particular focus on pain therapy, locomotor system, trigger points, somato-psycho and holistic approach as well as integrative acupuncture.

Beysens François, Dr. MD (Belgium)
François Beysens studied Chinese and acupuncture in Hong Kong and Taiwan in the 70’s. He is founder member of the Belgian Association of Medical Acupuncturists and founding member, general secretary (1983-2010) as well as Honorary President of the International Council of Acupuncture and Related Techniques (ICMART).

Blum Sandra, cand. Med. (Austria)
Sandra Blum is a medical student at the Medical University in Graz, Austria and has joined the Research Group for Pediatric Traditional Chinese Medicine at the TCM Research Centre in Graz (Acupuncture Research) in order to work on her doctorate degree. Mrs. Blum is laureate of the ICAMT Young Scientists Travel Award 2018.

Bromskas Benno, Prof. Dr. med. PhD (Germany)
Benno Bromskas, MD is Professor of Internal Medicine and Chinese Medicine at the University Hospital of Münster, Germany. He is head of a project division for Complementary and Integrative Medicine (CIM) and Head of the Charité outpatient clinic for CIM at the Institute of Social Medicine and Health Economics, Charité Universitätsmedizin Berlin, Germany. He has been the principal investigator of several projects including manual medicine and acupuncture (e.g. the large German acupuncture ART and ARC trials, ACUSAR study). His research projects were funded a.o. by the EU FP7 program, the German Research Foundation (Deutsche Forschungsgemeinschaft, DFG), German ministries (BMGF, BMFSFJ) and German health insurance companies. He is member of different medical and acupuncture societies and reviewer of national and international medical journals.

Buchbrodt Rolf, Prof. Dr. med. (Germany)
Dr. med. Buchbrodt is specialist in Internal Medicine and has been active in research, educational and clinical interests in the use of acupuncture and related techniques in pregnancy and childbirth.

Carr David, MD PhD (USA)
David Carr is an academic ob/gyn with subspecialty expertise in Maternal Fetal Medicine and additional training and exposure in Acupuncture and Western Medicine. He currently works at the University of Vermont and is afloat-in-Chief of the BU specialty journal “Acupuncture in Medicine”, the highest impact acupuncture-only academic publication. He has particular research, educational and clinical interests in the use of acupuncture and related techniques in pregnancy and childbirth.

Cayir Yasemin, Assoc. Prof. (Turkey)
Yasemin Cayir is associate professor at the Atatürk University Faculty of Medicine, Department of Family Medicine and Acupuncture and obtained a PhD in Clinical Epidemiology in 2010. Her area of research is the role of acupuncture in the management of chronic pain. In particular she has focused on non-medicinal treatment options in pregnancy and during labor.

Chaboun Guillermo, MD (Uruguay)
Guillermo Chaboun is founder and director of the Outpatient Acupuncture Clinic at the University Hospital in Montevideo, Uruguay (Hospital de Clínicas-Uruguay). He has been serving as a head professor of the postgraduate courses for medical acupuncture of the Uruguayan Acupuncture Association since 2015. He is also coordinator of the southern region of FILEASA (Federación Ibero Latinoamericana de Sociedades Medicas de Acupuntura).

Chan Chin, MD (Australia)
Chin Chan is a specialist in the treatment of neuropathic pain and the use of acupuncture. For decades he has...
Elisabeth Friedrichs is a family doctor and acupuncturist in Munich. She has been serving for ICMART Board member since 2007, General Secretary of ICMART since 2015, President of ICMART 2019. She is a specialist of Acupuncture at the Academic Hospital, University of Munich, and also a member of the German Medical Acupuncture Association (DAGA) and NADA. Elisabeth has practiced and taught acupuncture for at least two decades.

Genschow, Fernando, Dr. (Brazil)
Fernando Genschow serves as President of the Brazilian Medical College of Acupuncture, CBMA.

Gleditsch Jochen, Dr. (Germany)
Jochen Gleditsch is a dental and ENT specialist. He was lecturer at the University of Munich (LMU) for 25 years and has initiated multiple scientific studies on acupuncture. He is laureate of conventional as well as complementary medicine awards and served as president of ICMART and DAGA (Honorary president). He specialized in microsystem acupuncture and in psychosomatics, including the interpretation of the idea of man (Menschenbild). He developed the Very Point Technique®, which is applied all over the world.

Gliedt Jochen, Dr. (Germany)

Haller Heidemarie, MS (Germany)
Hedemarie Haller is working as a research fellow at the Department of Internal and Integrative Medicine, Universitätsklinikum Düsseldorf. She has studied psychology and will have completed her PhD in Medical Science in 2018. Her research interests are regulation therapies, emotions, chronic pain, and quantitative and qualitative research methodology.

Hammes Michael, Dr. (Germany)
Michael Hammes was supported by a DAAD-grant for four years of study in China. He obtained his medical degree at a postgraduate studies of TCM at the University of TCM at Beijing, China. He published several scientific publications on basic research and clinical application of acupuncture in pain therapy, as well as reference books on acupuncture and Chinese Medicine. He works in a private practice for acupuncture, Chinese medicine and pain therapy. He has been serving in DAGA and ICMART as a board member, co-convenor and member of the chairman advisory group of Joint-Working-Group of DIN mirror committee to ISO-TC-249/ISO-TC-215. He has an appointment as a visiting professor at the First Teaching Hospital of University of TCM Tianjin, PR China.

Harres Silvio, Dr. (Brazil)
Silvio Siqueira Harres serves as president, coordinator and professor at the Acupuncture Medical College, Porto Alegre, RS, Brazil.

Harris Richard E., Assoc. Prof. PhD (USA)
Richard Harris is an Associate Professor in the Department of Anesthesiology as well as the Department of Internal Medicine.
Hildenbrand Gisela, Prof. Dr. med. (Germany)
Acupuntura para el Pueblo. She has collaborated with the group in Puerto Rico Salud Y Wellness (CRREW). She developed a program for the group Community Relief and Rebuilding through Education and Research.

Wendy Henry is a Registered Trainer for the National Acupuncture Depression Scale (NADS) a software tool for CM called TCMSOFT. She has developed textbooks for CM, e.g. dtv-Atlas für Akupunktur and created a software tool for CM called TCMSOFT. She was taught by Prof. Jiao Guorui and teaches his methods of Gaging Yangsheng. She is instructing mentor and board member of the Department of Acupuncture and Moxibustion at the Faculty of Health Sciences, Necmettin Erbakan University.

Kim Kyeong Han, Ass. Prof. MD PhD (South Korea)
Kyeong Han Kim serves as Assistant Professor in Preventive medicine at Waseou University, Republic of Korea. From 2013 - 2017 he worked as Public Health Doctor, Researcher and Senior Researcher among others at Researchers Korea Health Promotion Foundation and the National Development Institute of Korea Medicine.

Koh Wiebke, dr. med. (Germany)
From 2013 onwards, Wiebke Kohl has been working as a physician and researcher in the team of Prof. Gustav Dobos at the Department for Complementary and Integrative Medicine at Klinikum Essen-Mitte, Germany, the leading hospital for complementary pain medicine in Germany. As an expert for complementary pain medicine, Wiebke Kohl has special expertise in neural therapy, traditional western herbal therapy, traditional Chinese medicine and manual therapy. She has been invited as lecturer on the topics of complementary and integrative pain medicine on several occasions.

Kong Jiang-Ti, md. (USA)
Jiang-Ti Kong specializes in the treatment of chronic pain syndromes with expertise in the clinical and management and treatment of low back pain and fibromyalgia. In addition to teaching and practicing conventional pain management, Dr. Kong also leads the acupuncture service at the Stanford Pain Management Center, offering effective treatment alternatives for patients suffering from ongoing pain.

Kohl Wiebke, Dr. med. (Germany)
She has been an invited speaker to the German Medical Acupuncture Association (DAGA) and co-founder of the German Consortium for Allergology, Immunology and Environmental Medicine of the German ENT Society.

Hempen Carl-Herrmann, Prof. Dr. med. (Germany)
Hempen Carl-Herrmann was president of SMS - International Society for Chinese medicine for many years. He founded Dr. Hempen & Colleagues, one of the largest clinics for CM in Germany in 1984. He is head of Europe’s largest research group in Chinese Medicine. He was head of the Acupuncture and Moxibustion Department of Acupuncture and Moxibustion, Kyung Hee University and also is specialized in allergy and acupuncture. Between 1980 and 1982 he was head of the Department of Allergology and Clinical Immunology of the University Hospital in Dresden, Germany (Universitätsklinik Dresden) and still lectures on gustology and olfactology. Since 2015 he has focused on research mainly in the field of allergy.

Hufelandgesellschaft) and member of the Acupuncture Therapy Research Center of Institute of Korea Medicine.

Lee Seunghoon, KMD PhD (South Korea)
Lee Seunghoon is a principal researcher of the Korea Institute of Oriental Medicine, Daejeon, South Korea. He received his PhD (in Acupuncture Meridians) from the Consortium for Globalization of CM (CGCM). He was also an adjunct professor at DGU Hanyo University. He serves as an investigator of a Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Education.

Lee Myeong Soo, Prof. PhD (South Korea)
Myeong Soo Lee is a principal researcher of the Korea Institute of Oriental Medicine, Daejeon, South Korea. He received his PhD from the Professional Graduate School of Oriental Medicine, Wonkwang University, Korea. He studied evidence based medicine for complementary medicine at Complementary Medicine, Peninsula Medical School for 3 years as visiting researcher. He is an adjunct professors of London South Bank University, UK and Tianjin University of Traditional Chinese Medicine.

Lee Seunghoon, KMD PhD (South Korea)
Seunghoon Lee is a principal researcher at the Department of Acupuncture and Moxibustion, Kyung Hee University, Seoul, South Korea. He is co-author of different high quality studies on acupuncture and moxibustion published in peer-review journals.

Koh Wiebke, Dr. med. (Germany)
From 2013 onwards, Wiebke Kohl has been working as a physician and researcher in the team of Prof. Gustav Dobos at the Department for Complementary and Integrative Medicine at Klinikum Essen-Mitte, Germany, the leading hospital for complementary pain medicine in Germany. As an expert for complementary pain medicine, Wiebke Kohl has special expertise in neural therapy, traditional western herbal therapy, traditional Chinese medicine and manual therapy. She has been invited as lecturer on the topics of complementary and integrative pain medicine on several occasions.
Lietzert Helmut, Dr. med. (Austria)
Helmut Lietzert is specialized in orthopedics and served as Head of the Orthopaedic and Orthopedic Trauma Therapy (Herz Jesu Hospital, Vienna) from 1994 – 2007. He had multiple functions in acupuncture and neurotherapy (1992-1994 President of ICMART, 2010 – 2012 Vice President of ICMART, since 2011 President of the ORN, Austrian Society for Neurotherapy). He is Laureate of the Alfred Pischinger Scientific Award and he organized three ICMART world congresses.

Linde Klaus, Prof. Dr. med. (Germany)
Klaus Linde is a physician and epidemiologist. He is research coordinator at the Institute of General Practice, Technische Universität München. He has long-standing experience in meta-analyses, randomized trials, observational studies and surveys in complementary and alternative therapies, and in general practice. He is amongst others, member of the Cochrane Collaboration and the Acupuncture Trials Collabotation (ATC) and has published highly cited key papers in acupuncture research, CAM and methodology. In recent years, he has developed an interest in qualitative methods and in the social and professional background of medical decisions in situations when no single correct solution is available.

Lozano Francisco, Prof. Dr. (Mexico)
Francisco Lozano is a Professor of Traditional Chinese Medicine (TCM) at the National Polytechnic Institute’s School of Medicine and Homeopathy in Mexico City. He has more than 35 years of experience in the study, research and education of acupuncture in TCM and in acupuncture. He studied Chinese medicine in China at Beijing University of Chinese Medicine and in Japan at Osaka Medical College’s Pain Clinic & Oriental Medicine department since 1996. He is currently Chair of the Mexican College of Acupuncture (OCMA) and also of the Baric-Latin American Federation of Medical Acupuncture Societies (FIMA). He was Co-Chair of the First ICMART-FLIMSA World Medical Acupuncture Congress, that took place in Mexico City, in 2017.

Luxenburger Hedi, MD (Germany)
Hedi Luxenburger is an anaesthesiologist, specialized in pain therapy. She has been serving as a member of the faculty German Medical Acupuncture Association (DGÄA) since 1994 and as a board member of DGÄA (Treasurer, International Relations). She is Vice President of ICMART and represents acupuncture within CANDOC and EUROMAC at the European Union in Brussels. Hedi Luxenburger is Chair of ICMART European chapter and co-chair of the ICMART-FLIMSA 2018.

Luzina-Chiu Lili, MD (Russian Federation)
Lili Luzina-Chiu is General Director and Senior Doctor of the center for Chinese medicine “Sin-Yo-Chiu”. She graduated from the Conservatory and the Medical Academy and has achieved a PhD from the Russian Federal State Research Center for Traditional Medicine, has 110 publications and more than 20 years of professional experience in acupuncture.

Marec Sonja, MA (Germany)
Sonja Marec is one of the few experts in Tibetan medicine in Europe. She has studied Tibetan medicine extensively since 1995 as the personal student of Dr. P.Y. Aro Ya Tsera. For the past 25 years, she has implemented and lectured postgraduate courses in Tibetan Medicine for MSDEC and the Institute for Ost-West Medizin, in cooperation with the DÄGJA. She initiated the “1st Symposium Comparative Asian Medicine” at the University Mann. She is an active member of the European Working group for Tibetan medicine and lectures internationally on Tibetan medicine, Buddhist psychology and mind-body medicine.

Martin Marc, MD (France)
Marc Martin is a medical doctor and acupuncturist. He serves as a member of acupuncture at the Diu Acupuncture Obstetric and Diu Initiation Acupuncture Medical of the faculty of medicine in Rouen, France. In addition, he is president of the FAFOMMEC (french Acupuncture For Research and Medical Care).

Mazzanti Umberto, MD (Italy)
Umberto Mazzanti is MD, Acupuncturist, and Ostheopath DO MROI. He serves as Vice President of ANAB (Association of Medical Acupuncturists of Bologna), Vice Director of ANAB-Italian Chinese Acupuncture School, Board Member of FIMA (Italian Federation of Acupuncture Societies), General Secretary of PFECOS (Pan European Federation of TCM Societies) and scientic Director of the World School of WFCMS (World Federation of Chinese Medicine Societies).

Mayer Anita, Dr. med. (Switzerland)
Anita Mayer has specialized in internal medicine and serves as President of the Association of Medical Acupuncture Societies (Association Schweizer Antegeseellschaften für Akupunktur und Chinesische Medizin, ASA).

Mietzner Anna, Dr. med. (Germany)
Dr. Anna Mietzner, MD is specialized in TCM. Her main focus is on Chinese Herbal Medicine, Acupuncture and Qigong. She has practiced Qigong since 1988 and completed Zen education from 1996 to 1999. In addition she is being continuously educated by Dr. Yang Gaoyi since 1999. Dr. Mietzner cooperates with the Chante University, Berlin in research projects. As a Co-leader and organizer of the Medical Qigong Education with Liu Ya Fei since 2006, she translates from Chinese into German. Dr. Mietzner serves as member of DÄGJA faculty in Chinese Herbal Medicine and Qigong since 2002.

Mignegg Martin Francesc, Vet. Dr. (Spain)
Francesc Minguell has graduate in Veterinary Medicine, in Zaragoza University (Spain) in 1992 and qualified Acupuncturist in Barcelona in 1996. He has worked since 1982 in Small Animal’s Veterinary Clinic. Currently is Managing Director of “Sabadell, SL”, Veterinary reference clinic in Acupuncture and Natural Medicine, in Sabadell (Barcelona, Spain). He is also Professor at Veterinary University in Barcelona, Bogata and Mexico and lecturer in Italy, Belgium, Bulgaria, Greece, Portugal, Brazil, Colombia, Mexico and Spain.

Moldenhauer Sonja, Dr. med. (Germany)
Sonja Moldenhauer obtained two medical degrees; in Germany at the Friedrich-Alexander University in Erlangen-Nürnberg and in the United States at the Harvard Medical School in Boston. She is certified acupuncturist and was trained in Chinese medicine at the Beijing University Hospital. She is the Medical Acupuncture Association, as well as in Doctor Shu-Miao Moldenhauer’s Office for Acupuncture in Erlangen. As of 2004 Sonja Moldenhauer has been focusing on acupuncture in spinal cord injuries.

Jürgen Mücher, MD (Germany)
Jürgen Muecher is a family doctor specialized in naturopathy and surgery. Since 1977 he has been teaching Chinese and Japanese medicine (also in the USA and in China). Since 1992 he has been lecturing at the DÄGJA, where he implemented a special education on Chinese Herbal Medicine. He is co-author of several standard readings e.g. on Chinese medicine, pain medicine, orthopedics and psychosurgery. He is also active as a psychotherapist and trainer for bio-energetics-analytical psychotherapy.

Murakzky Henriette, Dr. med. (Germany)
Henriette Murakzky obtained her medical degree in Budapest and has been practicing Germany since 1988. Since 2006 she has been medical chief of the Rheuma-Klinik Dr. Laurenz in Bad Oeynhausen. She is specialized in internal medicine, rheumatology, emergency medicine, allergologie and psychosurgery and acupuncture. Mrs. Murakzky also holds a diploma in philosophy.

Musli Richard, Dr. med. (Germany)
Richard Musli is currently consultant in psychiatry at the department of Psychiatry and Psychotropical Medicine of the LMU Munich. He is responsible for a special ward for patients with borderlinopathy and mental health disorders. He heads the Tourette-out-patient department. His main research interests are identification of factors related with weight gain of psychotropic medications and clinical studies in Tourette-syndrome. He is specialized in acupuncture.

Napadow Vitaly, PhD Lac (USA)
Vitaly Napadow is Associate Professor at Martinos Center for Biomedical Imaging at Massachusetts General Hospital and Director of the Center for Integrative Pain Neuroimaging (CI-PNI), Harvard Medical School, Boston, MA, USA. He practices acupuncture at the Pain Management Center at Brigham and Women’s Hospital and serves as co-President of the Society for Acupuncture Research. He received his Ph.D in biomedical engineering from the Harvard-MIT Health Sciences and Technology program and a Masters in Acupuncture from the New England School of Acupuncture (NESA), after which he completed a 3 year internship at Jin Jin Hospital and Beijing Hospital of TCM in Beijing, China. Dr. Napadow has co-authored more than 120 publications in leading peer-reviewed journals, many of them contributing to acupuncture neuromaging research.

Nazlikul Hüseyin, Prof. Dr. med. (Turkey)
Hüseyin Nazlikul has been taught by outstanding experts in Europe over decades and has become himself a pioneer and expert in neural therapy, acupuncture and CAM.

Neppe Johannes, Prof. Dr. med. (Austria)
Johannes Neppe is Senior Physician at the Eye Clinic at the Medical University of Vienna and head of the outpatient clinic for dry-eye syndrome. He serves as board member of the Austrian Association of Acupuncture (OGA), the European Society of Dryology (EAD), and the Austrian Society for Psychosomtics in Ophthalmology (DGAH). He is also guest lecturer for the German Medical Acupuncture Association (DÄGJA). His intensive research activities mainly focus on the use of acupuncture in ophthalmology.

Nicolai Ton, Dr. MD (The Netherlands)
Ton Nicolai is the speaker of EUROCAM in Brussels, which unites umbrella organizations of patients, physicians, veterinarians and practitioners in the European CAM sector. Ton Nicolai practiced as a GP in Rotterdam, the Netherlands for 11 years. After having studied medicine in Switzerland, he quit his work as a GP and worked as a homeopathic consultant for over 30 years. He was one of the founders of the European Committee for Homeopathy ECH, worked as its policy coordinator, Senator, Secretary (1992-2000), for 11 years. For his international work he was appointed Commissioner of the Order of Orange-Nassau by the Queen of the Netherlands and he received several other awards.

Ogal Hans-Peter, Dr. med. (Switzerland)
Hans-Peter Ogal is specialized in Anthropology, Pain Therapy, Interventional Pain Therapy and Acupuncture(TCM). He has been lecturer at the University of Marburg, Germany. He currently works as a resident at Paramaribo Clinic in Barin, Surinam. Hans-Peter Ogal is a professional for acupuncture, naturopathy and pain therapy invited by national and international associations. He is also member of the DÄGJA Faculty. He has published several books on integrative pain therapy, body and ear acupuncture and Yamamoto New Scalp Acupuncture (NSA). Hans Ogal is a close confident and student of T. Yamamoto.

Ogal Mercedes, Dr. med. (Switzerland)
Mercedes Ogal is working as a specialized integrative dermatician since 14 years in a pediatic medical practice in Central Switzerland. She developed her deep knowledge in complementary medicine since 1991 in acupuncture, homeopathy, phytotherapy, medical hypnosis and osteomuscular medicine and owns certificates in acupuncture and traditional Chinese medicine, medical hypnosis and psychosurgery, Rolfing, Qigong and Fushen. She is the author of publications and speaker on various conferences.
Oei-Tan Chun-Lee, Dr. MD PhD (The Netherlands)
Chun-Lee Oei-Tan is Director of the Acupuncture Center in Nijmegen/NL since 1997. Chun-Lee has been serving as President of the Dutch Acupuncture Society for Medical Doctors, NAAD since 2005. For continuous efforts in promoting the application of acupuncture in health care in the Netherlands and abroad, as an outstanding acupuncture TCM-specialist and as a recognized medical doctor in the scientific community and in patient care, she knighted “Officer in the Order of Orange-Nassau” at the Opening of the international World Congress of Chinese Medicine WCCM amidst 850 participants in the Hague in October 2010. She is ICMART Vice president.

Ong Tze MD (Malaysia)
Tze Ong is consulting family physician in Malaysia and honorary fellow of the Institute for the Study and Treatment of Pain in Vancouver Canada. As an experienced instructor and practitioner in Grin, he founded the Chuan Gun Center in Penang. As a researcher his main focus is also Gun, IMS.

Ostaszewska Johanna, Dr. (Austria)
Johanna Ostaszewska has been working generally practitioner in a teaching practice for Family Medicine in Vienna, Austria since 1990. She is a neuromuscular therapist and a teacher of the Austrian Society of Neural Therapy (ONR). Her focus is pain-manage- ment in acute and chronic cases. She developed the procedure of “Five Points Therapy” of Dr. Felix Salamone, also member and teacher of the Austrian Society of Neural Therapy (ONR).

Ots Thomas, Dr. med. Dr. phil. (Austria)
Tom Ots attended the Traditional Chinese Medicine at the Medical University in Graz and Editor-in-chief of the German Journal of Acupuncture and Related Techniques (Deutsche Zeitschrift für Akupunktur). He has studied acupuncture during extensive journeys throughout China and can look back on decades of clinical experience. Mr. Ots has also been a research fellow at the Harvard Medical School, Dept. of Social Medicine and Health Policy, USA and has held two professorships in Flensburg and Zittau/Görlitz, Germany.

Ozerkan Kemal Nuri, Prof. Dr. med. PhD (Turkey)
Kemal Ozerkan graduated from Istanbul University, Cerrahpaşa Medical Faculty. He completed his PhD thesis about “Effect of Acupuncture on Low Back Pain”. In 1992 he participated in an acupuncture course in Beijing. He is a founding member of the Medical Hypnosis Association and Chairman of the Turkish Academic Acupuncture Society.

Panhofer Peter, Prof. Dr. med. (Austria)
Peter Panhofer has the professorship at Complementary Medicine and TCM at the Medical Faculty of the Sigmund Freud University in Vienna and is member of the Executive Board of the Austrian Society of Acupuncture (ÖGAT). He is a member of the Austrian society for acupuncture and physician at the Austrian Medical Association. Furthermore, he is a baronian surgeon in the first IFSO-certified (IFSO: International Federation for the Surgery of Obesity and Metabolic Disorders) Center at the Hospital Gottlieb Helfand in Vienna.

Pelletier-Lambert Annabelle (France)
Annabelle Pelletier-Lambert is a specialist in midwifery acupuncture at la Clinique Ecole d’Acupuncture Obstetrique at the medical faculty of medicine in Bobigny, France. She currently serves as vice-president of the Conseil Départe- mental de l’Ordre des sages-Femmes du Var, France.

Pfleiderer Petra, Dr. med. (Australia)
Medical director of the Community Hospital Wasserburg am Inn and chief cardiologist of the Department for Internal Medicine, specialist for internal medicine, gastroenterology, diabetology, geriatrics, integrative pain therapy, neural therapy and acupuncture, lecturer for the Austrian Neural Therapy Society since 2006, ICMART and IFMANT board member and treasurer.

Pimentel-Parades Janet P., MA (The Philippines)
Janet Pimentel Paredes holds a master degree in guidance and counseling. Since 30 years she has been involved in development work, coordination, management and implementation of acupuncture and TCM, among others as counseling supervisor, at the RMT Center for Family Ministry, Ateneo University, Manila.

Poletti Alessandra, MD (Italy)
Alessandra Poletti studied in medicine and surgery at the University of Bologna in 2011. She is doctor of general medicine and teacher for A.M.A.B (Associazione Medici Agopuntori Bolognesi). Alessandra Poletti also serves as counselor for the Italian Federation of Acupuncture Societies (F.I.S.A). She is also a member of the Working Committee of Promoting the Regulation of Chinese Medicine of the WFCMS-World Federation of Chinese Medicine Societies as a researcher (2016-2017). She performed a.o. the Marie Cune funded project “CHETCH-China and Europe taking care of healthcare solutions”.

Pollmann Antonius, Dr. med. (Germany)
Antonius Pollmann has been practicing acupuncture for more than 30 years. He teaches as a private practice. He is presi- dent-elect of the German Society for Acupuncture and Neural Therapy (DGfN) and former vice-president of the Interna- tional Society of Acupuncture and Biomedical Medicine (2006-2013). He teaches acupuncture and general medicine at the University of Bonn and acupuncture and neurotherapy at the DGfN. He is ICMART board member and head of the ICMART education chapter.

Pothmann Raymund, Dr. med. (Germany)
Raymund Pothmann is a neuropodcastian, psychotherapist, pain therapist and specialist in pediatric reactive care. He has been working in a pediatric clinic and hospital in Ham- burg and has been teaching integrative pediatric pain therapy including (laser) acupuncture since 40 years. Raymond Poth- mann is a longstanding member of the DAPAS and has served as a DAPAS board member as well. He initiated multiple research projects and scientific events among others Hally Oland Seminars by Phoenix Team.

Qi Zhang, Dr. MD (Switzerland)
Zhang Qi is the head of Traditional and Complementary Medicine Unit (TCM) in the Department of Service Delivery and Safety (SDS), at the headquarters of World Health Organi- zation (WHO) in Geneva, Switzerland. He obtained a M.D. degree in the Medical School of Southeast University and fur- ther obtained a master’s degree focusing on the combination of traditional Chinese medicine (TCM) and western medicine from the China Academy of Chinese Medical Sciences. He also received training in communication skills and WHO wor- king procedures in WHO/WPRC, and received education in public health in the University of California, Los Angeles, USA. Before joining WHO, he was the Director-General of the Inter- national Cooperation Department of State Administration of Traditional Chinese Medicine, China. He used to be a doctor, a researcher and an officer in the governmental agency.

Raben Ralph, Dr. med. MD (Germany)
Ralph Raben is specialized in gynecology and obstetrics and has worked in a specialized practice for more than 30 years. Since 1997 he has been serving as president of the German section of Acupuncture Detoxification Association.

Raith Wolfgang, PD Dr. med. (Austria)
Wolfgang Raith obtained his medical degree in Austria at the University of Graz. He works as a researcher and consultant for the Austrian Medical Association and has been an acupuncture certified by the Austrian Medical Association and serves as a board member of the NADA-Acupuncture Austria.

Ramme Bernd, Dr. med. (Germany)
Bernd Ramme is Specialist in general medicine with addi- tional qualification in acupuncture. He has been serving as 1st Chairman of the German Society for Chronic Diseases (DGSC e. V.) since 2003. Since 2014 he has been serving as President of the German Academy of Acupuncture (DA e.V.) and the professional association DAA e.V.

Reininger Manfred, Dr. (Austria)
Manfred Reininger is leading expert in laser acupuncture and laser medicine for decades.

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Hedrun Reissmeier-Hosel is specialized in internal medicine and gastroenterology at the University Hospital, LMU Munich. For many years she has been head of an outpatient clinic at University Creativ Hospital, Munich. She has also been a Humboldt Research Fellow for Kampo Medicine in Tokyo. Since 2011 she has been head of a private clinic for Japanese Medicine G6 (Möbling near Munich). She is a sub- ject doctor at the Competence Centre for Complementary Medicine and Naturopathy at the Techn. University of Munich and is responsible for the Kampo Education at the German Medical Acupuncture Association. She is a co-foun- der and since 2011 the president of the International Society for Japanese Kampo Medicine (ISJKM).

Reiter Thomas, Dr. med. (Germany)
Thomas Reiter is senior resident in the Department of Anesthesia, University Hospital, LMU Munich. He is specialized in anaesthesiology, pain medicine and acupuncture.

Reith Michael, Dr. med. (Germany)
Michael Reith is anesthetist and general practitioner and was a senior physician at University Hospital, LMU Munich. Since 2015 he works in private practice. Michael Reith is also qual- iﬁed in pain medicine, emergency medicine, diving medicine and acupuncture (Meister der Akupunktur DÄG).

Reisz Christine, Dr. med. (Germany)
Christine Reisz is senior resident at the Department of Anaesthe- siology, University Hospital, LMU Munich. He is specialized in anaesthesiology, intensive care, pain medicine and acupuncture.

Reljanović Krupinča, Mr. sc. (Croatia)
Zdravko Reljanović serves as president of the Croatian acu- puncture association. He has trained in China and France and has long-lasting experiences in Auriculomedicine according to Nager, using VAS and Frequency as a diagnostic tool.

Riehl Gerhard, Dr. med. (Germany)
Gerhard Riehl is a specialist in general medicine, based in his own practice in Wilsdruf. He is specialized in ear acupuncture and teaches at the Munich Medical University, where he described a micro system on the upper and lower arm.

Robinson Nicola, Prof. PhD (UK)
Nicola Robinson is a Professor of Traditional Chinese Me- dicine (TCM) and Integrated Health at London South Bank University. She has a PhD in interdisciplinary research in health services research in London Medical Schools. She was registered as an acupuncturist in 1982 and awarded a Fellow- ship of the British Acupuncture Council in 2008. Nicola Robinson serves as Editor-in-Chief of the European Journal of Integrative Medicine (Elsevier) and has shown excellence in research as active researcher and PhD supervisor with re- search groups in China and Korea. Her research focuses on integrated health and widening patient choice.

Ryu Pan Dong, Prof. DVM PhD (South Korea)
Pan Dong has been serving as a Professor in Veterinary Phar- macy at Seoul National University since 1991. He is Editor of the Journal of Veterinary Science and the Journal of Acupuncture and Meridian Studies. He also serves as Dean of College of Veterinary Medicine Seoul National University from 2011 to 2015. His research interest focuses on the pri- mo-vascular system of the horse. In 2014, Dr. Pan Dong received the Pongdong Ryu is co-chair of ICMART-ISAMS 2018.

Sahd Felix Joyanto, Dr. med. (Germany)
Felix Joyanto Sahd is senior researcher at the Chair of Com-
former Harvard medical school-course “Structural Acupuncture”.

Dr. Jürgen Schottdorf is a general practitioner, working in a private practice for medical acupuncture for in and out patient care at the Hospital Estadual Bauru. His independent research focuses on nonlinear measures (fractal geometry, quantum entanglement, complexity and chaos theory) as well as data basis and software development for medically related nonlinear measures.

Saputra Kosnadi, Prof. MD (Indonesia)
Kosnadi Saputra is senior researcher from the National Institute of Health of Republic Indonesia in Acupuncture Research Laboratory in Health Services and Research Professor from Indonesian Institute of Sciences in acupuncture. He is member of the Indonesian Pain Society, Indonesia Cancer Society, AASEAN Radiology society, Asia Pacific Cancer Society and International Society of Bio Electromagnetism, Academic Working Committee WAFAS.

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Patrick Sauverteau is a specialist in Physical Medicine and Rehabilitation at the Rehabilitation Department, Salpêtrière Hospital, AP-HP Paris. He is a board member of ICAMRT and of the “Assocation Scientifique des Médecins Acupuncteurs de France” (ASMAF). He represents the fédération des Acupuncteurs pour leur Formation Médecinale Continue “fDAM” as well as Chief Editor of the French review “Acupuncture & Maoulbeutin’.

Schiale Hans-Georg, Prof. Dr. med. (Germany)
Hans-Georg Schiale is Professor and Chairman of the Institute of Physiology/Neurophysiology at the University Hospital Jena. He has published groundbreaking studies on the physiology of pain, an inflammation and osteoarthrosis pain and the functions of the autonomic nervous systems. His work results in more than 150 medline indexed original publications in international and national journals.

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Saprara Nwosu, MD, MPH (Cameroon)
Saprara Nwosu is a board member of the Nigerian Society of Acupuncture, Chief Editor of the Nigerian Journal of Acupuncture and member of the African Society of Acupuncture (AfSA). He has 30 years of research and teaching experience in Acupuncture.

Schirle Sabine MD (Germany)
Sabine Schirle is specialized in pediatrics and acupuncture. She serves as head of the education center in cooperation with Klaus Trinczek and she is board member of the German Medical Acupuncture Association (DGAMA). She has been practicing acupuncture since 1999 and has specialized in Qigong and Chinese diets. She has been as DGAMA faculty since 2000. She was taught in acupuncture at the Science of University of TCM and at the Guangxi College of TCM in Nanning, China.

Stephan Jean-Marc, Dr. (France)
Marc Stephan is an officer at ASMAF-EPA (association scientifique des médecins acupuncteurs de France – Écoles d‘acupuncture) and at FA.FOR.MEC (fédération des acupuncteurs pour leur formation médicale). He is coordinator of the “Obstétric & Acupuncture” course in France. He is also responsible for the education in acupuncture at the Faculty of Medicine at Rouen, serves as president of SNAMF (Syndicat National des Médecins Acupuncteurs Français) and editor of the Journal Acupuncture & Maoulbeutin.

Stockert Karin, Dr. med. (Austria)
Karin Stockert is active as President of the Austrian Society of Acupuncture (OGA). She has been providing board member of OGA since 1995. She was taught in TCM in Tian jin, Beijing and Chengdu. She is a lecturer at the medical university at Graz and Vienna. She has performed various research projects and has published scientific articles.

Stör Johanna, Dr. med. (Germany)
Johanna Stor is a specialist for obstetrics, gynecology and acupuncture. She studied medicine in Germany, Australia and Italy and completed her doctor thesis on the effects of acupuncture on sensory perception at the Ludwig-Maximilians University Munich. For her specialist training she worked in three hospitals in Berlin: St. Joseph Hospital Tempelhof, DK Hospital Westend and Fero Clinic. Since 2003 she has been part of the teaching team of the German Medical Acupuncture Association (DGAMA).

Störf Walfram, Dr. med. (Germany)
Walfram Stör teaches acupuncture and TCM for 30 years in several academic settings. He is lecturer of acupuncture of family medicine at the University Hospital LMU Munich. He integrates CA into his private family clinic which he has run since 1984. He has worked for German Medical Acupuncture Association (DGAMA) in several positions, recently as the society’s president (2010 to 2016).

Strittmatter Beate, Dr. med. (Germany)
Beate Strittmatter is a general practitioner and specialist for sports medicine, acupuncture and naturopathy. She works in private practice and through her long-standing clinical expertise has brought important advances to the treatment of disturbance fields and to ear acupuncture. She is author of several textbook on these topics.

Stübinger Theresa, cand. med. vet. (Germany)
Theresa Stübinger studied veterinary medicine at the LMU Munich and the Veterinary School of Lyon. Currently she is working on her doctoral thesis in collaboration with the Multidisciplinary Pain Centre (Department of Anesthesiology) and the Clinic for Rheumatology (Centre for Clinical Veterinary Medicine) of the LMU Munich.

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Gabriel Stux is director of the German Acupuncture Society, which he founded in 1978. He has been teaching Chinese medicine and acupuncture more than 40 years at the Chinese University of Technology in Nanning, China.

Takayama Shin, Prof. MD (Japan)
Shin Takayama works as associate professor at the Department of Education and Support for Regional Medicine, Department of Kampo Medicine, Tokohu University Hospital. He is active in the International Council of Medical Acupuncture, Massage and Research Project (DAMIP).

Tehrani Bahram, Dr. (Germany)
Bahram Tehrani, born in 1965, attended Medical School at Hamburg, specialized in General Medicine and Natural Treatment in Munich, Germany. Since 1998 he is clinically active in his private practice in Hamburg. Bahram Tehrani is assessor and instructor for Acupuncture at the Hamburg Medical Association as well as instructor for Acupuncture and TCM at the SFMS. In 2018 he was appointed Professor for the New Master Studies by the International College of the TCM University Shanghai.

Tesfaye Million, PhD student (Ethiopia)
Million Tesfaye is a lecture and clinician at the Department of Anesthesiology at the Jimma University, Jimma with nearly 10 years of experience. He has been responsible for teaching various anesthesia related courses to undergraduate medical, nursing and anesthesia students since 2008. As of 2017 he is responsible for research advising and teaching of post-graduate anesthesia students. Currently he is finishing his PhD thesis at Center for International Health at the Ludwig-Maximilians-Universität in Munich.

Theodoratou Konstantina, MD MSc (Greece)
Konstantina Theodoratou currently serves as president of ICAMRT (International Council of Medical Acupuncture and Related Techniques) and SAMAG (Scientific Association of Medical Acupuncture in Greece). She is the scientific coordinator of the Interdisciplinary Acupuncture Symposium, Athens, related to research matters to the Academy of Athens Biomedica and related to teaching to the Greek Institutes of Medical Acupuncture. She has also participated in counseling, health coaching, clinical diet, neuroscience and psychological diseases. Now she works in a private clinic in Athens. She frequently participates in research, mostly concerning behavior patterns in relation to acupuncture.

Torres Rosas Rafael, MD, PhD (Brazil)
Rafael Torres Rosas works as researcher at the Universidade Autônoma “Benito Juárez” de Oaxaca UABJO, Mexico. His research focuses on the anti-inflammatory potential of acupuncture to control local and systemic inflammatory responses including modulation of systemic inflammatory responses in sepsis. He has published high impact factor research papers in Nature Medicine, PLOS One and Trends in Molecular Medicine.

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